Quick response leads to teen's saved life

Students say athletic training program helped prepare them for emergencies

By Rebecca Dell
Staff Reporter

It’s demanding. It’s time consuming. It’s not for everyone. But for students who make the cut, athletic training isn’t a walk in the park, nor are two students recently experienced, it can be a life-saver.

Caitlin Foster of Hol­lenbeck and Emily Nickles of White Deer, Texas, senior athletic training students, recently responded to the threat of death with poise and professionalism.

When an athlete at Yukon High School started showing symptoms of anaphylactic shock last November, Nickles was one of the first students to notice. Foster, a junior, accompanied the athlete to her locker for her EpiPen. Once there, Foster watched as Nickles administered the EpiPen. Foster took the athlete to the restroom upon request. The athlete began gasping for air and felt faint, so Foster administered the EpiPen, Foster and Nickles accompanied the athlete to the event center at 580.774.3700. They communicated with superiors while Nickles administered the EpiPen and reported them to her stor­age. Foster and Nickles administered the EpiPen, Foster and Nickles communicated with the athlete. About that time, Emergency Medical Services showed up and the first responders were able to give the athlete an IV and transport her to the hospital.

"It was kind of a re­freshing since it has been so long since I took an EMT class," Foster said.

Foster, a certified EMT, attended the athlete’s event and reported to her superior while Nick­les communicated with the athlete. About that time, Emergency Medical Services showed up and first responders were able to give the athlete an IV and transport her to the hospital.

"It was kind of a re­freshing since it has been so long since I took an EMT class," Foster said.

The certified re­sumes overseeing Foster and Nickles could only impress with these hiring "We do such a good job that there was no more medical care needed," when the athlete arrived at the hospital. "They followed protocol exactly. They knew the severity of the threat."
Trainers from page 1

Athletic Training student Jessica Ranerup helps athletes in the Athletic Training lab as part of her studies.

Trainers from page 1

Campus nurse offers shots to prevent flu

By Ben-Ashe Kintz

As the weather changes and more people stay indoors, the threat of getting the flu increases.

To prevent this, many people are getting flu shots. There are many locations on campus where students can receive flu shots or have questions answered.

The office hours of the health care center is from 8:30 a.m. to 4:30 p.m. Monday through Friday while class is in session.

Laura Smith, the University Nurse, can be reached at (580) 774-3014. Laura.smith@swosu.edu

According to Centers for Disease Control and Prevention, Influenza is a serious disease that can lead to life-threatening complications even during early phases of the season is different, and influenza infection can affect people differently. Even healthy people can get very sick from influenza each year.

Over a period of 31 seasons between 1976 and 2007, the annual associated deaths in the United States range from a low of about 3,000 to a high of about 49,000 people. During a regular flu season, about 90 percent of deaths occur in people 65 years of age and older.

Several vaccine choices are available for the 2014-2015 season.

Traditional flu vaccines made to protect against three different flu viruses (called “trivalent” vaccines) are available. In addition, the vaccines also protect against four different flu viruses (called “quadrivalent” vaccines) are also available.

The quadrivalent vaccine protects against two influenza A viruses (an H1N1 and an H3N2) and two influenza B viruses. The following quadrivalent flu vaccines are available:

- A quadrivalent nasal vaccine, approved for people 2 through 49 years of age (recommended for people under 18 years of age who do not have a history of asthma or have a history of wheezing). The quadrivalent nasal spray vaccine is approved for people 2 through 49 years of age. It is approved for children 2 years through 8 years old when immediately available and there are no contraindications or precautions.

The opinions expressed within signed editorials are those of the writers; the opinions expressed in unsigned, boxed editorials are the opinion of the editor or editors. The Southwestern is the student newspaper of Southwestern Oklahoma State University. It is published every Wednesday during the fall and spring semesters, except during holidays and final weeks. Students in the editorial serve as section editors, and editors-in-chief in the news gathering and reporting class serve as associate editors.

The editorial board meets every Wednesday at 7:00 p.m. in the journalism lab. Comments or questions are also accepted via email, thesouthwestern@swosu.edu.
We will make its annual Jazz Ensemble touring and hosting concerts at high schools in Elk City, Altus, Moore, Southmoore and Midwest at 3 p.m. concert on November 9, at 3 p.m. in the Fine Arts Center. The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.

Members of Jazz Ensemble “B” are saxophone—Devin Betten, Lawton; trombone—Myles Madden, Clin­

The concert is free and open to the public. For more information, contact the Department of Music Office at 580-774-3708.
There are thousands of different colleges across the United States, and many schools have the same mascot. Sometimes, that leads to arguments and even lawsuits.

Recently Oklahoma State University filed a lawsuit against New Mexico State for having the same mascot as it does. “Pistol Pete,” according to KQRE News 13, the suit claims that New Mexico State’s mascot is “confusingly similar” to its own. OSU claims they had the mascot first and trademarked it and then New Mexico State copied it.

SWOSU’s mascot is Duke the Bulldog, but the university is not planning to argue with other universities who have a bulldog mascot.

One of the obvious colleges with a bulldog mascot is that of Yale University with its bulldog, Handsome Dan. Yale has had 17 Handsome Dan bulldogs over the years. There are several other schools with bulldog mascots.

According to the school’s Centennial book, SWOSU student Charles Ray Morris III thinks it is a good thing that there are other schools with the same mascot.

However, Morris said that we should look into suing a school that has “Duke” the bulldog as their mascot. According to www.doggintonpost.com some other schools with bulldog mascots are:

- Drake University in Des Moines, Iowa
- Butler University in Indianapolis, Indiana
- Adrian College in Adrian, Michigan
- University of Redland in Redlands, California
- Mississippi State in Starkville, Mississippi
- Western Illinois University in Macomb, Illinois
- Georgetown University in Washington, D.C.
- University of Georgia in Athens, Georgia

SWOSU student Jamar Davis doesn’t appreciate another school having the same mascot as us.

“When I think of Bulldogs, I think of SWOSU,” said Davis.

Dave said that he thinks we should sue any school with the same mascot, “We should be the only Bulldogs.”

 Mention of the SWOSU Bulldogs has been dated back around the 1920s. When head coach Joe B. Milam led them to a conference championship in 1926. However, our school colors date back to the 1900s. According to the 1901-2001 SWOSU Centennial, the only proxy the athletic organization can afford were white and navy.

“In 1906, at an assembly program, the blue and white uniforms which details the real-life story of professional football player Michael Oher.

Michael, nicknamed Big Mike, is a black teenager growing up in Memphs, Tenn., who has been in several foster homes because his mother has drug addiction. Michael always escapes from the families and runs away. He’s homeless.

However, things change when he meets Leigh Anne Tuohy, a wealthy housewife. They take him to their house and he becomes a member of the Tuohy family. Throughout the movie, the family does not think he is different.

When Michael is alone in the school, Collins comes to him, “Just looking at me like that, I mean, we sit together at home.” She shows him her affection of a family member.

Actually, Michael has a talent to become a football player. At first, he does not know how to play football. Through the coach and Leigh Anne’s inspiration, he learns how to protect his team players as he protects his family.

“If he is your family, Michael,” said Leigh Anne.

When you look at him, you think of SJ, how you never let anyone or anything to hurt him.” Learning the strategy, Michael becomes an outstanding football player.

I really fond of The Blind Side which makes me understand the relationship of a family. It’s not matter if you do not have the blood relation to a family; they still treat you as important as their family member.

“What do you mean, you threaten me, said Leigh Anne. That’s how strong a family can be.

Furthermore, another lesson I learned is that being proud of yourself and others will be proud of you.

“It is important to meet a right person. However, your attitude is the most important to determine who you are,” said Yu-Hsuan, a student in SWOSU.

Judging by the appearance is not fair, only considering if you or anyone else is the athletic organization can afford were white and navy.

“Don’t underestimate anyone by his or her color or how he or she looks like,” said Reem.

The Blind Side won Favorite Drama Movie in Teen Choice Awards 2009. Also, Sandra Bullock won the Academy Award for the best performance actress as a leading role.

--Kassidy House
The Crimson Storm scored with 1:46 left in the first half. On Saturday, Collins again reached paydirt with a 1-yard touchdown run by Lorenzo Hodge and a blocked punt by Daylan Dial in the end zone, putting SWOSU up 21-14 with 2:02 to play in the second quarter, a score that would hold up until halftime in the game.

SWOSU’s defense came up clutch, making two fourth-down stops deep in their own territory, but SNU finally tied the game at 21-21 on their third try with a 1-yard touchdown run by Lorenzo Alexander with 1:46 to play that forced overtime.

The Bulldogs won the toss in overtime and went on offense to start, holding SNU three-and-out and forcing a 30-yard field goal, which Boss Moon bobbled through to make it 24-21. Hodge needed little time to end the game, taking his first handoff from Ryker Odlow and breaking around the left side and tip-toeing down the sideline for the 25-yard touchdown.

Hodge finished with a career-best 172 yards on the ground—more than half of SWOSU’s total offense—and also tallied a career best three rushing touchdowns.

Cameron Nix added 45 yards on eight carries while the SWOSU passing game was held to just 6-of-18 passing for 64 yards and one interception.

Defensively, SNU allowed 352 yards to the SNU offense but buckled down when they needed to and got several key stops. Tyler George and Tanner Down played key roles as they helped the Bulldog defense come up clutch, stopping the SNU offense on fourth down inside the three when they needed to.

For the second time in her career and the first time this season, senior volleyball hitter Joey Collins has been named the Great American Conference Offensive Player of the Week. She shares the award with Tasha Evans from Arkansas-Monticello.

Collins had a great week as she helped the Bulldogs go 2-2 against a stiff lineup in competition. She finished with 73 kills (44/29) while hitting .320 in five-set matches.

Collins became the first player in SNU history to top the 3,000-attack mark for the year and she receded her 908th career kill, becoming the second Bulldog to reach that milestone.

Running back Karl Hodge accounted for 172 yards and three touchdowns Saturday against SNU.

Soccer team loses final home game to Angelo State, 2-0

Weathersford, Okla. – Randy Carleberry was co-Player of the Day for the SWOSU Soccer Team as they fell 2-0 to the visiting Ramsbilles of Angelo State.

The first half was madly hectic as each of the two sides really pushed through on shots, ending up with a 6-3 split. ASU also had the only shot on goal in the first 45 minutes, but Courtney Flowers made an easy save to preserve parity between the teams.

No. 25 ASU stepped up the pressure in the second half, outscoring the Bulldogs 3-0. The opening goal came in the 53rd minute. SWOSU committed a foul midway through the second half that gave ASU a free kick from the top-10 yard box. DeLayni Fine put down seven kills and hit a team-best .385 while also filling out her stat sheet with three digs and nine assists.

Collins named Conference Player of the Week

Collins had a great week as she helped the Bulldogs go 2-2 against a stiff lineup in competition. She finished with 73 kills (44/29) while hitting .320 in five-set matches.

Collins became the first player in SNU history to top the 3,000-attack mark for the year and she receded her 908th career kill, becoming the second Bulldog to reach that milestone.

Joey Collins

She also set a new SWOSU single-match record with 68 attacking attempts against SNU and she came up clutch for the Bulldogs, with eight kills in the fifth and deciding sets of three of the matches.

A native of Finney, Texas, Collins earned the GAC Player of the Week award by a Bulldog since the conference’s beginning in 2011. She joins Ash Lee Cole as the only players to earn multiple Player of the Week awards, with Collins also earning the offensive award has year on October 6.

Midwestern State took control of SWOSU early on Senior Night and handed the Bulldogs a 3-1 (14-25, 22-25, 25-15, 21-25) defeat on Monday evening at the Pioneer Cougar Classic Arena.

In her final home appearance, Joey Collins led the Bulldogs with 10 kills and six blocks while playing in style with 10 blocks (5 solo, 9 assist), the third-most in a match in school history. Brimstedter led the Bulldogs blocking attack that finished with 35 total blocks, also the third-most in a match at SNU. Bradly Mader nearly secured a triple-double with 18 assists, 10 digs and eight blocks.

Shaye Hulsey reached second on the team with eight kills and Myriah Elsom matched a double-double with 11 assists and 13 digs. In the first start of her career, Delani Fine put down seven kills and hit a career-best .182 while also filling out her stat sheet with three digs and nine assists.

Shaye Hulsey ranked second on the team with eight kills and Myriah Elsom matched a double-double with 11 assists and 13 digs. In the first start of her career, Delani Fine put down seven kills and hit a career-best .182 while also filling out her stat sheet with three digs and nine assists.

The Bulldogs conclude the season with a 2-13-3 record.
Sudoku

Can’t Be Missed Events
By Garrett Chambless

Alcohol Awareness

Come hang out at Neff Hall on Thursday, Nov. 6th and join in on the discussion over the dangers of underage drinking. Discussion topics will include the dangers of drinking and driving, underage drinking and binge-drinking. Afterward, we’ll be playing root beer pong. This informative social event starts at 7 p.m. and is open to everyone and will be held in the Neff Hall Lobby. Snacks and drinks will be provided, so come on out and bring a friend and have a good time with us!!

Res Life Spotlight
by Zach Lester

Timothy Hughes
Hometown: Orlando, FL
Classification: Freshman
Residence Hall: Pre-Pharm

Meet Timothy Hughes. He enjoys playing video games, strumming some sick tunes on his guitar, and pulling some surreal jiu-jitsu tricks. You might not know this but he is extremely great at making jokes on the spot. He plans to become one of our nation’s finest licensed pharmacists, and his life motto is “Walk softly and carry a big stick.”

Meet a Res Life Person
by: Aj Maloco

Dalton Skipworth
Hometown: Mountain View, OK
Classification: Sophomore
Major: Occupational Therapy
Residence Hall: Neff Hall

Dalton Skipworth is a sophomore studying Occupational Therapy here at SWOSU. Dalton is a friendly guy who likes hanging out at other residential halls and talking from time to time. His favorite games to play are the Assassins Creed Saga and League of Legends. When asked what he wished he could be better at, he said he wish he could be better at dancing. Dalton’s favorite type of music is Christian Rock. If Dalton were to turn into an animal, he would be a Rhino, because who wants to mess with a rhino? Come meet Dalton Skipworth at Neff Hall!

Clay’s Corner
By: Clay Brooks

“Regret nothing because at that time it was exactly what you wanted.” This anonymous quote may bring a smile or a frown to the faces of those reading this. As painful or joyous as these words are, they ring true for all of us. Use these words as more of a calling to live life to the fullest. It is true that these are the days that we will all look back on with much joy and feeling. Now, do not misunderstand. These words are not a calling to live with reckless abandon. Living life to the fullest is a term that is specific to each person. My version of living may be different than yours. Use this quote as a window to look back on your life with pride instead of regret.

ResLife Happenings

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Guardians of the Galaxy</td>
<td>Nov 17th</td>
<td>Fine Arts Center</td>
</tr>
<tr>
<td>ResLife Tailgate</td>
<td>Nov 19th at 9am</td>
<td>Milam Stadium</td>
</tr>
<tr>
<td>Thanksgiving Break Begins!</td>
<td>Nov 25th</td>
<td>Campus Wide</td>
</tr>
<tr>
<td>Girls Night In</td>
<td>Nov 6th at 9pm</td>
<td>Ok Hall Lobby</td>
</tr>
<tr>
<td>Open Mic Night</td>
<td>Nov 21st at 9pm</td>
<td>Ok Hall Lobby</td>
</tr>
<tr>
<td>Locating Good Under the Hood</td>
<td>Nov 21st at 8pm</td>
<td>Logan Hall Lobby</td>
</tr>
<tr>
<td>Clay’s Clash Club</td>
<td>Nov 21st at 8pm</td>
<td>Rogers Lobby</td>
</tr>
<tr>
<td>Movie Night</td>
<td>Nov 21st at 8pm</td>
<td>Roger Lobby</td>
</tr>
<tr>
<td>Dead or Alive Ceremony</td>
<td>Nov 21st at 8pm</td>
<td>Jefferson Lobby</td>
</tr>
<tr>
<td>Alcohol Awareness</td>
<td>Nov 20th at 6pm</td>
<td>Neff Hall Lobby</td>
</tr>
<tr>
<td>ACF Reunion</td>
<td>Nov 20th at 5pm</td>
<td>Neff Hall Lobby</td>
</tr>
<tr>
<td>Billiards: Ping Pong, and Darts Every Day!</td>
<td>Nov 20th at 5pm</td>
<td>Neff Hall Lobby</td>
</tr>
<tr>
<td>Inked and Pierced</td>
<td>Nov 20th at 7pm</td>
<td>Stewart Hall Lobby</td>
</tr>
<tr>
<td>Study Tips and Lots of Dips</td>
<td>Nov 20th at 7pm</td>
<td>Stewart Hall Lobby</td>
</tr>
</tbody>
</table>