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FACTOR ANALYSIS OF INTERN EFFECTIVENESS

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Four factors in teaching intern effectiveness, as measured by a Praxis III-similar instrument, were found among observational data of teaching interns during the 2010 spring semester. Those factors were lesson planning, teacher/student reflection, fairness & safe environment, and professionalism/efficacy. This factor analysis was as much of a statement about effective teaching as it is about the technical aspects of an instrument utilized to assess it. Forty-one percent of effective teaching was found to be in the lesson planning.

Keywords: effective teaching, supervision of interns, efficacy, safe school environment, teacher reflection, higher order thinking, NCATE Standard One, novice teachers, observation systems

A our university, we are constantly looking for ways to help teacher education candidates improve their teaching. As is probably the case in most teacher education units in the United States, our College of Education uses an observation form for assessing teacher intern performance and for giving feedback. When the *Formative Observation and Intervention* form was created several years ago, it was constructed so that items and domains had a great resemblance to the Pathwise evaluation (ETS, 1996). Accordingly, out of respect for intellectual property rights, we obtained written permission from the Educational Testing Service before beginning to use it with our candidates. This form has become useful not only for assessing intern performance, but also for identifying the most salient elements of effective teaching. In other words, the form identifies what is *really* being identified as effective in teaching.

Pathwise was developed through Educational Testing Service as an observation system to gather rich, researchbased, objective classroom data based on evidence stemming from the effective teaching research (Chan, 1998). The effectiveness of teachers during classroom settings is rated as a category one, category two, or category three, depending upon very specific scoring criteria (ETS, 1996), with a category one denoting an unacceptable level of effectiveness. The assessment of teaching competency is thus a very authentic portrayal of teaching performance, since a minimum of subjectivity is employed. In addition to the 19 heavily research-based items related to the Pathwise system, two items were added locally for administrative and pragmatic reasons: one under Domain A, to denote total preparedness to teach, and another under Domain D, to denote the candidate's consistency in meeting professional responsibilities.

The observation form was used to collect data on 21 research-based items of teacher performance. These 21 areas were grouped into four domains: (A) Organizing Content for Student Learning; (B) Creating an Environment for Student Learning; (C) Teaching for Student Learning; and (D) Teacher Professionalism. The items (not yet the factors) of the observation form are shown in Table 1. Since the data obtained using the *Formative Observation and Intervention* form were used to make personnel decisions about candidates, we decided to study it in depth, using candidate data from the Spring Semester of 2010. We felt that, by doing this study, we could gain insight into the characteristics of effective teaching in addition to exploring some technical aspects of the instrument.

A PRIORI ASSUMPTIONS

Factor analysis can be used to test whether initial assumptions about a factor structure of an assessment instrument have empirical validity. Our assumptions were as follows:

1. Four factors would be found, corresponding to the four domains of Pathwise.

- 2. The items that measured these factors would be located within the domain structure suggested by Pathwise.
- 3. The two items that had been added locally would not "load" (correlate) significantly upon the rest of the factor structure.
- 4. Decisions about the factor structure would not be based heavily upon the two locally-developed items alone.

DEFINITIONS

Domain: A collection of five or more items on the *Formative Observation and Intervention* form designed to assess the same construct. The number of items on the form exceeded the minimum number of three items to create a component (expected factor), as described by Hatcher and Stepanski (p. 460).

Effective teaching: An assessment of teaching using the *Formative Observation and Intervention* form (sometimes referred to simply as the *form*) which yielded measurements of 2 or above in every one of 21 items on the form. Teaching was not regarded as effective if there was not enough evidence during an observation to support a category of at least a 2 in each and every one of the 21 items.

Factor: A mathematical communality with an Eigenvalue of at least 1. On the *Formative Observation and Intervention* form, a mathematical communality that accounted for at least 1/21st of the variance of the entire 21-item instrument used to measure teacher effectiveness.

Factor name: The name given to a collection of items from the form identified during the factor analysis process whose items have a statistically significant (p<.01, n=130, one-tailed test) (Ferguson, p. 494) correlation to the factor and which seem to best typify the construct of the five items most correlated to the factor.

PURPOSE OF THE STUDY

The principal purpose of our study was to determine if there were factor loadings on this measure of effective teaching and, if principal factors were found, to determine what those factors were by carefully assigning names to them.

METHOD

Hatchett and Stepanski (1994, p. 461) state that for factor analysis, the sample size should be the larger of 100 subjects or five times the number of variables being analyzed. Five times 21 items is 105. There were 130 teaching interns in the sample, and 416 teaching observations recorded, so the sample was more than adequate in size to accommodate this type of analysis. Methodologically this study should be considered a "common factor analysis" (Ingram, 2011).

Participants

Participants were 63 early childhood, 9 middle level, and 58 secondary education interns, a total of 130 senior intern candidates. They were assigned to school campuses in the Western part of Arkansas, particularly along the I-40 corridor from Morrilton westward to the Arkansas-Oklahoma state line. All were assigned to accredited public schools and in content areas appropriate to their majors and expected licensures. Placement was done through the office of Teacher Education Student Services at the university. All public school and university faculty who participated in any direct way in intern evaluations were made thoroughly familiar with the Pathwise Evaluation System from the Educational Testing Service through professional development experiences provided through the College of Education. The items of the form and their organization into subscales called domains are shown in Table 1.

Materials and Procedures

Before interns located to their respective placements, they were briefed about the expectations for the field experience. Early childhood majors and middle level majors enrolled in a 16-week course for 15 and 12 semester hours, respectively; secondary majors enrolled in a nine-semester hour course encompassing a 12-week internship. Secondary majors completed an on-campus course in public school law, history and philosophy of education, and content area reading before beginning their 12-week internship. All interns had completed substantially all of the requirements for their respective majors except for the internship itself.

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Table 1

Item Specification and Split-half Reliability for a Performance-based Assessment of Teacher Effectivenss

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Subscale: Domain A, Organizing Content For Student Learning

- A1. Demonstrates knowledge of students' backgrounds, awareness of diversity in planning lessons
- A2. Prepare clear learning objectives appropriate for all students
- A3. Connect past, present, future content
- A4. Vary methods and materials for learning ... developmentally appropriate
- A5. Align learning goals with assessments . . . systematic, monitoring, diagnostic
- A6. Total preparedness for teaching

Subscale: Domain B. Creating Environment for Student Learning

- B1. Models and promotes fairness with and among all students
- B2. Generates a working rapport with all students
- B3. Establishes high realistic expectations for all students
- B4. Exercises consistent, appropriate behavior management
- B5. Construct safe environment beneficial to learning for all students

Subscale: Domain C: Teaching for Student Learning

- C1. Clear Goals & Instructional Procedures
- C2. Makes content Comprehensible, Meaningful Engagements, Connections
- C3. Encourage all students to Extend thinking, Questioning, Critical thinking, Creative thinking
- C4. Monitor understanding, give specific Feedback, and Adjust for all students
- C5. Use instructional time effectively, Effective pacing, Time on Task

Subscale: Domain D: Professionalism

- D1. Reflect on extent of goals met
- D2. Initiates modifications, accepts responsibility, efficacy
- D3. Build professional relationships, collaborates
- D4. Parent/guardian communication
- D5. On time, professional appearance, meets deadlines, follows policies

Odds-Evens correlation	0.967, N=416 obs.

Note. Categories for each item were 1=insufficiently motivated and insufficiently knowledgeable to perform in classrooms unless assisted. 2=sufficiently motivated and knowledgeable to perform and performs appropriately in most classroom situation, meeting most learners' needs. 3=very well motivated, very knowledgeable about performance, and performs capably and flexibly in varied classroom situations with all learners.

The Formative Observation and Intervention form was used by campus-based and field-based supervisors for evaluation purposes and to provide feedback to interns. For the purposes of this study, we decided to use the form to investigate the factor structure of effective teaching, using data from 130 interns of the spring semester of 2010. It was the intent of the supervisory experience to observe each intern at least four times while the intern was teaching; this occurred in most but not entirely all instances. Prior to this investigation, a previous study utilizing the same data had been done to determine the reliability, validity, and suitability of the Formative Observation and Intervention form in our application of it. These facets of the form were believed to be more than adequate (Womack, Hanna, Woodall, & Callaway, 2011).

Artifact Reliability. The uncorrected split-half reliability of the *Formative Observation and Intervention* form was 0.976 with 416 usable observations. The standard error of measurement was 2.6 points out of 63 possible points on

the entire 21-item instrument. It appeared that the assessment was reliable.

Artifact validity. All items on the form were mapped to the state's licensing standards and to the Praxis III (Pathwise) assessments. These mappings were recorded on several documents that became part of the teacher education unit's electronic exhibits pursuant to accreditation by the National Council for Accreditation for Teacher Education (NCATE) and by the State.

RESULTS

Data from 416 observations of 130 candidates were obtained during the spring semester of 2010. These occurred as faculty or clinical practice instructors completed four cycles of evaluations while observing interns in teaching situations.

Factor Loading

The principal purpose of our study was to determine if there were factor loadings on this measure of effective teaching and, if principal factors were found, to determine what those factors were by carefully assigning names to them. Procedure FACTOR of the Statistical Analysis System was used to discover factors, using the suggested prior communality estimate of one and a minimum Eigenvalue of one (Hatcher & Stepanskie, 1994).

Table 2

Eigenvalues of the Correlation Matrix (N=416 observations from 130 teaching interns)

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	Factor	Eigenvalue	Difference	Variance accounted for	Cumulative %	
	1	8.63922	7.28065	41.14 %	41.14	
	2	1.35857	0.09839	6.47	47.61	
	3	1.26018	0.21271	6.00	53.61	
	4	1.04748	0.06676	4.99	58.60	
	5	0.98072	0.03118	4.67	63.27	

SAS output indicated that were likely four factors within the observational data from the interns that met these criteria. The fifth factor was indicated on Table 2 to show the reader where the Eigen break was. The scree plot was somewhat consonant with that finding while indicating the presence of an initial large factor (Figure 1) that accounted for 41% of the variance in teaching effectiveness scores.

Factor Detection

As Hatcher and Stepanski (1994) and Ingram (2011) indicate, interpretation of factors and of items correlating with factors is subjective. This may seem counter to the appearance of the mathematical precision of the output of a program like PROC FACTOR, but researchers, given a few suggestions from the statistical literature, are left to adopt their own criteria for factors and items. We determined that we would recognize a factor if it had an Eigenvalue of at least one, appeared distinct on the scree plot, and accounted for at least 5% of the variance. The scree plot (Figure 1) is a depiction of the variance extracted at each stage of the factor analysis. Hatcher and Stepanski say "The word 'scree' refers to the loose rubble that lies at the base of a cliff. When performing a scree test, you normally hope that the scree plot will take the form of a cliff: At the top will be the eigenvalues for the few meaningful components, followed by a break (the edge of the cliff). The bottom of the cliff will be like the scree: eigenvalues for the trivial components" (p. 473). We determined that we would recognize an item as being associated with a factor if its correlation with a factor reached statistical significance at the .01 level. We planned to name a factor in special consideration of its five greatest correlates (assuming there would be at least five), in view of the *a priori* domains from which the items came, and in view of the language of the items. The number five was chosen because of the original minimum of five items per domain on the form.

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Figure 1. Scree Plot of Eigenvalues for Ratings of Teacher Intern Performance

Item-Factor Identification

Items from the *Formative Observation and Intervention* form were allowed to remain in the factor structure if they correlated significantly (critical r=.230, p<.001) with the factor. Statistical significance is not mandated in factor-naming, but it is a standard that is commonly used. Fifteen items correlated significantly with the first factor (see Table 3), a factor that accounted for 41% of the total variance.

Factor Naming

The first factor was named "lesson planning." In referencing the correlations to the items on the observation form, two of the top five correlations were with items that dealt very obviously with planning (A2, A5). B3 (challenging learning expectations) usually occur as a result of careful lesson planning. D2 and D4 could be considered extensions of planning in that planning promotes efficacy and a sense of capability in reaching out to parents.

Table 3

Rotated Factor Pattern

Factor	1 Planning	2 Reflection	3 Fair/Safe	4 Professionalism
Items/correlations	A3/0.67	C3/.77	B1/.77	D5/.71
	C4/.66	D1/.66	B4/.63	D3/.64
	A4/.62	D2/.66	B5/.54	D2/.46
	D2/.59	C5/.51	A2/.46	A1/.45
	C1/.57	D4/.51	D3/.44	D4/.42
	C2/.56	C1/.45	A5/.39	A4/.35
	A6/.53	C2/.44	B2/.36	B3/.33
	B2/.51	B4/.43	A1/.35	B2/.29
	B5/.50	A6/.39	D2/.39	A2/.28
	C5/.50	A5/.35	A3/.29	A6/.27
	A5/.47	C4/.25	D1/.27	A3/.27
	A2/.47	*	C5/.24	D1/.27
	B3/.46	*	*	*
	D4/.45	*	*	*
	A1/.43	*	*	*
	*	*	*	*

* correlation was not significant

Using the rotated varimax factor pattern, the other three factors were also named. The number of items correlating significantly with the remaining three factors was considerably less. The second factor correlated significantly with items C3, D1, D2, C5, and D4. The second factor was named "Teacher and student reflection" in consideration of the language of the items about teacher reflection on goals met, initiation of modifications for students' needs, and student higher order thinking. The third factor was named "Fairness/safe environment" in view of the language of most of the items contributing to its variance. The third factor correlated significantly with items B1, B4, B5, A2, and D3. Three of these are addressed in Domain B, Creating Environment for Student Learning. Domain B was measured during the dynamics of actual instructional events. The fourth factor correlated with items D5, D3, D2, A1, and D4. The fourth factor was named "Professionalism and efficacy" in deference to the predominant language of the items most associated with it—"on time, professional appearance, follows policies ... builds professional relationships, collaborates ... accepts responsibility, efficacy ... reflects on goals met."

In an effort to better visualize which items actually loaded with which factors, we constructed a simple incidence table (Table 4). It seemed apparent that items correlated with factors were spread *across* rather than *within* what had been considered *a priori* to be in different domains. We were able to see some interrelationships that make up the complex task called "teaching." Planning, for instance, touches not only items A1 through A6, but also on the rapport that teach-

ers are able to build with students (B2), the framing of challenging learning expectations (B3), planning for physical safety (B5), the making of content comprehensible (C2), and five other items.

Table 4

Factors Loaded on by Each Item

ltem	Factor 1	Factor 2	Factor 3	Factor 4
	Planning	Reflection	Fair/Safe	Professionalism
A1. Awareness of student diversity	Х		х	Х
A2. Prepare clear learning objectives	х		х	Х
A3. Connect past, present, future content	Х		х	Х
A4. Vary methods/ materials for learning	х	Х		Х
A5. Align learning goals with assessments	Х	Х		Х
A6. Total preparedness for teaching	х	Х		Х
B1. Models and promotes fairness			х	
B2. Rapport with all students	х		х	Х
B3. Challenging learning expectations	х	Х		Х
B4. Consistent behavior management		Х	х	
B5. Physical environment, safety	х		х	
C1. Clear goals & instructional procedures	х	Х		
C2. Makes content comprehensible	Х	Х		
C3. Critical thinking, creative thinking		Х		
C4. Teachable moments, monitor & adjust	Х	Х		
C5. Effective pacing, time on task	х	Х	х	
D1. Reflect on extent of goals met		Х	х	Х
D2. Accepts responsibility, efficacy	Х	Х	х	Х
D3. Professional relationships, collaborates	х		х	Х
D4. Parent/guardian communication	Х	Х		Х
D5. On time, prof. appearance, policies				Х

DISCUSSION

Given the nature of the assessment instrument—one designed to assess effective teaching, with its reliability and validity, this study was not only a study on technical issues, but also on the nature of effective teaching itself. As mentioned earlier, there were four *a priori* assumptions about the factor structure of the instrument that were tested in this factor analysis:

- 1. Four factors would be found, corresponding to the four domains of Pathwise.
- 2. The items that measured these factors would be located within the domain structure suggested by Pathwise.
- 3. The two items that had been added locally would not load significantly upon the rest of the factor structure.
- 4. Decisions about the factor structure would not be based heavily upon the two locally-developed items alone.

With regard to assumption one, four factors were found, but they did not nearly correspond to the subscales suggested by our Praxis III-like instrument, the *Formative Observation and Intervention* form. Regarding assumption two, the items that loaded most heavily on each of the four factors were not all from the respective domains of the form; rather they were scattered across several domains. The first and largest factor, that of planning, had item loadings from all four domains. Lesson planning correlated significantly with 15 of 21 items of our research-based instrument that were designed to assess effective teaching. Only in the fourth factor were most of the five most-correlated items from the domains that had been suggested *a priori*. Regarding the third assumption about the two locally developed items—ones that had not been expected to load or correlate with the rest of the instrument—item A6 as a reflection of total preparedness to teach a specific lesson was at least significantly correlated to three of the four factors. The locally-added item on Domain D, item D5 about being on time and meeting professional responsibilities, loaded on and was significantly correlated on factor four, being the most correlated of the items within the factor. Thus, speaking to the fourth assumption, while decisions about the factor structure ended up being related to the two locally-developed items, the data did not suggest that these two items were "out of place," compared to the 19 ETS-based items.

The Value of Lesson Planning

Forty-one percent (41%) of the variance in effective teaching in our interns was accounted for by lesson planning. That is, before they walked into a classroom and uttered the first word of the day, 41% of student learning has already been decided by the preparedness or lack thereof of the teacher for that specific moment. Intuitively we in teacher education have emphasized to novice teachers the importance of careful and thorough lesson planning. With the findings of this study, that importance need no longer be one advanced only by intuition. Lesson planning as a significant endeavor goes beyond just deciding which method or which activity to utilize in a lesson. There was little evidence in our findings to promote any particular methodology as a panacea for teaching any or all subjects. Rather, lesson planning for fairness, planning for challenging learning expectations and for higher-order thinking, planning for effective pacing and time on task, and more. Teachers who are constantly prepared for the next day, week, and month of teaching find it easy to approach and interact with parents. It is easier to cultivate rapport with students when "What will I be doing next period?" is not a real concern. For these and other reasons, the value of lesson planning can hardly be overstated.

The Value of Reflection and Higher-order Thinking

Teacher reflection and student higher order thinking, the second largest factor, accounted for 6.47% of the total variance in teacher effectiveness. Reflection enables teachers at all experience levels to gain much more from their experiences than just the initial exposure. Our interns are required to write reflections about the events of each day. The value of higher order thinking for both the teachers and their students is well established in the literature.

The Value of Fairness and of a Safe-School Environment

Fairness and safe-school environment accounted for 6% of the variance in teacher effectiveness. Students need to be treated fairly by teachers and by other students. Students need to be assured that their work will be evaluated fairly by teachers. They also need to be assured that they will not be bullied by classmates. Most states have passed laws during the past decade to deal with bullying. Teachers and administrators should do their part in enforcing these long-overdue laws.

Professionalism, Responsibility, and Efficacy

Professionalism accounted for about 5% of the variance in teacher effectiveness. At least two Domain D items loaded on each of the four factors. Professionalism must be part of everything that a teacher does. Professionalism is ex-



pressed in the effort level that teachers show in always being prepared for classes, in the preparedness that teachers show in adopting and implementing classroom management strategies, in the ways that teachers treat other teachers and administrators, and in the ways that teachers seek interactions with parents.

Other Variance

About 41% of the variance was not accounted for by the model. This variance in teaching effectiveness was scattered among many small categories. With the high reliability and small error of measurement, it was not believed that measurement error was a large factor. Many small but essential behaviors comprise effective teaching. They add in small but incremental ways to the total amount of student learning that takes place.

CONCLUSIONS

After years of utilizing the *Formative Observation and Intervention* form, this study helps the observer to be able to have a discussion with interns about the importance of planning. As professionals, we often try to stress this to preservice teachers, but without much success. Now we have a number that we can place on what is really important and to what degree planning is important. That number is 41% of their success. This information can help to give concrete evidence to students as well as teachers how important their planning can be.

Knowing what areas make a real difference can also help with planning on the part of the university. It seems crucial to spend time training our pre-service teachers in the skill of planning. Therefore, it is important to spend the time in our courses with specific training on the importance and the methodology in specifically how to plan for teaching.

The values of teacher reflection and of student higher-order thinking are well established in the literature. When teachers reflect, they are able to "re-experience" a lesson many times over and to learn from both their successes and failures. Students absorb, rearrange content, and store it in long-term memory in ways that are personal and idio-syncratic to each of them. Reflection and higher-order thinking should continue to be emphasized, regardless of the grade level of the teachers and students involved.

Fairness and safe-school environment have arisen as significant factors especially in the past twenty years. Incidents such as those in Jonesboro, Arkansas, Columbine, Colorado, and Virginia Tech have given a heightened awareness of the need to feel secure. Without these feelings of security, higher-order thinking and reflection are not likely to occur (Maslow, in Ormrod, 2004, pp. 432-433). In the past generation, our society has become more aware of bullying and the long-term, negative effects of bullying. Students need to feel safe not only from the forces outside of the class-room, but also from those that are within.

The factor of professionalism, responsibility, and efficacy lies not only in the interactions with other teachers and parents, but goes much deeper. It involves the teacher caring about their profession. It involves the teacher taking on the responsibility for their students learning. Interestingly, without good daily planning, it is nearly impossible for any of this to happen. In conclusion, it all comes back to planning. Without substantial effort and skill in this area, the intern or teacher cannot effectively establish a classroom of learning that is fair, safe, elicits higher order thinking, or enables students to grow in a productive manner. We, as teacher educators, must be prepared to model and teach these skills to our pre-service teachers and to our interns in order to enhance their opportunities to succeed and become effective teachers.

RECOMMENDATIONS

A recommendation for future research would be to further explore which kinds of planning seem to enhance teacher effectiveness the most. It is likely that all forms of planning are not equally productive.

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VOLUME 2, ISSUE 1

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Dr. Sid T. Womack has been in education for 40 years. He began teaching as a band director in 1972 in Trinity, Texas, after completing a Bachelor of Music Education degree from Abilene Christian College. Although successful as a music educator, he took a different direction on graduate degrees in view of position availability for music educators, particularly in higher education, in the 1970s. After completing his Master of Education degree in elementary education and special education at Sam Houston State University in Huntsville, Texas, in 1974, he taught high school special education for a year and then fourth grade in Madisonville, Texas, for a year, preparing a diversified set of experiences for his eventual college audiences. He completed his Ph.D. in educational curriculum and instruction with a concentration in elementary education from Texas A&M in 1979. He returned to public school teaching in the 1980s during turbulent economic times in higher education, teaching secondary emotionally disturbed and learning disabled students in secondary schools in Texas and Oklahoma. In the 1980s, he returned to graduate school at Sam Houston State University to complete certification work in educational leadership. He has held certificates for the principalship in both Oklahoma and Texas. Dr. Womack is now professor of secondary education at Arkansas Tech University, where he has been for the past 26 years. He has written over 50 juried articles and made over two dozen refereed presentations on elementary and secondary education, special education, educational psychology (his doctoral minor) and educational leadership. He is a board member for a childrens' home in Arkansas. He is an elder in the church where he attends. His email address is swomack@atu.edu.

Dr. Shellie Hannah has been in education since 1992. After completing a degree in History and Political Science in 1988 and completing teacher education certification in 1990 from Arkansas Tech University, she added an Arkansas English licensure the following year. Dr. Hanna taught social studies in the Russellville School district in Arkansas for four years. She later completed a Master's degree in Physical Education at Arkansas Tech in 2002. She began teaching at Arkansas Tech in 2006 and recently completed her doctorate in educational leadership with a concentrations in curriculum and instruction at Oral Roberts University in Tulsa, Oklahoma, in May 2009. She is a recognized leader for health and fitness on the Arkansas Tech University Campus. She directs Tech Fit, a fitness center which serves over a thousand students and faculty; manages a team of 10-15 employees; and teaches courses in wellness science, physical education, and physical fitness. Dr. Hanna performs presentations at local, state, and national levels that deal with both teaching strategies and physical fitness issues. She also teaches fitness classes for a local fitness center and is



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