Teal Out

Southwestern's cheerleaders wear Teal T-shirts during last Thursday's home basketball games as part of the night's Teal Out celebration. The color Teal is the awareness color for ovarian cancer. The T-shirts are a part of that group.

"Teal Out is about the fight against ovarian cancer," Director Steve Strickler said. "These are real and relatable people with real issues and real problems, people can escape their own reality to see these people."

Chelsey Hardin, a sophomore theater and English major, stars as Hedda and said that students will identify with the characters and story. "People are going to have an interesting reaction to Hedda and be surprised in the end in how they feel about her and the others," Hartin said. "They are real and relatable people."

The box office is open from 4 p.m. to 7 p.m. Monday through Friday at the Hill Top Theater. They can be reached by phone at (580) 774-6046.

By Calley Lamar
Staff Reporter

For theatre lovers or those looking for a good show to grab their attention, SWOSU players will put on their production of Hedda Gabler on March 5, 6 and 7 at 7:30 p.m. at the Hill Top Theatre. Hedda Gabler is a play about a woman who is horrid with her mundane existence devoid of excitement.

"You are major we felt a need to do a play from this genre...moving into realism and modern 20th century style and it has its own unique style and for the training of our people we need that," Director Steve Strickler said. "Hedda Gabler is about real people with real issues and real problems, people can escape their own realism to see these people."

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Classes from page 1

A. History course, and American Government. Biological Concepts or a similar biological course will also be required, plus another three to four hours in a physical science course.

The area of Humanities will now require two courses. One course will be U.S. History or a new course -- Introduction to Theatre, Introduction to Film, Introduction to Literature, Introduction to Music I, Music and Culture, or Introduction to Philosophy.

The area of Humanities will now require two courses. One course will be World History or a new course -- Introduction to Humanities. Students will then choose one of the following courses -- Art Survey, Introduction to Theatre, Introduction to Film, Introduction to Literature, Introduction to Music I, Music and Culture, or Introduction to Philosophy.

The area of Human, Cultural, and Social Diversity will require one course from the following list: American Sign Language, Cheyenne Sign Language, Arapaho Sign Language, Introduction to Public Speaking, Intro to Macroeconomics, Intro to Microeconomics, World Cultural Geography, Elementary Italian, Wellness Concepts, Elementary Latin, General Psychology, Introduction to Sociology, Elementary Spanish, or Technology and Society.

The Computers and Info Access course will no longer be required for all students. Instead, students can demonstrate computer proficiency through evidence of a high school Computer Science course or by passing a SWOSU computer proficiency exam. Students who cannot show one of the above will be required to take the Computer and Info Access course.

The total of the above classes will be 31 to 35 hours.

Students then can choose five to nine hours of general education electives to bring the total to at least 40 hours.

The electives choices are extremely varied and are grouped into four areas -- Communication & Symbols; Social, Political & Economic Institutions, Relationships in Nature & Science; and Human Heritage, Culture, Values & Beliefs. Students will select courses from at least two areas.

The new general education requirements are currently being reviewed by the State Regents. If approved, they will be placed on the SWOSU website as a guide for enrolling students.

Scenes from the Teal Out and Pink Out

The Teal Out and Pink Out games were hosted by the Collegiate Activities Board T-shirts during recent home basketball games. The color Teal is the awareness color for ovarian cancer, while Pink is the awareness color for breast cancer. (Photos by Nakota Taylor)
Spring Break plans can be inexpensive

By Joshua Ramos
Staff Reporter

Spring break is just over a month away. Many popular destinations, such as Panama City, South Padre Island or Cancun; however, these places can be expensive for the average student. Many popular destinations can be budget friendly.

For those planning on doing something special for spring break, it doesn’t have to be expensive. Here are a couple ideas that will be affordable and fun.

Camping, yes it may sound traditional, however, with the right group and planning, camping can be extremely fun.

Making a trip to Tahlequah to float the Illinois River in a vehicle that gets an average 17 miles per gallon would cost less than $50 dollars a round trip. Considering a car rental and camping, this is highly cost efficient and the entire trip for a group of four can cost less than $150 dollars average nightly stays in a 3-star hotel, and a $100 dollar gas expense, a group of four can pull off an excellent weekend at approximately 150 dollars per individual. If SGA gets under 400 dollars with a group of four and carpooling, this is highly cost efficient.

Salsa on the Rocks will be held this Thursday, Feb. 26 during the evening. Free snacks and hot dogs will be provided. The event is for children 3 years and up. All of the proceeds from this event will also be donated to Relay for Life.

SGA has set silent auction for Thunder tickets

The Asian Student Association will host an all-you-can-eat “Pho Night” at 6 p.m., Thursday, Feb. 26, in the Spring Garden Residential Hall.

For tickets you can contact Allison Truong at 405-766-5831 or email truonga@swosu.edu. They are $6 in advance and $8 at the door.

Camping is an event where parents can pay $10 for their child to be babysat at the Wellness Center from 5 p.m. until midnight. SGA volunteers will play games and entertain the children all evening. Free snacks and hot dogs will be provided. The event is for children 3 years and up. All of the proceeds from this event will also be donated to Relay for Life.

By Raven Joy White
Staff Reporter

Staying in the Weatherford area with financial challenges to afford aid on a budget.

The Southwestern Asian Student Association to host Pho Night

The Southwestern Asian Student Association will host Pho Night calling Che Thai Lan, consists of milk, jackfruit, green noodles and thinly sliced beef or chicken are added.

Dishes include Panama City, South Padre Island or Cancun; however, these places can be expensive. Many popular destinations can be budget friendly.

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Movie Review

Over the weekend I watched the worldwide phenomenon, “50 Shades of Grey.” The movie and book have received much attention, but I believe it was definitely worth the watch. “50 Shades of Grey” is about Anastasia Steele, a college student, interviewing a young business mogul, Christian Grey. From the moment they meet, the romance begins. Anastasia then learns that Christian is haunted with his past and has secrets. I read the book, but the movie lifted up to my expectations. The movie stars Dakota Johnson playing Steele. Before this major role she had a small role in the film “21 Jump Street” as the huntsmen/sheriff Love is one of the other officers in the jump street program.

Playing the major role of Christian Grey is Jamie Dornan. He is best known for his role in the television series “Once Upon a Time.” Both roles will make him a major break out star. This is just the beginning to his career.

I read the book, but I still wanted to see it on the screen because every second would I wonder what Christian and Anastasia finally kiss or say to the other. After being escorted down a path of colored tiles to my table, a wait staff immediately brought a super sized bucket of warm tortilla chips and fresh salsa. I then began to survey the menu.

I was overwhelmed with the menu. There are literally hundreds of Mexican-style dining. From appetizers such as Brisket Quesadillas to fajitas and Firecracker Stuffed burritos. Persuaded by the unusual romantic, dream-filled movie, I highly recommend this—i.e., if you are above 17.

When I stepped through the door, a friendly host greeted me and carried on an effortless conversation until we arrived at my table. Multiple waiters and waitresses attended to me so I would not have to raise my voice. I paid out to confirm my order over the phone.

On the Border Mexican Grill & Cantina offers the perfect blend of Mexican cuisine with a hint of southwest flair. It was as if someone has upped the volume on the classic sopapilla.

As soon as I stepped through the door, a friendly host greeted me and carried on an effortless conversation until we arrived at my table. Multiple waiters and waitresses attended to me so I would not have to raise my voice. I paid out to confirm my order over the phone.

On the Border has become one of my favorite venues for Mexican-style dining. For those interested in discovering first-hand what On the Border has to offer, just a short drive west on I-40 will grant access to any of the four Oklahoma City restaurant locations. Specific addresses, menu options, and other information can be viewed by visiting www.ontheborder.com.

The cinematic quality of the film is what makes it so obvious. My eyes could not look away from the screen because every second I would wonder what Christian and Anastasia finally kiss or say to each other. It was produced for $40 million, and it paid off. The cinematic quality of the film is what makes it so obvious.

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On the Border's menu offered a variety of mouth-watering Mexican entrees, from tacos and empanadas to fajitas and burritos. It de­scribed as the Southwest Chicken Tacos. It was as if someone has upped the volume on the classic sopapilla.

On the Border offers a wide range of meal choices including appetizers such as Brisket Quesadillas to fajitas and Firecracker Stuffed burritos. Persuaded by the unusual romantic, dream-filled movie, I highly recommend this—i.e., if you are above 17.

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Morgan Vogt drives to the basket for two of her career-high 29 points during Thursday in the Pioneer Cellular Event Center. (Photo by Nakota Taylor)

Both men and women win titles

Baseball team wins third game against Southeastern

Fifteen Daisies picked the final 2.1 innings, claiming his first save of the season by allowing just one hit and preserving the win for Weifenbach, who is now 1-1 on the year. Weifenbach picked up his 4.2 innings in relief of Hannah, who struck out the one hit and won one run while striking out four Storm batters.

That was a really good team weekend,” Coach Zack Stadler said after the 1-0 win. “We agreed on just the right things this weekend to conclude the regular season, starting with the Lady Dawgs playing a 9-8 victory over the leadership of our seniors, who were spectacular. I’m very proud of the way we play and the results of this weekend,” SWOSU Coach Bob Nunn said following the game. “Our guys came out hungry and aggressive and that comes from the teamwork of the performances this weekend,” SWOSU Coach Mike McCalop, finishing one in the Great American Conference standings.

Man picks up third-straight win

“Ayo Ojo protects the ball during Saturday’s game against Henderson State. The Bulldogs host Northwestern Thursday in the Pioneer Cellular Event Center. (Photo by Nakota Taylor)
It’s time for round two of the ping pong war at SWOSU. February 25th at 5pm there will be a ping pong tournament at Rogers and Jefferson Hall. Bring your friends or come alone, either way came and battle for your chance to have your name enshrined forever on the ping pong plaque. It will be tons of fun and you may have the chance to beat your RA or even dethrone the reigning champ.

Niki Scott
Hometown: Yukon, OK
Classification: Junior
Residence Hall: Stewart Hall
Major: Pre-Pharmacy

Niki is a junior pre-pharmacy major here at SWOSU. She hopes to one day work as a pharmacist in a hospital setting with pediatrics. Niki is a member of Sigma Sigma Chi here at SWOSU and maintains a 4.0 GPA. So far in her college career her favorite class has been microbiology. If Niki could go anywhere, she would go back to the Philippines where she was born. A few fun facts about Niki is that she is engaged to be married to her fiance Jason, her favorite color is cerulean, and she loves the Denver Broncos. Niki’s favorite part about living in Stewart Hall is the 3rd floor showers. So if you see her around say hi to Niki.

Garret Mitchell Chambers
Hometown: Stillwater, OK
Classification: Junior
Major: OTA/PTA
Residence Hall: Neff

Meet Garret! Garret aspires to be an Occupational Therapist Assistant (OTA) or a Physical Therapist Assistant (PTA). He became an RA so that he could meet new people and make lifelong friends. His RA last year was the reason he got out and did anything fun. A fun fact about Garret is that he loves to draw, especially graffiti. He is an 88M for the Oklahoma Army National Guard, involved in G2 with Res Life, and he also plays intramural basketball for the Land Sharks (RIGHTTT!!). Garret’s favorite quote is by Vince Lombardi, “The only place success comes before work is in the dictionary”. I asked Garret if he had anything to add and he responded “I just want to say I love you mama! POP Holding it down!”

Res Life at the Baseball Game
March 6th
Sports Complex

Spring Break
March 13-22
Camarillo Wide

Tough Enough 5k
March 28th
Sign up in Dean’s office

Travel Tips
March 5th
Ok Hall Lobby

Study Study
March 9th
Ok Hall Lobby

Pot Party
March 23rd
Ok Hall Lobby

Pie Your Heart Out
All Feb
R & J Lobby

Pie Ping Pong Tournament
Feb 25th @ 5 pm
R & J Lobby

Alcohol Awareness
Mar 3rd @ 5pm
Hall Lobby

Level Up
Mar 12th @ 6:30
Hall Lobby

Camping 101
Feb 27th @ 9 pm
Stewart Hall Lobby

Painting Cork Boards
Mar 5th @ 7 pm
Stewart Hall Lobby

Spring Fling
Mar 9th @ 7 pm
Stewart Hall Lobby

ResLife Happenings

Brainstorm
By: Anthony Braden

Ladies and gentlemen, welcome back to another edition of Brainstorm, your one stop and read shop. Today we are going to talk about being offensive. Let’s be honest, someone has said something that’s made you mad. It’s happened to everyone, and many of us would like it to stop, no? So, let’s look at what makes people mad.

On one hand we have political correctness, the other, our friendly gives-no-bothers. Each have their own problems. Political correctness is meticulously polite, and while the thought is nice, it’s also aggravating. However, giving no bothers shows a lack of respect that few care to deal with for long. For you people tired of one, the other, or both, I provide a solution. Be polite. Saying “please”, “thank you”, and “may I” are not beyond the capacity of kind people in a kind world. Try your best to know what makes people uncomfortable and avoid it and be courteous to those around you. Giving you something to think about: should social media promote or deny the level of freedom of speech observed by the United States?