



## Diabetes Support Group Plans Monthly Meetings in Weatherford





The group is organized by the Southwestern Oklahoma State University College of Pharmacy Rural Health Center.

The free meetings will take place the third Friday of every month from 1-2:30 p.m. at the Weatherford Food and Resource Center, located at 122 S. 8<sup>th</sup> Street in Weatherford.

Aimee Henderson said sessions will be led by a certified diabetes educator and pharmacists from the SWOSU College of Pharmacy. Each group focuses on a different diabetes topic with the opportunity to

learn, share, get questions answered, exchange recipes and observe healthy cooking demonstrations.

Dates for 2018 are February 16, March 16, April 20, May 18, June 15, July 20, August 17, September 21, October 26, November 16 and December 21.

For additional questions, call Henderson at 580.774.6727.

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