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Volume 111 Issue 24

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Southwestern Oklahoma State University's Student Publication

Baseball



--page 7

Softball



SEASON ENDS --page 7



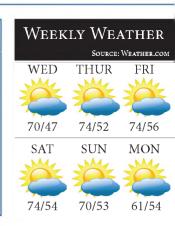


AWARDS --page 6

Top events coming up at SWOSU

Volume 111 Issue 24 • April 27, 2016

- Dead Days -- this week!
- Finals Pancakes -- Sunday, 10 p.m.
- Finals Week -- next week!
- Commencement -- next Saturday, 10 a.m.!



SWOSU Snapshots



SWOSUPalooza:

Students share ideas on how not to study

By Bayli Blanchard <u>Staff Reporter</u>

Finals start Monday, so studying is on everyone's mind. Tons of tests all in the same week can be super stressful, and knowing what to do is essential.

However, knowing what not to do while studying can be just as important, and students have plenty of experience on this.

"It's never a good idea to have your cell phone with you while you're studying," sophomore Kylie Trujillo said. "I just turn my phone on silent and go somewhere where there aren't many distractions."

Another student has figured out where not to study. "I try to avoid studying on my bed because it makes me want to nap," junior Dossanna Miller said.

see Survive on page 3



Rain doesn't keep people away

By Caylie Patton

Staff Reporter

Whiskey and rain were in the forecast last Tuesday, Apr. 19 for SWOSUPalooza. One of SWOSU's largest events, SWOSUPalooza, that was held last week at the Pioneer Cellular Event Center with headliner Whiskey Myers. It is one of SWOSU's largest events and it was well worth the time and effort.

About 20 minutes before 6 p.m., the skies opened up and had many thankful that this year's event was being held indoors. Still, attendees were soaked as they darted for the doors and waited in line for tacos from an Oklahoma favorite, Big Truck Tacos.

At 7:15 southwest Oklahoma native, Read Southall,

opened up and got students showing off their twostepping moves on the dance floor. After a few songs he asked the crowd to join him in a moment of silence to remember the Oklahoma City Murrah Building bombing 21 years earlier.

SWOSU students and other students from as far away as Oklahoma State gathered inside of the PCEC for a night full of singing, dancing, and good ole country fun. A large part of the crowd included people from the Oklahoma City and Weatherford areas.

The rain proved unable to keep people away with this year seeing a record-breaking crowd of more 800 attendees. However, this year has proven the need to make future events inside as well.

KEEP CALM FINALS WEEK AHEAD

come with the final countdown

The Department of Language and Literature's focus at SWOSU is the students' success including the students 'career expectations.

Because of this focus, Dr. Kelly Logan, Chair of the Department of Language and Literature and Dr. Tugba Sevin, Assistant Professor of Spanish and Italian, organized a Roundtable Discussion "Jobs Outside the Classroom" focusing on career options outside the Academia.

The event took place on 23rd of March, 2016 at the East Ballroom. The guest speaker was Dr. Ruth Schemmer, a SWOSU Alumna, now Assistant Dean of Career Development at Vanderbilt University. Other speakers were: Dr. Kelley Logan, Dr. Yolanda Carr, Dr. Jason Cash, Dr. Ken Hayes, Ms. Taylor Verkler and Dr. Ruth Boyd, who talked about Blaine Boyd, a SWOSU Alumni and now, Director of correspondence for Michelle Obama in the White House.

According to Dr. Kelley Logan and Dr. Tugba Sevin, the main goal of this event was to demonstrate to SWOSU students that a liberal arts degree readies one for a variety of jobs, many more than most commonly considered. They believe that in sharing real life



success stories such as the invited speakers', it is possible to encourage students who would like a Liberal Arts Major, but worry that because they do not feel that teaching would suit their personality or skill set, they would have little hope of an occupation and are thus enrolled in majors that they believe economically viable but do not engage them in the same way.

During this enriching event, students had fun, learned useful tips, listened success stories and asked great questions the speakers.

By Amber Bachiochi Staff Reporter

The revered "dead days" are finally here. Among other useful things to remember about the end of spring semester are the finals and dead day procedures.

Finals week begins on Monday, May 2, and ends Friday, May 6. Dead days are the three days prior to the start of finals, which for this semester means Wednesday, April 27 through Friday, April 29. During this time, "no graded assignments or activities are to be scheduled," according to SWOSU's semester exam policies.

Monday, however, will be another story.

"I have four tests," said pharmacy student Kara Myers. "There's three in a row, then a day off, then one on Friday. But only one is cumulative."

Myers said she liked when finals began on the last two days of one week and continued the first three days of the next week. The change took affect in spring 2015 when the start of each new semester went from a Wednesday to the following Monday. Making for longer breaks between semesters, the change also impacted

Language and Literature hosts career session

OPINION

Opinion

Warnings signs of depression

Suicide is the second leading cause of death for college students. The number one cause of suicide for college student is untreated depression.

Going to college can be a difficult transition period for students. They may feel lost,

lonely, confused, anxious,

and stressed. Studies indicate that college students who are suicidal are quiet, reserved, depressed, and socially isolated.

It is up to all of us to try to identify the warning signs and get help for them. A survey said that 1 in 5 college students say that their depression level is higher than it should be, yet only 6% say that they would seek help.

So if a depressed or suicidal student is withdrawn and is reluctant to get treatment, what will happen?

The student may die by suicide. If you see someone that needs help, reach out. Ask how they are doing. Be open and honest. Get help for them and follow up.

If you are trying to help someone who is depressed, you can call 1-800-SUICIDE or go to the school heath facility and ask for assistance. Just make sure that you take action. Suicide is always urgent.

All colleges should have a suicide prevention program. But many don't, or if they do, the program is inadequate. SWOSU students need to be aware of the warning signs of a suicidal person.

As a SWOSU student who has that been closely affected by suicide more than onceit's not worth the risk.

One life is too many lives.

Risk factors for suicide refer to characteristics that are associated with suicide.

People who are affected by one or more risk factors may have a greater probability of suicidal behavior.

There is no single, agreed-upon list of risk factors; however, some of the risk factors identified by the most recent research include: depressive disorders, substance abuse or dependence (alcohol and other drugs), other disorders (e.g., anxiety disorders, eating disorders), previous suicide attempts, selfinjury (without intent to die). Individual Characteristics include: hopelessness, social alienation and isolation, lack of belonging, anger, hostility, risky behavior, impulsivity, low stress and frustration tolerance, poor problem-solving or coping skills, perception of being a burden (e.g., to family and friends), adverse/stressful life circumstances, interpersonal difficulties or losses (e.g., relationship breakup, dating violence), physical, sexual, and/or psychological abuse (current and/or previous), insomnia and nightmares, family history of suicide or suicidal behavior, lack of parental support, school and community factors, or exposure to media normalizing or glamorizing suicide. If you know someone you believe is at risk, or who is suicidal on campus, please call SWOSU Police ext. 3111 (campus phones) or 580.774.3111 (off-campus).

Opinion

What the right-to-farm bill means for everyone

Oklahomans should vote yes on State Ouestion 777 in November to protect family farms. SQ 777, or the right-to-farm bill, will give Oklahomans the constitutional right to farm and ranch using legal technologies and methods in effect Dec. 31, 2014 by adding an amendment restricting intervention from the government unless there is a compelling state interest.



The right-to-farm bill was intro-

duced by Representative Scott Biggs of Chickasha last year and will be on the ballot in November as a state question. The question has drawn strong support and opposition from many different organizations. In support of the right-tofarm bill are state organizations like Farm Bureau, Farmers and Ranchers, the Cattleman's Association and many other agriculture entities. On the other side are the Humane Society, the Sierra Club and other nationally-funded organizations. Many of these organizations have failed to stop agriculture practices at the national level so they have turned to the state law to suffocate farming and ranching.

Opposition to the right-to-farm bill has put out misleading information and outright lies on what the passage of the question would bring. The right-to-farm bill will not give farmers and ranchers the ability to use whatever methods and technologies they choose. Any law that was in effect as of December 31, 2014 will still stand. Cock fighting and puppy mills will not be legal. The state of Oklahoma does not recognize dogs and cats as livestock and cock fighting and puppy mills were illegal as of December 31. The question is not for corporate farmers. Oklahoma has 80,000 farms and 98% of those are family farms. The other 2% is made up mostly of family farms that grew too big and had to incorporate.

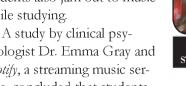
Organic farming is not bad, at its core it is still agriculture. They are still farmers feeding the world and providing for their families. But if organic farming worked, Africa would not have starving people. Africa does not have the technology and research that enables Oklahoma to have the methods and crops that we have. They cannot produce food at a cheap enough cost that the people can afford it. They cannot even produce enough food to feed their people. If the right-tofarm bill does not pass in November there will be more and more restrictions placed on farmers and ranchers to the point that people will not be able to afford to feed their families. Just look at these comparisons from an Oklahoma grocery store

store.								
	Organic Price	Non-Organic Price						
Milk	\$7.09	\$3.59						
Hot Dogs	\$5.59	\$1.00						
Squash	\$3.99/lb	\$1.99/lb						
Cheese	\$5.41/12oz	\$1.50/12oz						
Bacon	\$8.78/lb	\$2.99/lb						

Opinion

Music listening tips for studying

Studying while listening to music is the best way for me to learn the material. According to seattlepi.com, I am not alone. They say that 87 percent of students also jam out to music while studying.





chologist Dr. Emma Gray and Spotify, a streaming music service, concluded that students

on average perform 12 percent better when they listened to music while studying.

Also, many believe that you can only listen to instrumental music or Mozart to study and that is not the case.

Listening to music with 50-80 beats per minute helps conduct conducive and logical thoughts that allow the brain to learn and remember new facts studies suggest. Music like We Can't Stop by Miley Cyrus and Mirrors by Justin Timberlake are some examples.

Gray suggests that for English, Drama or Art students to listen to emotive rock and pop music. This is because the songs produce a heightened state of excitement that enhances creative performance. Songs like Katy Perry's Firework and I Can't Get No (Satisfaction) by The Rolling Stones are a couple of songs that are suggested.

Some studies say that listening to music while studying is distracting, and it can be if you do not follow some simple guidelines when making your studying playlist.

Learningfundamentals.com suggest to pick music that you are familiar with because it is more likely to be less distracting. Also, avoid music that changes from loud to soft. Try to find music with a constant volume. Lastly, play your music quietly in the background to keep from getting distracted with the songs.

With finals around the corner make sure you have your study playlist ready for the many study sessions yet to come. Here is a playlist to get you started

https://open.spotify.com/user/billboard.com/ playlist/6sWYXFQP9NUbUOSP6cpoyt

The Southwestern

Elizabeth Fulle STAFF REPORTER

> With a growing poverty rate in Oklahoma and more children than ever going to bed hungry we have to protect agriculture and their ability to practice methods and technologies that have been researched, tested and proven safe. If farmers are not allowed to continue to grow efficiently then we will be letting those in poverty die and choosing at least another 25% to starve to death because farmers cannot provide enough food. Most of those remaining after that will have to give up other luxuries just to be able to afford food prices that organic food costs.

> Vote YES on State Question 777 on November 8 and protect Oklahoma Farmers and Ranchers. Vote YES to allow them to continue to fill everyone's refrigerators and family's stomachs.

Don't Wait. Communicate. Make your emergency plan today.

Visit Ready.gov/com







Spring 2016

- 11	
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THE SOUTHWESTERN is the student newspaper of Southwestern Oklahoma State University. It is published every Wednesday during the fall and spring semesters, except during holidays and finals week. Students in the editing class serve as section editors, and students in the news gathering and reporting class serve as writers. The editorial board meets every Wednesday at 2:00 p.m. in the journalism lab, Campbell 211.

Jennifer Steiner, Jessica Tortorelli, Amber Trogdon

THE SOUTHWESTERN encourages comments from the student body, faculty, and administration in the form of letters to the editor. All letters must include a name for consideration; however, the name may be withheld upon request. The opinions expressed within signed editorials are the opinions of the writers; the opinions expressed in unsigned, boxed editorials are the opinion of the staff. Neither is necessarily the opinion of the university administration, staff or faculty.

The Southwestern

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NEWS

By Makenli Ladd Staff Reporter

Custer County Relay for Life was held last Friday in the Wellness Center and raised \$109,804.

Relay for Life is a community-wide event that raises money through various fundraisers to support cancer research.

Relay for Life had 25 teams that participated, including community and collegiate groups. Many teams had been fundraising since last year to exceed the amount raised previously. The event also had many onsite fundraisers that continued throughout the night. Many teams sold food such as: Belgium waffles, chicken tacos, Greek Yogurt, fruit crepes, pulled pork sliders, pancakes,



smoothies and more. There were also many handmade crafts to purchase and family friendly games to play.

To raise additional funds, teams donated various themed baskets like wine, cooking necessities, and outdoor games, and they were auctioned off.

Relay for Life began Friday evening at 6 p.m. and continued through the night until 3 a.m. Saturday morning. To keep the momentum going, DJ Lite Brite used his talents to keep participants moving.

It was announced at the end of the event that a to-

tal of \$109,804 was raised. This money stays in Custer County to support both those afflicted with cancer and their caretakers.

This money helps people afford transportation to appointments, child care for dependents, hotel stays for appointments that are far away and many other worthy needs.

The amount raised ex-

ceeded their amount from the previous year. If you are looking to participate in the next annual Reay for Life contact director Cheryl Smith at cheryl. smith@cancer.org

Survive from page 1

These two suggestions are only a few of the many things that can keep you from your best studying. There are so many ways to make sure that everything you do while studying is productive.

Here is a list of a few things to keep in mind while studying:

Do not multitask. Try to study for only one class at a time. According to USNews, interspersing subjects while studying is one of the worst things you can do.

Do not forget the hints your professors have given

Countdown from page 1

finals week.

"I wish they were a little more spread out, but it's okay," she said.

While the actual tests are definitely on everyone's mind, so are other preparations for summer and making the most of the last couple weeks. The following are you. Most professors will tell you what is going to be important to read, remember and know.

Do not just memorize the information. There is a difference between memorizing facts and knowing facts. It will be easier to remember if you know it.

Do not cram. Cramming often offers more stress than it does help.

Do not be negative. According to ExamTime, the attitude you convey while studying has a big impact on the effectiveness your study session will have.

President's Pancake Breakfast-Sunday, May 1, 10 p.m.

Graduation ceremonies—Saturday, May 7, 10 a.m. Residence halls move-out-Saturday, May 7, 6 a.m. to

9 p.m. "I'm ready for summer. I miss my family," freshman Morghan Tishler said. "Some tests I'm worried about; others not so much."

Fun summer classes to beat boredom

By Elizabeth Fuller <u>Staff Reporter</u>

Students all around campus are counting down the days until spring classes are finally finished.

However, there are some summer courses you should take a look at before screaming "Summer Vacation!"

While scrolling through the catalog for summer classes, students may to fall asleep by all of the GE classes that over loaded the page.

Luckily, these three classes shown through like a rainbow after a hailstorm.

Photo Journalism, Astronomy, and Beginner Guitar. Photo Journalism will be taught by Joel Kendal, Monday through Saturday.

If you like writing, and taking pictures-this class may be an adventure to add to your summer.

Astronomy is taught by Wayne Trail. This class will be held Monday through Thursday, with a lab on Wednesday nights.

Many people take this class as a requirement in their major instead of another science class.

Several students who have taken this class and absolutely loved it, and highly recommend Professor Trail.

The last class that I believe to be an interesting class to take this summer is Beginners Guitar, which is taught by Professor Robert Chambers. This class will be only on Mondays and Wednesdays.

For more information on these classes, or any other courses offered this summer, talk to your advisor about summer scheduling.

Upcoming **Events**

Wednesday, April 27, 2016

Digital Mobile Mammography Screening Today Last Day to Drop with Instructor Permis-4:30 PM

sion	
5:00 PM - 8:00 PM	SWOSU Athletic Association
5:30 PM - 7:30 PM	Mathematics Departmental
Banquet	
6:00 PM - 8:00 PM	Physics Tutoring

Thursday April 28 2016

Inursuay, April 20, 2010								
Rodeo Teams at Oklahoma Panhandle State University								
11:30 AM - 1:15 PM	Free lunch at the Wesley							
2:00 PM - 4:00 PM	Psychology Tutoring							
5:00 PM - 6:30 PM	AAUW Meeting-Student							
Branch								
6:00 PM - 8:00 PM	Art, Communication and The-							
atre Banquet								
6:00 PM - 8:00 PM	TKE Chili Dinner and Canned							
Food Drive								

additional important dates and times to keep in mind before heading out:

Crossword

ACROSS 1. Seethes

6. Short run
10. Musical finale
14. Course around a star

- 15. Within
- 16. Analogous
- 17. Ski jacket
- 18. Male deer
- 19. A tart spicy quality
- 20. Party pooper
- 22. Mimics
- 23. Pottery oven
- 24. Be emphatic
- 26. Boorish
- 30. 24 hours
- 31. Consume
- 32. "Smallest" particle
- 33. An acute inflammator
- 35. Noodles
- 39. Sea cow
- 41. Conference
- 43. Stage
- 44. Physicians
- 46. Data
- 47. Tin
- 49. Not thin
- 50. Gull-like bird
- 51. A small native range h

9. Immobilize

12. Eats

10. The climax of a drama

11. Relative of a giraffe

- 54. Dud
- 56. Cain's brother
- 57. Tightwad
- 63. South American weap
- 64. Hue
- 65. Building addition 66. A jaunty rhythm
- 67. Backside
- 68. Rental agreement
- 69. If not
- 70. Marsh plant
- 71. Thaws

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					20						2.0				
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	7. Opposite word 8. Sun						34. I	ntone	ified.			58. Employ			

36. Drop down

38. Dwarf buffalo

37. Curdled soybean milk

40. Popular hot beverages

Friday, April 29, 2016

6:00 PM - 8:00 PM

59. Leg joint

62. X X X X

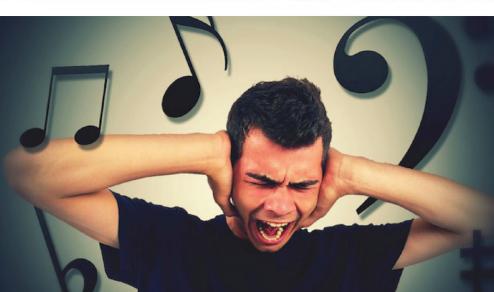
61. Exam

60. A Freudian stage

Rodeo Teams at Oklahon	na Panhandle State University
12:00 AM Softball @	@ Great American Conference
2:00 PM - 4:00 PM	Baseball vs. Northwestern OK
5:00 PM - 10:00 PM	Gold Program Dinner
6:00 PM - 10:00 PM	Chemistry Awards Banquet
Saturday, April 30, 2016	
	na Panhandle State University
12:00 PM - 4:00 PM	Baseball vs. Northwestern OK
(DH)	
1:00 PM - 3:00 PM	Saturday Art
3:00 PM - 4:30 PM	Graduate Recital - Kathleen
(Crook) Jung	
6:00 PM - 8:30 PM	Junior Recital - Erin Burris and
Ali Oldright	·
6:00 PM - 10:00 PM	Physics Shish-kebab
7:00 PM - 9:00 PM	Kendi's Dance Studio Spring
Event	1 8
7:30 PM - 10:00 PM	OK Charity Fight Night
Sunday May 01 2016	
Sunday, May 01, 2016 2:00 PM - 4:00 PM	Error Trip to Mal Mart Amailable
2:00 PM - 4:00 PM 5:00 PM - 11:00 PM	Free Trip to Wal-Mart Available
	Phi Delta Theta Weekly Meet-
ing 10:00 PM President	ťs Pancake Breakfast (Multi-Day
Event)	ts Fancake Dieakiast (Mutti-Day
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Monday, May 02, 2016	
Final Exams	
End Time 12:00 AM	President's Pancake Breakfast
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(Multi-Day Event) 8:00 AM - 10:00 AM	Executive Council Meeting
	Executive Council Meeting Admin Council Meeting
8:00 AM - 10:00 AM	
8:00 AM - 10:00 AM 10:00 AM - 11:30 AM	Admin Council Meeting
8:00 AM - 10:00 AM 10:00 AM - 11:30 AM 1:15 PM - 2:15 PM	Admin Council Meeting
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Physics Tutoring

FEATURES



What is the worst song to ever get stuck in your head?

By Jennifer Steiner Staff Reporter

Imagine working on a project at home with your headphones plugged in and Pandora streaming through your ears. And 10 minutes later you are humming the words to Iggy Azalea's "Fancy."

It can be frustrating, it can be annoying, and your co-workers or classmates certainly can't stand it when it happens.

That's right; you have a case of bad-song-stuck-in-your-head.

In other words, you have an earworm.

According to Merriam-Webster's Dictionary, an earworm is "a song or melody that keeps repeating in one's mind."

It is not a literal worm but something used to describe the reason catchy lyrics get stuck in your head for either hours, days, or the whole week.

Student Krista Hudson said that right now "Hula Hoop" by Omi is stuck in her head. "I don't particularly like the artist. The way he says "Hula Hoop" is amusing to me but I personally hate the song," Hudson said.

But she falls prone to the carworm. "It is very catchy."

Another student, Brandi Ferguson said that "I Can Ride My Bike" by Flobots is the song that gets stuck in her head.

Ferguson said the chorus is "so catchy."

Student Leeann Cook is immune to earworms.

If she were to choose a song that is catchy and gets stuck in her head, Cook said it would be "Fancy" by Iggy Azalea.

In 2015 NPR did an interview with Matthias Mauch who was in charge at Queen Mary University in London of a research group that analyzed more than 17,000 songs.

During the interview, Mauch, said that the seventh chord is dominant in music, but music continues to adapt through the years.

Earworms will always be around, changing with the music.

Best list of films considered the worst movies to watch

By Brooke Harden Staff Reporter

There are always those movies that you wonder that "how in the world did somcone even think of this?" Or, "how did this make it to the big screen?" But most of the time we still watch and never turn our eyes away from what's happening on the screen.

One fine example is "Sharknado". This movie stars Ian Ziering, Tara Reid and John Heard.

This movie is about a combination of two natural occurrences that are specified in the name. A large storm in Los Angeles floods the city and carries a tornado with sharks mixed in with it. Obviously there's a lot of trouble.

This movie is good if you're ready to have a good laugh with your friends. The acting is mediocre and the plot is unbelievable. The graphics are another story. Just be ready to laugh. Don't expect much from this motion picture.

All three Sharknado's are all on Netflix if you re looking to have a night to laugh with your friends.

With 20% on Rotten Tomatoes, "That's My Boy" made the list of best worst movies to watch.

It has the crude humor you expect

from Sandler, but the beginning of the plot is so out there and socially unacceptable that it makes you want to stop watching from the start, but Sandler's comedic talents keep you watching the whole time.

The story is that Danny (Adam Sandler) had a child at a young age (Andy Samberg). Due to bad parenting Han Solo (Samberg) left his fathers house at age 18 and never looked back. On the day of his wedding, Samberg has an unwanted guest his father who needs help.

Be ready to get the usual Sandler rude and crude humor. But other than that don't expect too much else from this film.

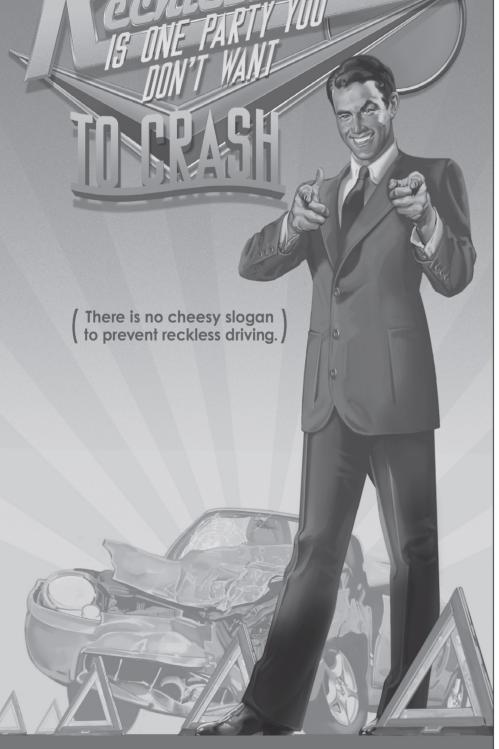
Finally the last on the list of best worst movies to watch is "Jack and Jill" Yes, Adam Sandler is on the list again. This particular film only received a whopping 3% on Rotten Tomatoes.

This movie is about Jack (Adam Sandler) who dreads the holidays because his sister, Jill (Sandler), makes her annual visit. They get off on the wrong foot and to make things right he extends his home to his sister through Hanukah. Things get interesting from there.

This movie is on the best worst list because it's an Adam Sandler movie, so it's worth the watch to see what he comes up with on the comedic side of things. But, it is one of his biggest flops.







There is no spokesperson with a catchy phrase to remind the driver to slow down, stop eating, quit messing with the radio or pay attention to the road. **There's Only You. Speak Up.**



By Katie Lafferty <u>Staff Reporter</u>

It is the end of the semester when students are through with their classes and want to sell their books back for the greatest profit.

 Λ popular place to sell textbooks amongst students is through Facebook.

Student Daisy Oropeza likes to use SWOSU Facebookstore because it is fast and you can get more money there than from anywhere else usually.

Student Christy Brown also likes selling her books through Facebook.

"It is better to sell to other students so you do not have to go through the trouble of shipping the book back," Brown said.

The fastest way to receive your payment is to go to the local bookstore to sell your books. Michelle Taylor likes to go to Ratcliffe's to sale back her books.

"You can get your money back right away and the waiting lines aren't that long," Taylor said.

Another popular place when trying to sale backs books is through Chegg.com. Chegg.com gives three different options to choose on the best way to receive your payment.

The first one is chegg credit. Students can use chegg credit to buy or rent more books through chegg.com. The next option is that Chegg will send the student a check through the mail. The last option is the fastest.

Chegg will deposit the payment to the students PayPal account. This can take as little as three days.

Other great places to sale back books are Amazon.com, Half.com, Bookscouter. com, and Cash4books.net.

FEATURES

Oklahoma has plenty of concerts scheduled in the upcoming months

By Conner Kent Staff Reporter

Summer is right around the corner for Southwestern students, and there will be plenty of extra time to fill for concerts. Numerous performances are scheduled for Oklahoma in the upcoming months, including Luke Bryan, Ellie Goulding and The Beach Boys.

Country singer Luke Bryan will perform in the Chesapeake Energy Arena on May 14 at 7:30 p.m. with guests Little Big Town and Dustin Lynch.

Southwestern student Bree Jackson is excited to see Luke Bryan come to Oklahoma.

"I'm excited about Luke Bryan because he is the future of country music," Jackson said.

Bryan was recently awarded Country Artist of the Year at the iHeartRadio Music Awards and holds many other awards. For more information or tickets, go to <u>www.chesapeakearena.com</u>.

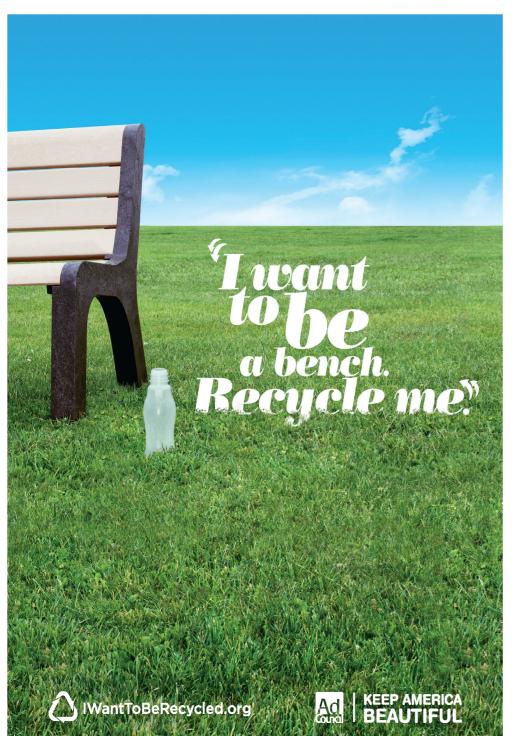
English pop star Ellie Goulding will bring her "Delirium World Tour" to Oklahoma City on May 18 at 7 p.m. at the Zoo Amphitheatre. General admission lawn seats are \$35 and VIP tickets are \$59.50. Goulding has had popular songs such as "Love Me Like You Do" and "Burn." For more information or tickets, go to www.thezooamphitheatre.com.

As part of their "Summer Tour Kick Off," The Beach Boys, featuring Mike



Love and Bruce Johnston, will make a stop in Oklahoma City on May 21 at 7 p.m. at the Civic Center Music Hall. Their goal is to help raise money for the Regional Food Bank of Oklahoma "Food For Kids" program. All net proceeds raised from the show will be donated to the Regional Food Bank of Oklahoma. For more information or tickets, go to www.okcciviccenter.com.

There are many other upcoming concerts in Oklahoma including Tim McGraw, Daughtry, Shinedown, and Journey. For more information on all of the concerts scheduled for Oklahoma in 2016, go to <u>www.concertful.com</u>.





Cool things students plan for summer

By Michelle Taylor <u>Staff Reporter</u>

As finals draw near summer vacation is on the minds of many students. Many will stay in town and take summer classes and also work.

Some will stay close and vacation in the many vacation oriented destinations around the state. Others will travel outside Oklahoma to enjoy the needed summer vacation.

Oklahoma has may places to go and visit. There are many lakes such as Lugert Lake, located at the base of the Quartz Mountains 17 miles north of Altus, and Broken Bow Lake which is in Southeastern Oklahoma nine miles northeast of Broken Bow.

These are ideal if you enjoy fishing, swimming or camping. If museums are more the vacationers' style, there are many to choose from, such as the closer to home the Stafford Air and Space Museum in Weatherford and the Old Town Museum located in Elk City.

The Science Museum in Oklahoma City has been bringing enjoyment since 1958. If an art museum is your preference, then perhaps the Philbrook Museum of Art and the Gilcrease Museum, both in Tulsa, both offer inspiring painting and works of art

Among those going out of state are Brooke Harden, Makenli Ladd, and Hunter Green.Brooke Harden plans on getting married and then going her honeymoon.

"I am going on two cruises. One for my honeymoon to Mexico and another cruise to the Bahamas. I am very excited," Harden said.

Makenli Ladd is also going out of state for some vacation time as well. 'I am going to South Carolina to the beach, but I am also planning on taking 12 hours of college this summer," Ladd said.

Hunter Green is going not only out of state but also out of country.

"I am going to Alberta, Canada during the summer. I will be competing in the CPRA rodeo as well as many of the PRCA rodeos," Green said.

Students still wondering what to do this summer and wanting to stay closer to home, can check out the Oklahoma's tourist website www.travelok.com.



Cash For Books Sell your textbooks at Ratcliffe's!

Buy Back!



April 27th-May 7th

sss100 Daily Give away May 2nd-6^{thsss} Sell your textbooks for entry to WİN!



RATCLIFFE'S TEXTBOOKS

The Southwestern SPORTS Top athletes named at banquet

WEATHERFORD, Okla. - A pair of juniors swept SWOSU's biggest awards on Wednesday night at the athletic department's All-Sports Banquet as volleyball's Carly Zak and football's DJ Jones were awarded the Female and Male Athlete of the Year awards.

For the first time, the department announced Scholar-Athlete of the Year awards at the banquet with Kaila Lancaster (volleyball) and Cameron Nix (football) claiming those honors. SWOSU Athletic Director Todd Thurman also presented Oklahoma State regent Jimmy Harrel with the Cecil Perkins Service Award.

Zak (Wylie, Texas) becomes the first member of SWOSU Volleyball program to be named the Female Athlete of the Year after leading the Bulldogs to their best season in program history in 2015. Zak led her team to a program-best 22 wins, finishing third in the regular season GAC standings before running through the conference tournament and claiming the championship with a 3-1 victory over Southern Arkansas. With the win, SWOSU earned their first-ever berth in the NCAA Division II National Tournament where they advanced to play No. 1 Concordia-St. Paul. Just a junior, Zak has already set the SWOSU career record for kills (1,157) and she became the first all-region selection in program history when she earned Second Team All-Central Region honors from the Division II Conference Commissioners Association (D2CCA). Her 446 kills this season are the second-most in program history and she set a new single-season school record with 3.72 kills per set. Zak earned allconference honors for the third straight season when she was named a First Team All-GAC honoree and she was selected to the All-GAC Tournament team. She was also a two-time GAC Hitter of the Week, First Team All-OklahomaSports.Net and she was voted the HERO Sports D2 National Volleyball Player of the Week on October 21st.

Year

Female Athlete of the Year

Basketball/Cross Country Fort Smith, Ark. 2008-09 Stefanie Jones Cross Country Fort Smith, Ark. 2009-10 Stacey Creger Softball Mustang, Okla. 2010-11 Amy Outhier Rodeo Weatherford, Okla. 2011-12 Darcie Dick Basketball Cordell, Okla. 2012-13 Josie Price Soccer Calgary, Alberta 2013-14 Michelle Fisher Basketball Mustang, Okla. 2014-15 Ana Gomez Golf Michoacan, Mexico 2015-16 Carly Zak Volleyball Wylie, Texas

DJ Jones (Oakland, Calif.) made an immediate impact on the field for the SWOSU Football program, helping the Bulldogs to their best season of the NCAA Division II era. His team won their final six regular season games to finish second in the Great American Conference at 8-3 and earn a berth in the Live United Texarkana Bowl, the first postseason game for the program since 1996. Jones set a new single-season SWOSU and GAC record with more than 1,800 all-purpose yards and he was the Bulldogs leading receiver with 54 catches for 903 yards and seven touchdowns. He also set a new school record with two punts returned for touchdowns while averaging more than 20 yards per return. Jones was named an All-American by four different outlets, earning first team honors from the Division II Conference Commissioners Association (D2CCA) and he was a second team selection to the AP Little team. Showcasing his all-purpose talents was the fact that he was named an All-GAC selection both as a wide receiver (honorable mention) and as a return specialist (first team) and he was named the GAC Special Teams Player of the Week on October 19. Year Male Athlete of the Year Sport Hometown 1997-98 Bobby Wechsler Baseball Elk City, Okla. 1998-99 Greg Jones Golf Edmond, Okla. 1999-00 Lucas Aslin Football Manhattan, Kan. 2000-01 Jet McCoy Rodeo Tupelo, Okla. 2001-02 Milan Pepper Basketball St. Louis, Mo. 2002-03 Justin Twyman Golf Elk City, Okla. 2003-04 Brian Hostetler Golf Arlington, Texas 2004-05

Brian Hostetler Golf Arlington, Texas 2005-06 Greg Koch Golf Burkburnett, Texas 2006-07 Mark Cole Baseball Perry, Okla. 2007-08 Chris Morrison Baseball Wolf City, Texas 2008-09 Ruzell McCoy Football Frederick, Okla. 2009-10 Jonathan Haggerty Football Dallas, Texas 2010-11 Jonathan Darby Football Santee, Calif. 2011-12 Clarence Laster Football Hemet, Calif. 2012-13 Shane Martin Baseball Weatherford, Okla. 2013-14 Rod Camphor Basketball Baltimore, Md. 2014-15 Devin Benton Football Arlington, Texas 2015-16 DJ Jones Football

Kaila Lancaster (Hewitt, Texas) is a four-year member of the SWOSU Volleyball program who appeared in more matches and more sets than any other player in program history. She is a threetime Great American Conference Academic All-Conference selection and she was a member of the inaugural class to receive the Crafton Tull GAC Distinguished Scholar award. Lancaster earned her bachelor's degree in English from SWOSU in December, carrying a 3.94 grade point average throughout her time as a Bulldog and she is currently completing a postgraduate internship with the Walt Disney World Resort in Orlando, Florida.

Oakland, Calif.

players to earn that distinction since 2007 He is a two-time GAC Academic All-Conference selection and he has maintained a perfect 4.0 grade point average in Biology throughout his four year at SWOSU.

Year Male Scholar-Athlete Sports Hometown 2011-12 Jeremy Soliday Baseball Greeley, Colo. 2012-13 Colton Rainey Football Lawton, Okla. 2013-14 Ryan Corbin Football Newcastle, Okla. 2014-15 Dalton Daniels Baseball Salina, Okla. 2015-16 Cameron Nix Football Carnegie, Okla.

Jimmy Harrel was presented with the Cecil Perkins Service Award, named for former SWOSU Athletic Director who helped pioneer the direction of the Bulldog's athletic programs for more than a quarter century. Harrel is a longtime resident of western Oklahoma, where he has been a supporter of SWOSU Athletics since the 1980's and he has served as a State Regent since 1999.

Year Cecil Perkins Service Award 2013 Joe Phillips 2014 Max & Judy Pyron 2015 Rick Koch 2016 Jimmy Harrel

Each coach spoke briefly about their season and presented their respective Most Valuable Player awards. A list of those can be found below:

Sport Hometown 1997-98 Kala Freeman Golf Arnett, Okla. 1998-99 Charlotte Pfeil Softball Moore, Okla. 1999-00 Charlotte Pfeil Softball Moore, Okla. 2000-01 Amy Kilhoffer Cross Country Elk City, Okla. 2001-02 Courtney Hale Softball Rush Springs, Okla. 2002-03 Ashlee Hamar Basketball Thomas, Okla. 2003-04 Ginalee Tierney Rodeo Broken Bow, Neb. 2004-05 Paige Adams Basketball Clinton, Okla. 2005-06 Rachel Ingram Cross Country Springfield, Mo. 2006-07 Rachel Ingram Cross Country Springfield, Mo. 2007-08 Grace Anne Fath

Year Female Scholar-Athlete Sport Hometown 2011-12 Madison Cabaniss Basketball Arapaho, Okla. 2012-13 SaRaya Oyler Basketball Beaver, Okla. 2013-14 Jessica Heard Golf Clinton, Okla. 2014-15 Brandy Mader Volleyball Nickerson, Kan. 2015-16 Kaila Lancaster Volleyball Hewitt, Texas Cameron Nix (Carnegie, Okla.) is a four-year member of the SWOSU Football team who still has one year of eligibility remaining. He has played on both sides of the ball, seeing action in 11 games last season on defense and special teams. Nix was one of two SWOSU Football players

named to the CoSIDA Academic All-

District team last fall, becoming the first

Volleyball - Carly Zak, junior (Wylie, Texas) Soccer – Samantha Nunez, senior (Pflugerville, Texas) Cross Country - Isela Sandoval, junior (Ennis, Texas) Cheer – Candace Combs (Altus, Okla.) Pom – Kourtney Speece (Enid, Okla.) Mascot - Alex Thurman (Weatherford, Okla.) Football – DJ Jones, junior (Oakland, Calif.) Women's Basketball - Jessica Penner, senior (Cordell, Okla.) Men's Basketball – Martell Collins, senior (Milwaukee, Wisc.) Women's Golf - Elin Wahlin, freshman (Karlshamn, Sweden) Men's Golf - Stefan Idstam, junior (Marifred, Sweden) Women's Rodeo - Jacoby Hotsenpiller, senior (Louisburg, Kan.) Men's Rodeo - Jake Stemo, senior (Calgary, Alberta) Softball - Taya Haney, junior (Leedey, Okla.) Baseball - Korbin Polston, senior (Midwest City, Okla.)

Athletic Training Awards: Outstanding Clinical Athletic Training Student – Reagan Bonnewell Most Improved Athletic Training Student - Joseph Leven Rookie Athletic Training Student -Mitchell Hays Outstanding Curriculum Student Junior - Cheyenne Sheets Outstanding Curriculum Student Senior – Ben Hill

SPORTS

Opinion

How I see it The DH is unecessary and bad for baseball

The 1970's brought about a new way of thinking in the world of baseball. The idea of introducing a new position was voted upon and introduced to half of the league. This is how we now have the Designated Hitter. Though many are in favor of the position, I believe it is unnecessary and the National League should not adopt it.



The American League adopted

this position to give pitchers the option to not bat and to give a good hitter the option to not play the field. While this section of major league baseball uses this position on their line-up the National League has not conformed. This is the sole difference that separates the two professional leagues and has been a thorn in the side of many for years. This thorn recently became a knife when it was rumored that Commissioner Robert Manfred purposed that the designated hitter be implemented into the National League as early as the spring of 2017.

The designated hitter is an unnecessary position that takes away from the purity of the game of baseball and should not be implemented in the National League because:

It adds to the influx of steroid usage. Having a position dedicated to men being able to hit a homerun encourages the use of steroids to increase muscle mass so they can hit harder.

The designated hitter gives the impression to pitchers that they do not need to be able to hit. This gives young athletes no want to increase their offensive abilities because if they make it big there will be someone to hit for them.

It can mess with trading. Beloved players in the national league that become too old and out of shape to perform defensively can sign a contract with a team in the American league to be a DH and extend their contract by ten years. This takes a player from a franchise and makes the game of baseball more of a monopoly. Instead of stadium lights, these hitters only see fat checks being deposited into their bank accounts.

The DH adds to confusion in the game of baseball, especially during post season. During the World Series the rule is determined by where the game is played. So if three of the games are played on a National League team's field then there is no DH for either team but when the other games are played on an American League team's field, then both teams can use the DH. This causes a lot of confusion and forces both teams to play outside of their comfort zones in the most intense part of the season. Statistically the position doesn't add as much excitement as supporters think. Last season David Ortiz of the Boston Red Sox batted around a .280 and hits almost three out of every ten at bats. This man's sole job is to hit the ball and he only maybe does that three out of ten times and many of those are not homeruns. Then if you look at a player like Madison Bumgarner, a pitcher for the Giants, who had a batting average around . 180 (only one less hit per ten at bats than Ortiz) it is astonishing that Ortiz gets paid millions more to hit a few more pop ups and not be responsible to contribute defensively. Bumgarner hit five home runs in the 2015 season and still had a great year defensively. He is a prime example of how a pitcher can perform both defensively and offensively while still having the excitement of hitting homeruns. The position of the designated hitter is very controversial and should not be in the game of baseball.

Baseball team still within reach of title

WEATHERFORD, Okla. – SWOSU scored seven first-inning runs in two games on Saturday as they swept Harding to win the three-game Great American Conference series 2-1. The wins improve SWOSU to 29-13 on the year and they will enter the final weekend of league play one game behind Arkansas-Monticello in the race for a conference championship.

"This group has had resolve all year," SWOSU Head Coach Zack Saunders said. "They've been able to rebound and respond and they showed up this morning like yesterday never happened. We were finally the aggressor and our offense just kept coming in waves today and our guys never let up. It's exciting to head into the final weekend with big things to play for, but we have to try and be the same group we've been all year and play in the moment."

SWOSU 10, Harding 3

SWOSU sent three home runs over the left field fence in the first inning, building a 5-0 lead and controlling the first game from start to finish. Tanner Dearman led the game off with a single and waiting just two batters to score on a two-run home run from Korbin Polston, his first of the game. Jacob Spring made it back-to-back home runs with his 12th round tripper of the season and Greg Bruno finished off the inning with a two-run shot that made it 5-0.



Greg Bruno waits for a pitch. (Photo by Nakota Taylor)

The Bulldogs would score twice in the fourth inning with Dearman getting an RBI single to score CJ Faddis before coming around to score on an error by Harding. The Bisons scored once in the sixth and twice in the eighth, but a three-run sixth by SWOSU that included Polston's second two-run shot of the game provided plenty of distance for the Dawgs.

Gunnar Cook (8-3) earned the victory after allowing one run on seven hits while striking out 11 batters in 6.0 innings. Blake Gooden had four strikeouts as he closed out the game, allowing two hits in the final 3.0 innings.

SWOSU 9, Harding 3

The Bulldogs continued to be the aggressor in the second game, scoring in each of the first four frames and five of six overall to win the seven-inning series finale. Dearman got things going with a leadoff triple and he score on an infield single from Cole Wagner. Wagner then stole second and scored on an RBI single from Spring that made it 2-0 after the first.

In the second inning, Haden Houska singled and scored on an RBI double from Wagner and in the third CJ Faddis came through with a bases-clearing three-run double that ran the lead out to 6-2. Polston would take it from there, hitting an RBI-double in the fourth and a two-run homer in the sixth for SWOSU's final three runs.

Devin Ring (5-3) got the win after lasting 5.2 innings while allowing three runs on six hits. He also struck out six batter with just one walk. Quinton Dougherty recorded the final four outs, striking out three of the five batters he faced.

Softball team ends season against Harding

SEARCY, Ark. – The 2016 SWOSU Softball team has reached its conclusion after the Bulldogs were defeated twice by Harding on Saturday, eliminating them from contention for the GAC Tournament. SWOSU did finish off a victory from Friday's suspended game and they end the year with a record of 17-35 and they placed ninth in the final GAC standings with a 15-



It creates an imbalance in the game and causes strife for players, managers, and fans.

The league should be uniform across all teams when it comes to a rule that plays such a big role in the game.

27 mark.

SWOSU 8, Harding 5

Before they could get to the Saturday doubleheader, the team's had to play the final three innings of Game 2 from Friday and SWOSU held on for the victory. The Dawgs started the day with a 6-5 lead after four innings and they scored two runs on a home run by Ashley Jones in the sixth inning to extend the lead.

Taya Haney (7-13) allowed 11 hits and five runs in a completegame effort to earn the victory.

Harding 5, SWOSU 3

The Bulldogs went to their final at-bat scoreless, but they put pressure on the Lady Bisons with

Emily Garcia hit a home run in her final afternoon for Southwestern

five hits leading to three runs in the inning. Emily Garcia had a two-run double in the inning and Samantha Perry added an RBI single to left but the game ended with the tying runs on base.

Larie Amos (2-5) faced just two batters in the first inning and returned to pitch the sixth inning but took the loss after allowing one hit and three walks.

Harding 7, SWOSU 2 A solo home run from Garcia and a sacrifice by Miranda West that scored Haney proved to be the lone offense generated by the Bulldogs in the series and season finale. Harding plated four in the first inning and scored an insurance run in the sixth inning to wrap up the series.

Taylor Eaves (6-12) tossed a complete-game in the final start of her junior season. She allowed seven runs on seven hits with two walks and two strikeouts in 6.0 innings pitched.

Trades shake up NFL draft predictions

By Max Jirak <u>Staff Reporter</u>

The NFL Draft is approaching soon, and people want to know who their team is drafting.

The Draft begins at 7 p.m. Central time, April 28 The event will be held in Chicago and will end two days later.

Last week, the Los Angeles Rams traded picks with the Titans to receive the No. 1 pick.

The Rams are going to pick a quarterback, either Jared Goff of California or Carson Wentz of North Dakota State.

After dealing Sam Bradford to the Eagles last year the Rams were left without much of a QB. The Rams however have a great young Running Back in Todd Gurley.

The Dallas Cowboys are looking into two players at the moment, Ezekiel Ellitot a running back from Ohio State, and Joey Bosa a defensive end from also from Ohio State.

The Cowboys need help on the defensive end of

things, but the need a new more explosive tailback to carry the load behind a great offensive line.

The Cowboys may go a different route and take the safety out of Florida State, Jalen Ramsey.

The defending Superbowl champions are looking for more on the defensive end even though the only quarterback at the moment they have will be Mark Sanchez.

And everyone loves Mark Sanchez....

The news that has shocked everyone lately is between the Philadelphia Eagles and the Cleveland Browns. The Browns trades their second overall pick and their 2017 fourth round pick to the Eagles.

The Browns receive picks 8, 77, and 100 of this years draft while also getting a first round pick in 2017 and a second round pick in 2018.

The trade makes it look like the eagles are trying to take another quarterback, but they just resigned Sam Bradford to \$35 million contract with \$22 million guaranteed.

Josh Norman has been rescinded from his franchise

tag in Carolina making him the best unrestricted free agent, especially in a league of wanted cornerbacks.

According to Walterfootball.com here are the top 10 picks in a mock draft:

Los Angeles Rams: Carson Wentz, QB, North Dakota State.

Philadelphia Eagles: Jared Goff, QB, California San Diego Charger: Jalen Ramsey, CB/S, Florida State Dallas Cowboys: Joey Bosa, DE, Ohio State Jacksonville Jaguars: Myles Jack, LB/RB, UCLA Baltimore Ravens: Laremy Tunsil, OT, Ole Miss San Francisco 49ers: Deforest Buckner, DE/DT, Oregon

Cleveland Browns: Ezekiel Elliott, RB, Ohio State Tampa Bay Buccaneers: Leonard Floyd, DE/OLB, Georgia

New York Giants: Vernon Hargreaves, CB, Florida. The draft has always been a great event to watch but

an even better event for the players whose lives will soon be changed forever.



Sudoku									
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5			1		6			8	
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Res Life BYOB (Bring Your Own Bowl)

Bring Your Own Bowl event will be taking place in **Stewart Hall Lobby, April 28th at 10pm**. There will several different kinds of cereal and fruits that you will be able to choose from. All you will need to do is bring your own bowl and everything else will be provided. With finals coming up, it will be a good way to get away from studying or just to take a break to get a bowl of cereal and mingle with the residents on campus. We hope that everyone will be able to come out and grab themselves a bowl of cereal. Everyone is invited to Stewart Hall. We Hope to see you all there!

PICS OF RES LIFE







Answers

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Move Out Day Is Just Around the Corner!

We all know that finals are just around the corner. What this means for those of you living on campus is that move out day is just around the corner as well. The absolute last day to move out of the halls is **May 7th** by **6 p.m**. Now that does not mean that you are not able to move out before that day. You may begin moving out any day during finals week. If you are finished with all of your finals and you are ready to move out, you are welcome to do so. You will need to make sure to check out properly with the RA at the front desk and return your key before the process is complete. Residence Life wishes you good luck on your finals and we hope your summer is as exciting as you want it to be.



Hometown: Perkins, OK Classification: Freshman Major: Physical Education Building: Jefferson

Why did you choose your major?

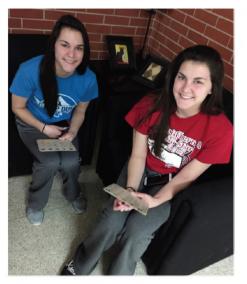
I chose my major because I love working with people, and I enjoy being active and in shape.

What are your hobbies?

My hobbies include playing any type of sport, fishing, and playing my guitar.











Plant potting party 🥴





Who has been a major influence in your life?

My brother Thunder has been a huge influence in my life. He has pushed me to my limits in sports and in life.

What is your favorite SWOSU moment?

Playing in the R&J Call of Duty Tournament that I somehow managed to win.



Landen Carson

Hometown: Midwest City, Oklahoma

Classification: Senior

Major: Engineering Technology

Resident Hall: Neff Hall

Why did you choose your SWOSU? I had a great opportunity to play football here and get my school paid for.

What are your hobbies? Video gaming, making music, and hanging out with my family and friends.

Who's been a major influence in your life? My Mother, her guidance and compassion for others has given me a great example of how to live my life.

What's your favorite movie quote? "Oh yes, the past can hurt. But you can either run from it, or learn from it." Rafiki – The Lion King

ResLIFE Happenings									
What	When	Where							
President's Pancake Breakfast	May 1 st	STU Cafeteria							
Finals	May 2 nd – 6 th	SWOSU Campus							
Stewart Hall									
ВУОВ	April 28 th	Stewart Hall Lobby							
Black	Black Kettle Hall								
Flag Football	April 28th	R&J Field							
Neff Hall									
ВУОВ	May 2 nd	Neff Hall Front Lawn							