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## 01-23-2019 Diabetes Lifestyle Coach Training held at SWOSU

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News

23 January,  
2019

## Diabetes Lifestyle Coach Training held at SWOSU



Multiple

healthcare professionals were recently provided lifestyle coach training for the national diabetes prevention program on the campus of Southwestern Oklahoma State University in Weatherford. Attending were (from left): James Chapple, Jae Morrison, Katie Brown, Sarah Walker, Sarah Byrum, Mary Jane Fry, Veronica Gilley, Debbie Moore, Bryon Glover and Ashley Devaughn.

Multiple healthcare professionals were recently provided lifestyle coach training for the national diabetes prevention program on the campus of Southwestern Oklahoma State University in Weatherford.

Dr. Sarah Yount, diabetes prevention program coordinator for the SWOSU College of Pharmacy Rural Health Center, led the training. This was the third time that the center has provided training.

The newly trained lifestyle coaches are devoted to changing the diabetes trajectory in Oklahoma by creating awareness for prediabetes and reaching at-risk individuals to help delay or prevent the onset of type 2 diabetes.

Participating in the training were Katie Brown, Sarah Byrum, James Chapple, Ashley Devaughn, Mary Jane Fry, Veronica Gilley, Bryon Glover, Debbie Moore, Jae Morrison and Sarah Walker.

“Through these lifestyle coaches, Oklahomans across the state will now have more readily available and accessible diabetes prevention programs to help them decrease their risk for type 2 diabetes,” Yount said.

For more information about the program, contact Yount at [sarah.yount@swosu.edu](mailto:sarah.yount@swosu.edu) or 580.774.6042.

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