



2-24-2016

Volume 109 Issue 17

Southwestern Oklahoma State University

Follow this and additional works at: https://dc.swosu.edu/the_southwestern

Recommended Citation

Southwestern Oklahoma State University, "Volume 109 Issue 17" (2016). *The Southwestern*. 9.
https://dc.swosu.edu/the_southwestern/9

This Book is brought to you for free and open access by the Newspapers at SWOSU Digital Commons. It has been accepted for inclusion in The Southwestern by an authorized administrator of SWOSU Digital Commons. An ADA compliant document is available upon request. For more information, please contact phillip.fitzsimmons@swosu.edu.



The Southwestern 707501
100 Campus Drive
Weatherford, OK 73096
RETURN SERVICE REQUESTED

Nonprofit Organization
U.S. POSTAGE PAID
Weatherford, OK 73096
Permit No. 57

The Southwestern

Southwestern Oklahoma State University's Student Publication

Volume 109 Issue 17 • February 24, 2016

Food



EL PATIO REVIEW
--page 5

Men's Basketball



SWEEP OF OBU
--page 5

Women's Basketball



WIN STREAK SNAPPED
--page 5

Top events coming up at SWOSU

- **Bulldog Blitz Talent Show** — Thursday, Feb. 25, at 6 p.m. in the Fine Arts Center.
- **Wind Symphony/Symphonic Band/Community Band Concert** — Friday, Feb. 26, at 7 p.m. at the WHS Performing Arts Center.
- **Sayre Campus Blood Drive** — Wednesday, March 2, from 10 a.m. to 3 p.m., Room 111.

WEEKLY WEATHER

SOURCE: WEATHER.COM

WED	THUR	FRI
59/32	56/31	63/37
SAT	SUN	MON
71/47	72/38	64/40



Acrobats bring show to campus March 1

The Peking Acrobats will bring their show to Southwestern on March 1 as part of the Panorama series. Tickets are available on stubwire.com and 877.990.7882. A limited number of tickets will be available in the SWOSU Public Relations & Marketing Office, Room 205, Administration Building. The event begins at 7:30 p.m. in the Fine Arts Center.



Mazie Earl and Mason Howe work on the SWOSU greenhouse in preparation for the Biology Club's Plant Sale in April. (Photo by Amber Bachiochi)

Greenhouse workers Staying green in the middle of the winter

By Amber Bachiochi
Staff Reporter

The members of the SWOSU Biology Club are preparing for their upcoming plant sale by working in the on-campus greenhouses. Since Feb. 2, members have been meeting every Tuesday from 6 to 7 p.m. to tend a wide variety of greenery. Under the guidance of Biology Club sponsor Dr. Lisa Boggs and former SWOSU instructor Dr. Bill Seibert, the students have learned about different soil mixtures, how to correctly report a plant, and other things that senior Mason Howe believes should be considered common knowledge.

see Plant sale on page 2



Glow 5K seeks runners

By Conner Kent
Staff Reporter

The *Glowing for a Cure* 5K and 1 mile walk/run is scheduled for Thursday, March 31 beginning at 5 p.m. on the Southwestern campus with all proceeds going to the American Cancer Society. Numerous organizations have been strong supporters including Phi Delta Chi and the College of Pharmacy. Students are getting excited to promote the special event, including senior Katie Hawkins. "I believe we have spread the word and reached enough people, not only to be aware of this event, but to actually participate in it," Hawkins said. "I can't wait to see just how big of an impact it can have on not just the volunteers and the runners, but also the overall awareness we have brought to light within the community."

see 5K on page 3

Book study launches on campus

By MaKenli Ladd
Staff Reporter

An eight-week book study of Brene Brown's best-seller *The Gifts of Imperfection* starts Feb. 18. The study will be every Thursday from 12 to 1 p.m. in room 201 of the Stafford Building. To actively participate in the study it is asked that you purchase the book, which is available on amazon.com for \$8.66. Lunch will be provided during this book study, but donations are appreciated. This on-campus event is open to students, faculty, and anyone in the

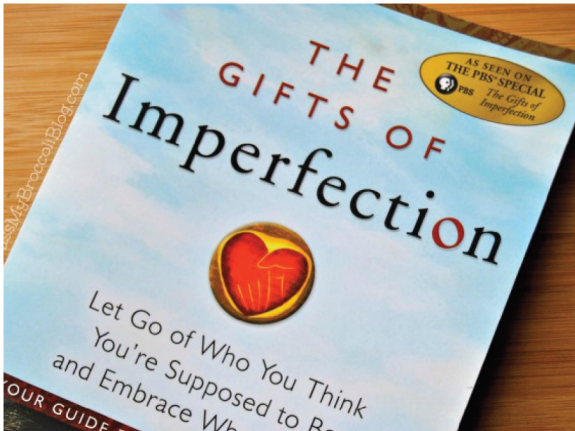


Photo courtesy amyvolk.com

community that is interested. Throughout this book the author leads the reader through her ten guideposts, encouraging your heart and mind to be courageous in living a fulfilling life. The book also focuses on break-

ing out of the mindset of being perfect and focusing on self-love even when you have a million things dragging you down. Carol Waters, a campus minister from the Grace House, hopes to make the book study a safe community to encourage other people to live a life they can love. "This book was incredibly helpful to me," Waters said. "This is something I think will help others. We all struggle with who we think others want us to be, and I think this book will relate easily to people of all ages and backgrounds." To register for this book exploration contact Carol Waters at 580-660-0891 or email: cspeckwaters@yahoo.com.

NEWS

Where would you rather work? *home vs office*

By Michelle Taylor
Staff Reporter

In today’s changing workplace, there are more options than ever to work from home as opposed to working in an office.

A 2013 survey from Sodahead.com found that 70% of respondents prefer to work from home.

Student Stephanie Costello has worked both in an office setting as well as working out of the home as a transcriptionist.

Costello said both have advantages and disadvantages.

“It would just depend on the job. Working as a transcriptionist I was able to make my own hours and was able to stay home with my children,” Costello said.

She said the advantages of working at home include no childcare costs, a relaxed atmosphere, no boss, and no travel expenses.

The disadvantages are the need to manage time properly, interruptions from children, and no social interaction with co-workers.

Costello said the advantage of working in an office is the social interaction with co-workers. Its disadvantages were interruptions from bosses, coworkers, and customers; and the worry of being on time or missing work because kids are sick.



Photo courtesy upwork.com

Costello agreed that a person would have to have a great amount of focus, dedication, accountability, and motivation to work from home.

"I didn't have a boss watching over me, but I had a responsibility to my clients to get my letters typed and returned as soon as possible," she said.

Costello has advice for anyone who has to choose between working at home and the office.

“If they are raising a family I would suggest working from home. It was one of the best decisions I made because I made money and got to watch my kids grow up,” Costello said. “If you find an opportunity it is worth trying in my opinion.”

Sexual Orientation Diversity Association re-starts

By Elizabeth Fuller
Staff Reporter

After three years of absence, the Sexual Orientation Diversity Association has officially re-started.

Many students have never heard of this organization, or simply don’t know what it is.

“We’re here for everybody,” said Elaine Davies, communications professor and club advisor. “SODA is

an inclusive organization.” SODA is a club for every gender, religion, and sexual orientation. This is a safe place free of judgment.

“I believe SODA is beneficial for every student” said Dusten Lynn, the organization’s public relations officer.

“It’s a place where you can find yourself, and a place where you can have self-assurance,”

Many students come from all over the world to college and have no idea

who they are. Being a college student is hard enough, but not having a place to go is even worse.

The main message of SODA is being a non-judgmental, inclusive organization.

“Besides, all of us here are just humans,”

On April 8, SODA will host a masquerade prom in Student Union Ballroom. More details are to be announced.

Plant Sale from page 1

The sale will take place on Thursday, April 21 in the lobby of the Memorial Student Union. It will begin at 8 a.m. and last through late afternoon.

Plants that will be available for the sale include agave, cacti, bougainvillea, rubber trees, and a variety of herbs.

“They are fun plants for college students,” said senior Elizabeth

Jansing of plants such as the smaller succulents are reasonably priced.

The last plant sale was held about two years ago, and as Jansing said, it usually brings in a good crowd.

“It was cool because it wasn’t just students—it was the Weatherford,” said Jansing.

Profits from the plant sale go back to the Biology Club, and the money is used for various commu-

nity, as well as academic activities. “The biggest of these include sending students to regional and national Tri-Beta Biology conventions and putting on the Biology Department’s annual banquet,” said Boggs,

Students who are not part of the Biology Club are welcome to visit the greenhouse located east of the Old Science Building—on Tuesdays at the scheduled time.

Glow Run from page 1

Pre-registration fees should be submitted by March 10 and is \$35 for the 5k and \$20 for the 1-mile walk/run. Registration fee after March 10, and on race day is \$50 for the 5K and \$25 for the 1-mile walk/run.

The 1-mile walk/run will begin at 7 p.m. and the 5K will begin at 8 p.m. at the Southwestern clock tower.

Free Glow Walk/Run t-shirts are guaranteed to all participants who register by Mar. 10. Medals will be awarded to the top 3 placing females and males in the 5K, along with fun awards to 1 mile and 5K participants and volunteers. Gifts such as Beanery Bucks, goodie bags, glow giveaways, and door prizes will also be provided.

Glow activities include interactive booths and games hosted by Southwestern organizations and other 5K supporters.

For more information, email SWQSU5K@student.swosu.edu or call/text 405-305-4285. There is also a Facebook page for the event under [Glowing4aCancerCure](#).



Photo courtesy cultofmac.com

Best apps for students

By Bailey Hood
Staff Reporter

If you look around today you will most likely see a cell phone out no matter where you are. On our beloved phones we have apps. Now these things can be very productive or very destructive.

Maci Glasscock, Junior says that apps are very productive. On her phone, she has lots of things like a meditation app, an alarm clock, to do list maker, and reminders.” She also has health and fitness apps like the fitbit app, which tracks your steps and a place to log your food for the day it can also track your sleep so you know how long you slept and when you were restless. She has an app that tracks her exercise when she runs or goes to the gym. If you use the right apps they can make life so much easier and better for you just as long as you stay away from apps like candy crush.

The top 10 apps of the week are: Day One- Journal app, Kindle- for reading, Sims- a game, Fitbit- health and fitness, Sleep Cycle- a sleep tracking app, Facetune- a selfie photo editor, Heads Up- game, SayHi- translation app, Skyguide- for star viewing, Buzzfeed- lifestyle.

The Southwestern Spring 2016

News Editor.....	Maggie Tran
Online Editor	Raven White
Features Editor	Hannah Flaherty
Publications Manager	Laura Howe
Advertising Manager.....	Kierra Prewitt
Photographers.....	Riley Roberson,
.....	Maggie Tran, Nakota Taylor
Staff Reporters.....	Amber Bachiochi, Bayli Blanchard
.....	Elizabeth Fuller, Kelsie Gerlach, Brooke Harden,
.....	Bailey Hood, Maxwell Jirak, Conner Kent,
.....	Makenli Ladd, Katie Lafferty, Ayo Ojo, Caylie Patton,
.....	Jennifer Steiner, Michelle Taylor, Andikan Usanga

Editing Staff.....	Amber Bachiochi, Bayli Blanchard
.....	Tariq Carey, Hunter Green, Bailey Hood,
.....	Maxwell Jirak, Bailey Kephart, Katie Lafferty,
.....	Delmi Menendez, Ayo Ojo, Saul Pina, Bradley Rowson,
.....	Jennifer Steiner, Jessica Tortorelli, Amber Trogon

THE SOUTHWESTERN is the student newspaper of Southwestern Oklahoma State University. It is published every Wednesday during the fall and spring semesters, except during holidays and finals week. Students in the editing class serve as section editors, and students in the news gathering and reporting class serve as writers. The editorial board meets every Wednesday at 2:00 p.m. in the journalism lab, Campbell 211.

THE SOUTHWESTERN encourages comments from the student body, faculty, and administration in the form of letters to the editor. All letters must include a name for consideration; however, the name may be withheld upon request. The opinions expressed within signed editorials are the opinions of the writers; the opinions expressed in unsigned, boxed editorials are the opinion of the staff. Neither is necessarily the opinion of the university administration, staff or faculty.

The Southwestern
Southwestern Oklahoma State University
100 Campus Drive
Weatherford, OK 73096
(580) 774-3065
thesouthwestern@swosu.edu

AUTO CONCEPTS

\$150 4-door car or truck window tint

909 South 10th
Clinton
580-323-1122

window tint

leer toppers

remote start

DVD systems

NEWS

Can Social Media be used for Stalking?

By Brooke Harden
Staff Reporter

Social media has changed lifestyles, but sometimes with terrifying results. Apps and programs that bring people close can and have been used for stalking, or even worse.

There is no denying that social media is something that most young adults and teenagers are accustomed to; even the older adults are adapting to the social media craze. However, can social media be used to cause harm and danger to unknowing subjects?

Student Dylan Biggs thinks that social media is a tool that is definitely used for stalking and can be very dangerous.

“Everyone has heard of a story that someone’s house was broken into when on vacation because they put it on Facebook that they were gone,” Biggs said. “Or that someone was hurt or killed because they believed that the person that they were talking to on the internet was someone that they could trust.”

Not only is social media a tool for stalking, there have been reports that online shopping sites have been



Photo courtesy southern california defense blog.com

used for stalking. A sample by [Women’s Aid](#) and [Network for Surviving Stalking](#), shows just how harmful using these websites can be.

“One woman detailed in the report failed to change her eBay password after separating from an abusive partner. He tracked her use of the site online and when she bought something he contacted the seller claiming the item had not arrived and asking the seller to verify the address. Armed with his ex-partner’s new address, he found her, and targeted her in an attack that left her blind in one eye,” the organization reported.

There are a few ways to protect yourself from unwanted attention to

yourself and also to your personal belongings. It is always the best idea to refrain from posting about leaving for your vacation, but if you can’t help yourself, try asking a friend or a neighbor to look over your house and vehicles while you are gone.

The smartest thing you can do to stay better protected from

stalking is to change your privacy settings and block them. Remember: there is no need to panic, just stay safe. If you notice someone is trying to stalk you, or you notice something amiss, report them. Make sure to tell your friends about it; the more people that know about your situation, the better.

Never trust someone on the Internet that you haven’t met before. It happens every day; people think that they can trust someone, but that person is taking advantage of them, trying to get them to meet them. Don’t go. You don’t know them, and you don’t know what they are capable of.

Cool ice-cream flavors to try

By Caylie Patton
Staff Reporter

Ice cream is a global favorite. Whether it’s in the dead of summer or there is three feet of snow outside, there is something comforting and refreshing about a big dip of this cool treat. Sometimes regular chocolate and vanilla just does not cut it, so here are some of the most unusual flavors of ice cream.

Cold Sweat – This concoction is made with peppers, extracts, and hot sauce so hot that you have to sign a waiver to try it.

Heartbeats- This flavor consists of beet ice cream and fudge ripple.

Honey Blue Cheese- A savory medley of blue cheese and honey.

Avocado- You guessed it! Avocado in your guacamole, avocado in your ice cream.

Maple Bacon Brittle- With bacon being such a hot topic, why not add it to your ice cream?

Garlic- You will need a toothbrush after this snack, but at least it will keep the vampires away.

Sriracha- Add an extra kick to your burrito or your ice cream.

Asparagus- Maybe this will finally get you to eat your vegetables.



Photo courtesy snowball machinery.com

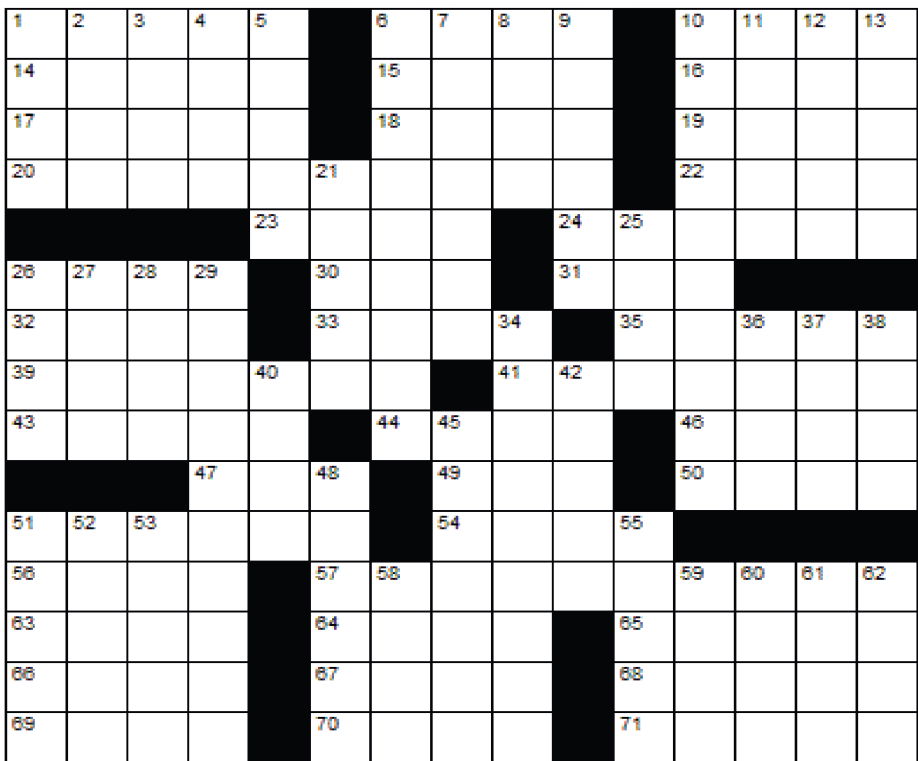
Lobster- Chunks, butter, ice cream. Dinner and dessert all in one.

Squid Ink- Instead of a chocolate and vanilla twist you can have a squid ink and vanilla twist!

These flavors aren’t offered anywhere in Weatherford, however, you can find many recipes online to make your own! Braums offers a few less risky options such as Amaretto Peach Charlotte and Bordeaux Cherry Amaretto that are still a shake up from traditional flavors.

Crossword (courtesy of mirroreyes.com)

- ACROSS**
- Straddles
 - Pulp
 - Awakened
 - Abatement
 - Savvy about
 - Hotels
 - Fragrance
 - Smell
 - Untruths
 - Ramshackle
 - Handout
 - 62 in Roman numerals
 - Happenings
 - Trail
 - Hotel
 - Bar bill
 - Pearly-shelled mussel
 - Lower limbs
 - Lists of dishes available
 - Wax lights
 - Pacify
 - Mournful poem
 - Peddle
 - Gush
 - Historic period
 - 52 in Roman numerals
 - Small slender gull
 - Intensify
 - Always
 - River of Spain
 - Constant
 - A titled peer of the realm
 - Protective ditch
 - Great fear
 - Whip
 - Stake
 - "Beau ____"
 - Container weight
 - Dregs
 - Consumed



- DOWN**
- Thin strip
 - South American country
 - "Smallest" particle
 - Deaden
 - A stone fragment
 - Sullenness
 - Demise
 - Put away
 - Vespid wasp
 - African antelope
 - Scallion
 - Genuflected
 - S S S S
 - Banish
 - Seductress
 - Brownish purple
 - A Freudian stage
 - Prong
 - Miscellany
 - Drools
 - Back of the neck
 - End ____
 - Stitched
 - Stringed instrument
 - Anagram of "Peril"
 - Raise
 - Beast
 - Dutch pottery city
 - African virus
 - Mistake
 - Chain of hills
 - Not a single one
 - Region
 - Finest
 - Tardy
 - Biblical garden

Upcoming Events

Wednesday, February 24, 2016

All Day Music Scholarship Auditions
All Day Room and board late fees applied
10:00 AM - 1:00 PM Sayre Campus Grad Fair
12:00 PM - 1:00 PM February 2016 Insouciant
TLT Workshops
1:00 PM - 5:00 PM ACT Residual Exam
6:00 PM - 8:00 PM Physics Tutoring

Thursday, February 25, 2016

All Day Class A Area Basketball Tournament
All Day Music Scholarship Auditions
8:00 AM - 12:00 PM ACT Residual Exam
11:30 AM - 1:15 PM Free lunch at the Wesley
12:00 PM - 1:00 PM The Gifts of Imperfection
Book Exploration
5:30 PM Women’s Basketball at Henderson State University
6:00 PM - 9:00 PM Bulldog Blitz Talent Show
7:30 PM Men’s Basketball at Henderson State University

Friday, February 26, 2016

All Day Class A Area Basketball Tournament
All Day Music Scholarship Auditions
8:00 AM - 5:00 PM Southwestern Pharmacy Alumni Foundation Board Meeting
1:00 PM - 5:00 PM ACT Residual Exam
1:00 PM Softball at Southeastern OK State University (DH)
2:00 PM - 4:00 PM Baseball vs. Southeastern OK
5:00 PM Late payment fee applied to tuition and fee balances
7:00 PM - 8:00 PM Wind Symphony / Symphonic Band / Community Band Concert

Saturday, February 27, 2016

All Day Class A Area Basketball Tournament
8:30 AM Miss SWOSU & SWOSU’s Teen Winter Meeting
9:00 AM - 5:00 PM James Breckenridge Memorial Piano Competition
12:00 PM - 4:00 PM Baseball vs. Southeastern OK (DH)
12:00 PM Softball at Southeastern OK State University (DH)
1:00 PM - 3:00 PM Women’s Basketball at Ouachita Baptist University
3:00 PM Men’s Basketball at Ouachita Baptist University

Sunday, February 28, 2016

5:00 PM - 11:00 PM Phi Delta Theta Weekly Meeting
6:30 PM - 11:00 PM Sigma Sigma Chi Meeting
8:00 PM - 11:30 PM Eta Iota Sigma Meeting

Monday, February 29, 2016

All Day Enrollment for Summer 2016 and Fall 2016 begins for Freshmen, but requires advisor approval.
6:00 PM - 8:00 PM Physics Tutoring
8:00 PM - 11:00 PM Zeta Phi Meeting

Tuesday, March 01, 2016

8:30 AM - 3:30 PM Suicide Prevention Training
10:00 AM - 5:00 PM Grace House Open All Day Tuesday
11:30 AM - 1:00 PM FREE Tuesday Lunch
2:00 PM - 4:00 PM Baseball vs. University of Science and Arts OK
3:30 PM - 4:30 PM Graphic Design Association Meeting
5:30 PM - 7:00 PM Free Dinner at Grace House
6:00 PM - 7:00 PM greenhouse work night
7:30 PM - 9:30 PM Panorama Event - Peking Acrobats



Cuts Color
Walk-ins Welcome!
Waxing Facials
Hair Extensions
1119 E. Davis (Rodan Fields consultant)
580-772-1935
Eyelash Extensions

FEATURES

Plan a successful spring break trip

By Max Jirak
Staff Reporter

When thinking of what to do on Spring Break, the typical ideas usually pop up such as Cancun, a cruise, or possibly skiing. Many students have dreams of their own ultimate Spring Break experience.

A college student's typical Spring Break is heading to a beach to party, party, party, and maybe party some more, but for some they would like to spend it doing a mixture of different events.

The typical beach party is always fun; going to destinations such as Padre, Gulf Shores, and Cancun. Another way to visit beaches and other places would be to go on a cruise seeing different destinations. Gambling, sports, and dinner events can make a cruise seem like the ideal vacation.

Skiing is also one of the most popular activities to do.



Photo courtesy travel.papaya.com

In Oklahoma people usually go to either New Mexico or Colorado to hit the slopes. The problem with skiing usually is the price for the equipment, travel, and housing for the week.

A few students brainstormed on what would make the greatest spring break, Robert Bailey, Palmer Ferris, and Evan Hess' break would consist of the following

First, on the agenda would be traveling to Florida for a week, while trying to play some golf here and there.

Then a few spring baseball games in the grapefruit league.

Next, hit the beach in style for a day or two.

Last but not least, travel to Orlando to experience Disney World.

Spring Break is a time to let yourself go from the worries of school, so strive to make it the best experience possible.



Photo courtesy yelp.com

Restaurant Review

EL PATIO

By Jennifer Steiner
Staff Reporter

El Patio is a Mexican food restaurant. It is the ninth-best restaurant in Weatherford according to TripAdvisor, it is located on Washington Street in one of the strip malls.

The atmosphere of El Patio is fun and energetic. The music that plays is not too loud so couples or families can still carry on a conversation without speaking at top volume.

My husband and I were greeted and seated immediately upon entering in the bar room. Our drink order was taken within a minute of us sitting down, the drinks then arrived within another minute, and our order was placed within five minutes of us being seated.

The bar room has tiles on the floors and on most of the walls. The tiles seem to amplify the sound in the room, making it noisy. The weekend crowds cause a more obvious noise than during the week.

The waiter, Alejandro, was courteous and attentive to our needs and our questions. Alejandro pointed out options on the menu other than what I had been looking at, and his recommendation ended up being delicious.

The food was brought out promptly after ordering. It was exactly what we had ordered, hot, and full of flavor.

My husband ordered the tamale lunch combo plate with rice and beans on the side. His comprised of a pork tamale, and a beef burrito with a bit of chicken, all topped with an orange sauce. I was originally going to order two beef burritos with no sides. I asked Alejandro if I could get beans mixed in with the burritos and that is when he recommended a different item on the menu that would also come with rice and beans on the side. The burritos were exactly what I wanted and were topped with a creamy cheese sauce.

Another favorite of ours is the Taquitos Mexicanos which comes with four beef or chicken taquitos, salad, and a dollop each of sour cream and guacamole. We also enjoy their crunchy or soft tacos, as well as their fajitas. All around great food.

The staff was prompt and demonstrated excellent customer service. Everything from the moment we walked in to the moment we left was spot on.

It is definitely a favorite of ours. We enjoy going here for a casual lunch or an evening out.



Photo courtesy boston.com

In a relationship with food

By Andikan Usanga
Staff Reporter

Food is one of the basic human necessities alongside clothing and shelter. Food comes in numerous varieties, and is usually very comforting and amazing, especially when prepared properly.

Food can be comforting for various reasons, it quenches hunger, and this is common with college students who are constantly hungry.

"It's like plugging a charger to a flat battery" said Daniel Omoleye about the sensation he feels when he eats, especially when eating fruits.

Many foods can be described as "comfort foods". These include Chocolate, Ice cream or chips.

A study from the University of Leuven Belgium claimed that people, who ate comfort foods with high fatty acids, received an infusion in the brain that made them half as sad.

Movie Review



Photo courtesy youtube.com

How to be single

By Katie Iafferty
Staff Reporter

All the single ladies lined at the door on Feb 12 for the premiere of *How to Be Single*. The movie is about four single women trying to find companionship in a world where the definition of love means so many things.

The movie landed some huge actresses. Dakota Johnson plays Alice, newly single woman trying to find herself with the help of her friend Robin played by Rebel Wilson. Robin is embracing the single life with new parties and guys every night and with no care in the world. Alice's sister, Meg, played by Leslie Mann is the definition of an independent women being married to her job. With a desperate want for a baby of her own, she gets artificially inseminated. She finally has everything she wants in life when a younger man appears and turns her world upside down. Last, but not least, Lucy played

by Alison Brie, is a dating website mathematician who is convinced that the only way to meet Mr. Right is through one of the many sites.

How to Be Single is a fantastic romantic comedy. Desperately single Lucy is in one of the most hilarious scenes. In the scene, Lucy is reading a fairytale about a princess and prince charming to a group of kids and has a complete meltdown. She terrifies the kids as she tries to cut her spanx with safety scissors. She was perfect at showing just how frustrating it is to look great when trying to attract a man.

The movie is a great example of modern love and trying to figure out who you are with the help of great friends and family. If you are looking for something to do for the next girls night out I highly recommend grabbing a bag of popcorn and a large Coke and watching this romantic comedy that is sure to make for a great night with your friends.

Are reality shows reality?

By Elizabeth Fuller
Staff Reporter

Since *Survivor* started airing in 2000, reality TV has sky rocketed. On any night, several channels show reality shows.

Not all reality shows are warm and fuzzy. Shows like *Jersey Shore* and *Party Down South* have caused some controversies, such as creating stereotypes.

"I have to remind myself anytime I watch reality shows that they are edited to make people want to watch them," said Sharina Little. "Then I worry if people from other areas think all Oklahomans and Texans just sit around drinking beer and throwing each other though walls as portrayed in *Party Down South*."

In today's society, not only social media, but also shows on TV are influencing many teenagers and young



Photo courtesy cmt.com

adults. What students need to realize is, these shows are unfortunately scripted. They are in fact not reality.

According to Medical Procedure News, reality television is attributing to cosmetic surgery procedures.

More than 9.2 million procedures are performed as a result of people watching these shows.

SPORTS

Bulldogs complete season sweep of Bison

The SWOSU Men's Basketball team converted 21 offensive rebounds into 31 second-chance points as they finished off a season-sweep of GAC-newcomer Oklahoma Baptist with a 78-67 win on Saturday in Shawnee.

Martell Collins scored a team-best 24 points while Emeche Wells recorded his first double-double in a SWOSU uniform with 12 points and 11 rebounds in the win. Collin Jennings added 12 points and Ayo Ojo had 10 while Juwan Newmen also had 11 rebounds and helped SWOSU to a commanding 53-to-28 advantage on the backboards.

SWOSU did the majority of their damage in the paint, scoring 38 points in the paint compared to 18 points in close by the Bison. The Bulldogs also played a very clean game with just eight turnovers while getting five steals away from OBU.

"We played with a high level of energy, which is encouraging when you're playing your third game of the week," Bulldog head man Bob Battisti said in his post-game interview. "You have to bring your own energy when you're on the road in this league and I felt like we had more energy than them in the second half. This was a good road win, but now we have to get ready for another road trip next weekend."

SWOSU (16-10, 12-8 GAC) snaps a four-game road slide with the win and they clinch their berth in the GAC Tournament, which will be held in Bartlesville in two weeks.



Juwan Newmen goes up for a shot against OBU in an earlier home game. The men beat the Bison on the road to complete the season sweep. (Photo by Rilee Roberson)

The Bulldogs currently sit fourth in the league standings and they return to action next Thursday at Henderson State.

Women's win streak snapped in overtime defeat at OBU

SWOSU got 24 points and 16 rebounds from Janae Coffee, but Oklahoma Baptist had three players record a double-double and outlasted the Lady Bulldogs 85-81 in overtime on Saturday afternoon. The defeat snaps SWOSU's five-game winning streak and keeps them tied for second place in the GAC standings.

SWOSU got going quickly by scoring the first nine points of the game and leading by as many as 12 in the first quarter and taking a 21-14 advantage after one. Oklahoma Baptist used a 16-2 run spanning both quarters to take a brief seven-point lead, but the Lady Bulldogs got things all knotted up with a late basket from Jessica Penner that made it 36-36 at the break.

Oklahoma Baptist led for most of the third quarter, taking a five-point lead midway through the period, but that narrative would change in the fourth period. The teams were tied on five different occasions in the fourth, with Hailey Tucker breaking a 62-62 deadlock with a long three-pointer with 3:33 to play. A three-point play by Janae Coffee had SWOSU leading 69-67 with 1:55 to play and the Lady Dawgs had two more chances to extend their lead, but they were unable to and OBU scored to tie the game at 69-69 with 10 seconds remaining and force extra time.

In the extra period, SWOSU kept going to their post presence Coffee, who the Bison had been unable to contain. The Lady Bulldogs undoing, however, was at the free throw line where they made just 1-of-6 attempts in the extra session. SWOSU would have the lead on two occasions in overtime, but OBU hit seven of their final eight free throw attempts and held off the Lady Bulldogs 85-81.

Coffee was one of four Lady Bulldogs to reach double figures in scoring, totaling 24 points on 9-of-15 shooting to go along with 16 rebounds and a career-high six blocked shots. Hailey Tucker chipped in 17 points, three rebounds and two blocks before fouling out in the waning moments while her freshman counterpart Hayden Priddy added 16 points and seven rebounds. Morgan Vogt also reached double figures with 10 points and she grabbed a career-best eight rebounds.

SWOSU (17-9, 13-7 GAC) sees their five-game winning streak snapped and they miss an opportunity to move into sole possession of second place in the GAC standings with Harding suffering their second straight defeat on Saturday. The Lady Bulldogs head to Arkansas to conclude the regular season and they'll face Henderson State next Thursday evening in Arkadelphia.

SWOSU Takes First Game at ECU, Run Win Streak to Four

Jacob Spring went 3-for-4 and Jon Chidester limited East Central to one run over seven innings as the Bulldog baseball team won their fourth straight game, defeating the Tigers 4-1 on Friday afternoon in Ada.

After the first three innings were scoreless, Korbin Polston made his way on base after a Tiger error and set the stage for an RBI triple from Jacob Spring two batters later to make it 1-0 in favor of the visitors. The Bulldogs did the rest of their offensive damage the next inning, getting Haden Houska and CJ Faddis on base to start what amounted to a three-run inning. Joshua Santos grounded out to third, scoring Houska while Faddis crossed the dish on an RBI groundout from Tanner Dearman.

East Central got a leadoff home run in the bottom of the sixth, their lone extra base hit of the game, but Chidester was not fazed as he retired six of the next seven batters he faced before exiting after a leadoff single in the eighth. Ben Schweifurth entered and allowed a walk but struck out two Tigers to end the ECU threat. The Tigers again got two batters on in the ninth before Quinton Dougherty struck out the final batter of the game looking.

Spring went 3-for-4 at the plate with an RBI, accounting for half of SWOSU's six hits in the game. Santos, Houska and Faddis each had a hit with Santos, Dearman and Polston accounting for the RBI. Chidester (2-1) picked up the victory on the bump, allowing six hits and one earned run in 7.0 innings with four strikeouts.

SWOSU (5-4, 1-0 GAC) is back on the field in Ada tomorrow at noon to conclude the series with a double-header against the Tigers.

SWOSU Softball Splits Opening GAC Doubleheader

SWOSU Softball was within two outs of sweeping their first GAC doubleheader of the season, but instead the Bulldogs settled for a split against conference favorite East Central on Friday afternoon at the Athletic Complex. The two teams will resume the series at noon on Saturday with another doubleheader.

SWOSU 6, East Central 2

Taya Haney pitched a complete game, allowing just seven hits and one earned run, but she also made the game-defining play at the plate with a grand slam in the bottom of the fifth inning. SWOSU had already plated two runs on a squeeze bunt from Miranda McDonald and an RBI single by Alex Wilson, but Haney stepped to the plate and cleared the bases to give SWOSU a 6-1 lead after five innings.

East Central got one hit in the sixth and pushed across one run on two hits in the seventh, but it was too little as the Bulldogs held on for their first conference win of the season. Wilson and Haney each had two hits in the game and Haney (2-2) got the win to even her record.

East Central 5, SWOSU 2

SWOSU pushed a single run across in the second and sixth innings and they were poised to sweep the doubleheader until miscues were their undoing in the seventh. After recording the first out of the inning, Kaley Reding walked two straight batters and she was pulled from the game in favor of Taylor Eaves. Eaves walked the bases loaded, leading to an infield single and sacrifice fly by ECU to tie the game.

Another walk loaded the bases up again and an infield error by SWOSU led to two more runs coming across and a wild pitch two batters later brought in the final run as ECU scored five runs in the seventh with only one hit. SWOSU had six hits in the game, two from Taya Haney, while Cheyenne Trotter had the Bulldogs lone RBI in the contest. Eaves (0-4) took the loss after allowing three unearned runs in two-thirds of an inning.

BROKEN SCREEN? BAD BATTERY? DOESN'T CHARGE? WE CAN FIX IT!
WE ALSO HAVE TEMPERED GLASS SCREEN PROTECTORS!
 Dustin has repaired thousands of Phones including sports celebrities Kevin Durant, Jason White, Desmond Mason, Eric Stricker and Sterling Shepard.
 Dustin is also a local graduate of Weatherford High school and SWOSU. Call or email Dustin today to schedule an appointment in Weatherford.
580-772-4828 or dustinkdrake25@gmail.com

Quick Repair
 IPHONES • IPADS • IPODS

CJ'S SOUTHWEST TIRE
 ALWAYS MOVING FORWARD
 111 S KANSAS
 WEATHERFORD OK 73096
 PHONE: 580-772-3132
 24HR CELL: 580-774-5427
 TOLL FREE: 800-294-3132

BACK PAGE

Sudoku

			4					
3	1	4		6				2
5	7		2			1		4
6	8				9	3		5
	3			4			7	
4		7	3				1	6
8		6			4		5	7
9				7		4	3	8
					8			

© 2014 KrazyDad.com

Answers

2	6	8	4	5	1	7	9	3
3	1	4	9	6	7	5	8	2
5	7	9	2	8	3	1	6	4
6	8	2	7	1	9	3	4	5
1	3	5	8	4	6	2	7	9
4	9	7	3	2	5	8	1	6
8	2	6	1	3	4	9	5	7
9	5	1	6	7	2	4	3	8
7	4	3	5	9	8	6	2	1

N	E	L	V	E	S	E	E	L	E	R	V	A	T	E	N
E	S	T	E	G	E	N	T	E	A	N	T	E	G	L	O
D	R	E	A	D	T	A	V	O	M	O	T	O	R	D	L
E	B	L	E	A	R	I	V	A	N	I	O	R	O	E	B
			R	E	R	E	N	E							
N	R	N	T	E	I	L	I	L	A	V	E				
W	E	S	P	E	L	S	E	L	Y	E	G	E	L	E	
E	S	V	E	P	A	P	S	E	L	O	C	A	N	D	L
S	N	E	W	M	S	E	G	L	E	O	N	I	O	U	N
			T	A	B	N	N	I	N	H	P	A	T	H	
S	T	N	E	E		I	I	X	L						
E	L	E	D	O	N	M	O	D	L	E	B	M	B	T	J
S	E	I	L	R	O	D	O	R	A						
S	N	N	I	N	O	T	N	O	P						
E															

resident spotlight William Tanner

Hometown: Danbury, CT

Classification: Junior

Major: Nursing

Resident Hall: Black Kettle Hall

Why did you choose your major?

I chose nursing as my major because I wanted to be able to help people when they are sick or hurt. After nursing school my plan is to become a nurse anesthetist to make sure people are kept asleep and comfortable during different types of surgeries.

What are your hobbies?

I enjoy playing all types of sports. My favorite sport is volleyball and I play on the SWOSU Men's Club Volleyball team. I am one of the outside hitters and we play in tournaments each month against Division 1 schools.

What do you want to do when you graduate?

When I graduate I plan to work as a nurse in either the ICU or Critical Care unit at a hospital and then attend nurse anesthetist school to earn my masters.

Who's been a major influence in your life?

A major influence in my life has been my cousin Grant because since I have moved out to school from Connecticut he has helped me in every way possible. Grant has been there for me through everything that has happened since I first came here 3 years ago.



Res Life

Messy Twister

Looking for a fun time? Thursday, February 25, 2016 at 4pm in the Stewart Hall Lawn, there will be Messy Twister. This game will be played like the average game of twister, but with the exception of colored shaving cream and paint. It will be a neat way to experience twister, especially if you have never experience it before. Get ready for a fun and exciting time playing twister on Stewart Hall's lawn. It will be a fun way to meet new people. We hope to see everyone there, because we know that it will be a great time.

PICS OF RES LIFE



resident spotlight Josh Griffin

Hometown: Mustang, OK

Classification: Freshman

Major: Pre-Pharmacy

Building: Jefferson Hall

Why did you choose SWOSU?

I kinda like the size of SWOSU and how the classes work.

What are your hobbies?

My hobbies are playing skyrim, minecraft, ping pong, and long boarding.

What do you want to do when you graduate?

My main goal is to own my own business. I really want to be my own boss, and make my own way in this world.

What's your favorite movie quote?

"Get to the chopper!" -Predator



ResLIFE Happenings

What	When	Where
Resident Advisor Information Session	March 28 th	Residence Life Conference Center
ResLife Spring Movie Series: Sisters	March 29 th	Fine Arts Center
Oklahoma Hall		
Spa Night	March 24 th	OK Hall Lobby
Stewart Hall		
Messy Twister	Feb 25 th	Stewart Hall Lobby
Margaritas and Murals	March 10 th	Stewart Hall Lobby
Black Kettle Hall		
Pool Tournament	March 3rd	Black Kettle Lobby
Neff Hall		
Never Back Down	Feb 25 th	Neff Hall Lobby
Neff Hall Wrap Up	March 7-11	Neff Hall Lobby
Jefferson Hall		
Texas Hold Em	March 3rd	Jefferson Lobby