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The Southwestern

Volume 106 Issue 22 • April 18, 2015

In the name of wellness...

The SWOSU Wellness Expo was held Wednesday in the Memorial Student Center. The annual free event is hosted by SWOSU's Health and Counseling Services and functions to educate individuals on the importance of overall wellness and ways of maintaining a healthy lifestyle. Several departments, organizations and businesses were present to provide information and guidance. (Photos by Nakota Taylor)



Courtney Calvert balances while trying to throw ping pong into cup while Lindsey Robinson of the Weatherford Regional Hospital helps.



Clint Gates tells Marque Deep his BMI level



Representatives of the Crowder Lake Booth include (Left to Right): Kaite Carter, Wes Rose, Charlie Hess, Nathan Rackley and Billy Earnest.

Writer's Festival set for next week

By Brad Rowson
Staff Reporter

The SWOSU Westview Writer's Festival 2015 will be happening April 20 and 21.

On the first day, two lectures will be held by Dr. Edward H. Friedman. The first lecture will be titled "Don Quixote, Old and New." Friedman will discuss Don Quixote and his unique adaptation of the novel. This lecture will be held in the East Student Ballroom and will be held from 11a.m. to 12p.m.

The second lecture on the 20th will be on the theme of "Micro-stories and Macro-ideas: Latin American Fiction."

This lecture will take place in Stafford room 112 from 1 to 2p.m.

Dr. Friedman is a professor of Spanish and Comparative Literature for Vanderbilt University. Professor Friedman's research has focused on early modern Spanish literature, with special emphasis on Cervantes, author of Don Quixote, picaresque narrative, theater, and writing by women.

On the second day of the festival will be Poetry and Literary performances, a Q&A, and a retiring faculty reception. This will take place in the SWOSU conference center from 6 to 8p.m.

First up will be Dr. John Graves Morris from Cameron University who will be reading selected works, some of which have been included in Westview.

That will be followed by a Q&A with Dr. Helen Maxson of SWOSU, then a reading from the new book of poetry titled HEATHEN by author Dr. Flowers Rivera.

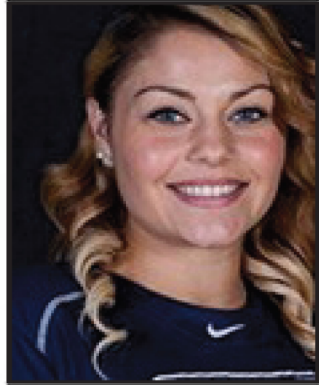
Next, Dr. Denise Landrum-Geyer of SWOSU will be reading her non-fiction essay, "Nature's Tattoos." Following that will be Victor Wolf reading his short story "Good Vibrations," and the evening will end with the retirement of a faculty member from the Department of Language and Literature.

Baseball



LATE INNING LOSS
--page 5

Softball



INSPIRATIONAL DRIVE
--page 5

Local volunteers gear up for Friday's Relay for Life

By Maggie Tran
Staff Reporter

The Relay For Life of Custer County event will be held at 7 p.m. April 17 in the Wellness Center to celebrate the survivors and remember those we have lost.

The American Cancer Society Relay For Life gives people a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease. At Relay, teams will "camp out" at the wellness center and take turns walking or running around the track. Each team will have a representative on the track at all times, because cancer never sleeps. Relays are overnight events up to 24 hours in length.

The event begins with the Survivor

lap, in which survivors of cancer make a victory lap around the track.

"We come together as a community and celebrate that Survivor lap as they walk the track and we cheer them on," said Cheryl Smith, Community Manager of American Cancer Society. "It is truly all about our Survivors and their caregivers and the journey that has brought them to the Relay For Life event."

Gordy Klatt, a colorectal surgeon, started the Relay For Life event in 1985. He wanted to enhance the income of his local American Cancer Society office and decided to personally raise money by running. He ran 24 hours on a track in Tacoma, Wash., for more than 83 miles

See Relay on page 2

high kickin'...



A Southwestern cowboy holds on during the SWOSU Rodeo last weekend. Both the SWOSU men's and women's teams placed second. (Photo by Nakota Taylor)

Students pick campus favorites

Staff, Administration, and Faculty (S.A.F.) Appreciation week finished with awards given out to three SWOSU employees.

The winners received a traveling trophy with their name engraved as well as an official Dean of Students jacket.

Staff member of the year is Jennifer Dickey from the Admissions and Recruitment office who "works exceptionally hard at her job in the admissions office to make each prospective students' experience unique, exciting and

welcoming."

Faculty member of the year is Jonna Myers from the department of Finance, Management and Marketing, because "she's a great example, hard worker, truly cares for students, and is one of my favorite people on campus and many more would agree."

Administrator of the year is Todd Thurman, Athletic Director. He won on the basis that, as one student put it, "he is always kind and helpful to all students, even if they aren't an athlete."



Winners of this year's Brandy Awards include (from left) Jennifer Dickey, staff award; Todd Thurman, administrator award; Jonna Myers, faculty award.

WEEKLY WEATHER		
SOURCE: WEATHER.COM		
WED	THUR	FRI
74/53	70/53	68/48
SAT	SUN	MON
66/49	71/49	70/47

NEWS

Relay from page 1

and friends paid \$25 to run or walk 30 minutes with him. He raised \$27,000 that night to fight cancer. There are now more than 5,000 Relay For Life events held in over 20 countries and have raised nearly \$5 billion to date.

Smith said the Luminaria Ceremony is one of the most moving parts of the evening. Friends and family members light candles in bags in honor of, and in memory of, those they have lost to cancer. As they read the names of those people, there is a common bond between all participants.

As they take the silent lap, it reminds them of the struggles and triumphs those affected have been through.

The energy at the Relay For Life of Custer County at the SWOSU campus plays an important role in the success of this event.

“When I came to the Dean of Students, Cindy Dougherty, several years ago with the question on having the event on campus, I believe it was one of the best decisions that could have been made,” Smith said. “A huge thanks to her for listening, for caring, and for encouraging the students to participate and to help this

event grow to what it is today.”

Smith said 18 volunteers serve on the Event Leadership Team this year. She said several different groups from SWOSU as well as the High School FFA and Western Technology Dental Assisting Program would come to help with set up.

Smith said throughout this event, they want to educate the community on where the money goes that is raised through Relay For Life and also to inform the community on programs and services that are offered to cancer survivors from American Cancer Society.

“We want to celebrate the Survivors and remember the ones that have lost the battle to this dreaded disease,” Smith said. “Every donation, no matter how big or how small the donation, can make a difference. Fundraising isn’t all we do, but all we do depends on it.”

The goal American Cancer Society seeks for the future is to grow the event and have more teams and survivors involved and to educate the public on what American Cancer Society offers the Survivors in the community and to make sure everyone knows where the money goes that is raised through Relay For Life.

Psycho Club offers variety of events

By Allie Aiello
Staff Reporter

The Psychology Club has been quite active this year, and has several activities left. Settin in the Dark on April 20 is a volleyball tournament designed to raise awareness for Sexual Assault Awareness Month.

At 4 p.m. on April 30th the last club meeting of the year will take place in Parker 207. The flyer states,

“Yes there will be pizza, and you can leave early or come late.”

Pizza seems to be a staple of psych club fare, with many of their fliers in the past prominently featuring the culinary favorite. Jackie Bivins, the psych club president

says the club’s events provide both entertainment and insight when asked about student’s favorite past psych club events:

“One of the favorite club meetings for students was when we had a past undergraduate student, a Ph.D. social psychology graduate student, come and talk about a day in the life of graduate school. We have a lot of students interested in graduate school so they benefited a lot from the student coming to talk,” Bivins said.

This kind of opportunity is regularly offered to undergraduates who want to supplement their academic lives with club activities.

For more information contact the club president, Jackie Bivins at bivinsj@student.swosu.edu.

Students recall close calls with tornadoes

By Calley Lamar
Staff Reporter

Oklahoma residents know that spring time yields severe storms. Tornadoes are almost a certainty around this time of year and it is important to be aware. These storms can form rapidly and strike without any warning, but miraculously some people survive.

Stories of survival and close calls are extremely astonishing when one hears just what survivors went through and how they managed to survive.

Stephen Lamar, a student from Okeene, recalls an event from his childhood.

“I remember being asleep and then suddenly being woken by my parents and a lot of wind,” Lamar said. “[My parents] said we needed to get away from the windows and so my brothers and I got in a corner near our computer.”

Lamar recounts huddling together and praying reverently that the tornado would pass by and leave him and his family unscathed. The tornado eventually passed and Lamar and his family returned to sleep.

“We were greeted in the morning by several trees that had been tossed and landed on our cars. The trees barely missed the house and completely destroyed the vehicles. It was one of those close calls that implants itself in your mind,” he said. The family’s Windstar van had been crushed by a large tree that was nearby and narrowly missed their home.

According to the National Climate Data Center, the US has over 1,000 tornadoes a year, Oklahoma averages around 54. 9 tornadoes annually according to the National Weather Service.



With all these tornadoes comes varying degrees of intensive and severity, but nonetheless, people continue to thrive in these regions and adjust to the weather changes for the worse.

Know your severe weather terms

Severe thunderstorm watch: Conditions are conducive to the development of severe thunderstorms in and around the watch area. These storms produce hail of ¾ inch in diameter and/or wind gusts of at least 58 mph.

Severe thunderstorm warning: Issued when a severe thunderstorm has been observed by spotters or indicated on radar, and is occurring or imminent in the warning area. These warnings usually last for a period of 30 to 60 minutes.

Tornado watch: Conditions are favorable for the development of severe thunderstorms and multiple tornadoes in and around the watch area. People in the affected areas are encouraged to be vigilant in preparation for severe weather.

Tornado warning: Spotters have sighted a tornado or one has been indicated on radar, and is occurring or imminent in the warning area. When a tornado warning has been issued, people in the affected area are strongly encouraged to take cover immediately.

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THE SOUTHWESTERN is the student newspaper of Southwestern Oklahoma State University. It is published every Wednesday during the fall and spring semesters, except during holidays and finals week. Students in the editing class serve as section editors, and students in the news gathering and reporting class serve as writers. The editorial board meets every Wednesday at 2:00 p.m. in the journalism lab, Campbell 211.

THE SOUTHWESTERN encourages comments from the student body, faculty, and administration in the form of letters to the editor. All letters must include a name for consideration; however, the name may be withheld upon request. The opinions expressed within signed editorials are the opinions of the writers; the opinions expressed in unsigned, boxed editorials are the opinion of the staff. Neither is necessarily the opinion of the university administration, staff or faculty.

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NEWS

Students to present one-act plays

By Will Sagraves
Staff Reporter

Students in the Play Directing course will be presenting their shows at The Hilltop Theatre from April 22 to 24. Overseen by Theatre professor Steve Strickler, students chose a play that they'd like to direct.

This class is the second part of a two-class process. The first class was script analysis, which is offered in the fall. Students chose a script and focused on the elements of the script, from the mood, to the tempo, as well as feelings and everything in between.

At the end of the fall semester they turned in a full

analysis of the script, now going into the spring semester they take these full reports to direct.

Student directors held auditions for their parts and contacted people to be their sound and light engineers as well as conducted numerous rehearsals.

"I'm definitely looking forward to the student directed one acts," said student Kaylee Willyard, "A lot of hard work, and creativity have been poured into these productions. It's a fantastic experience for us to grow as artists, as well as individuals. We are lucky to get this opportunity."

Productions of the students' shows can be seen April 22 to Friday 24 at 7 p.m. in The Hilltop Theatre.

Spring Roll night planned for Thursday

The popular "Spring Roll" Night is planned Thursday, April 16, at Southwestern Oklahoma State University in Weatherford.

The Asian American Student Association members invite everyone to the all-you-can-eat dinner from 6-8 p.m. in the Memorial Student Center Ballroom. Tickets are \$8 in advance or \$10 at the door.

Individuals can roll their own spring rolls (rice paper filled with vegetables and meat and rolled together) or

have rolls made by request.

There will be a wide variety of meats available, including Korean BBQ, cold-cut pork and shrimp, as well as peanut sauce and other selections.

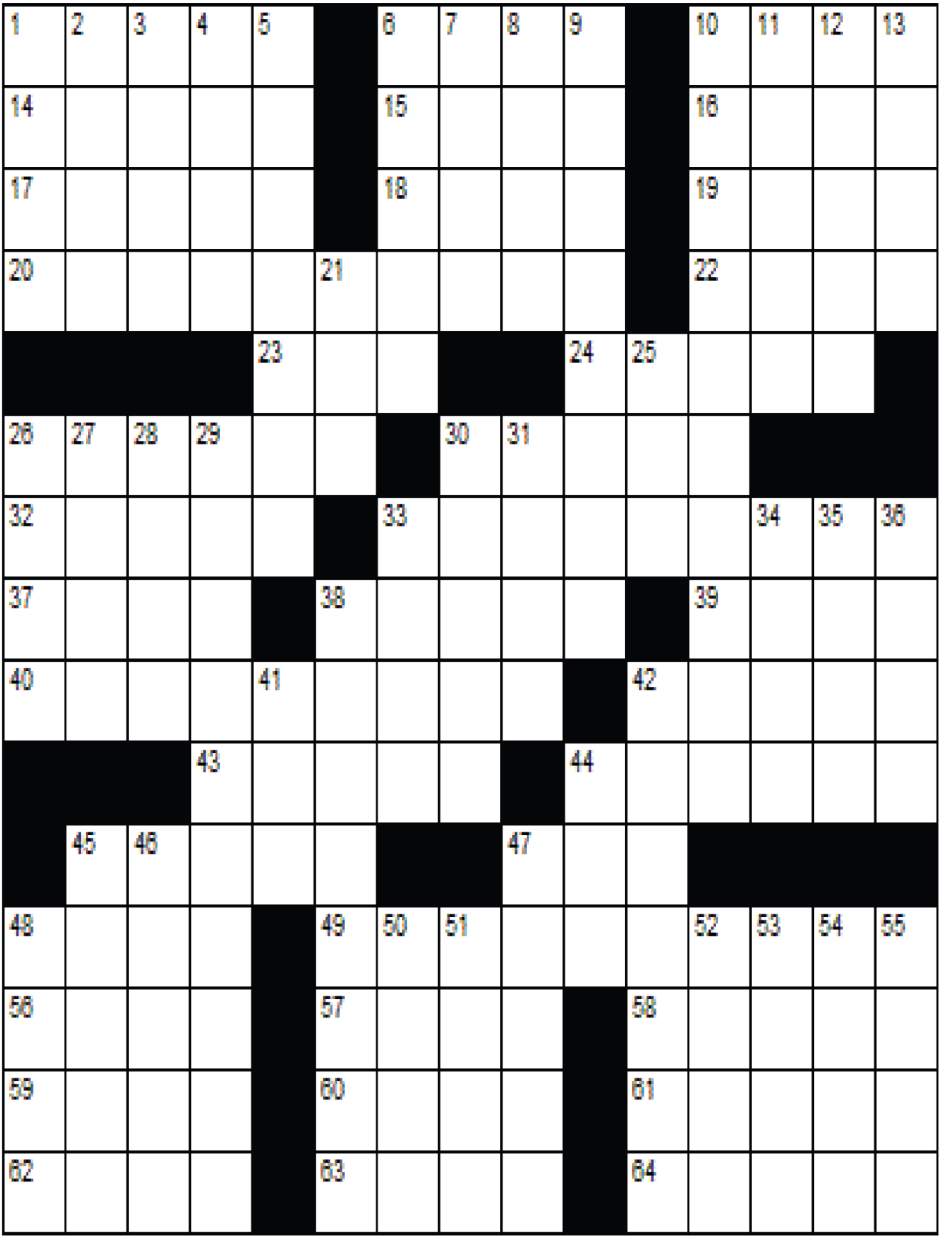
AASA T-shirts will also be available for purchase; prices are \$10 for a soft-style crew neck and \$12 for a soft-style V-neck. Any questions may be directed to AASA President Allison Truong at truong.ad@student.swosu.edu.

Three Southwestern Oklahoma State University students from Weatherford recently joined students from five other Regional University System of Oklahoma (RUSO) universities to assist in the preparation for activities in conjunction with the 20th anniversary of the Oklahoma City bombing. The students assembled Kids Marathon participant packets and water stop pallets for the upcoming Memorial marathon run. SWOSU students helping were (from left) Elise Cornell, Thomas; Will DeFehr, Weatherford; and Ashlee Butler, Ft. Cobb.



Crossword (courtesy of mirroreyes.com)

- ACROSS**
- 1. Meowed
 - 6. Spindle
 - 10. Pond gunk
 - 14. Not below
 - 15. 64 in Roman numerals
 - 16. Diminish
 - 17. Automaton
 - 18. Assistant
 - 19. Anagram of "Sire"
 - 20. Misdemeanor
 - 22. Dines
 - 23. G
 - 24. Shabby
 - 26. Skin pattern
 - 30. Foam
 - 32. Scrawny one
 - 33. Filtering
 - 37. A round handle
 - 38. Patter
 - 39. Decorative case
 - 40. Inactive
 - 42. Journeys
 - 43. Marsh growth
 - 44. Fate
 - 45. Clique
 - 47. Best seller
 - 48. Information
 - 49. Reduction
 - 56. Sweeping story
 - 57. False god
 - 58. Move forward suddenly
 - 59. Phone
 - 60. Gave temporarily
 - 61. Building addition
 - 62. Leg joint
 - 63. Wild Tibetan oxen
 - 64. Adjust again



- DOWN**
- 1. Wise men
 - 2. Black, in poetry
 - 3. Canis lupus
 - 4. Always
 - 5. Rabble-rouser
 - 6. Winged
 - 7. 22 in Roman numerals
 - 8. Adriatic resort
 - 9. Ultimate
 - 10. Enticements
 - 11. Unit of weight for gems
 - 12. Accord
 - 13. Untidyness
 - 21. Chief Executive Officer
 - 25. French for "Friend"
 - 26. Sounds of disapproval
 - 27. Skin disease
 - 28. Stepped
 - 29. Temple
 - 30. Mixes
 - 31. Quarry
 - 33. WW1 plane
 - 34. Bit of gossip
 - 35. Microwave (slang)
 - 36. Essence
 - 38. In a stable manner
 - 41. Mesh
 - 42. Existing in name only
 - 44. Family
 - 45. Land of the Rising Sun
 - 46. Practical
 - 47. Sword handles
 - 48. A pack of playing cards
 - 50. Notion
 - 51. A religious figure
 - 52. Melody
 - 53. Hotels
 - 54. Curved molding
 - 55. Following

Upcoming Events

Wednesday, April 15, 2015	
8:00 AM - 5:00 PM	Brennan & Maffei Exhibition & Workshops
11:00 AM - 1:30 PM	Wednesday College Lunches
5:30 PM - 7:00 PM	H.O.P.E Weekly Meeting
7:00 PM - 8:00 PM	Brass & Woodwind Ensembles
Concert	
7:00 PM - 9:00 PM	Tau Beta Sigma meeting
Thursday, April 16, 2015	
8:00 AM - 5:00 PM	Brennan & Maffei Exhibition & Workshops
9:00 AM - 11:00 AM	New Student Orientation
9:30 AM - 10:30 AM	Community Coffee at BancFirst
3:30 PM - 5:30 PM	Psychology Awards Reception
6:00 PM - 8:00 PM	AASA Spring Roll Night
6:00 PM - 7:30 PM	Student Government Meeting
7:00 PM - 8:00 PM	Percussion Ensemble Concert
Friday, April 17, 2015	
8:00 AM - 5:00 PM	Brennan & Maffei Exhibition & Workshops
8:00 AM - 9:00 AM	Budget Meeting
12:00 PM - 1:00 PM	President Beutler Luncheon with SGA
2:00 PM	Baseball @ Harding University
2:00 PM - 6:00 PM	Softball vs. Southeastern OK
5:00 PM	Biology Banquet
7:00 PM	Relay for Life (Multi-Day Event)
Saturday, April 18, 2015	
Men's Golf at Great American Conference	
Tau Kappa Epsilon Red Carnation Ball	
Women's Golf at Great American Conference	
End Time 3:00 AM	Relay for Life (Multi-Day Event)
7:00 AM - 3:00 PM	ACT National Test
8:15 AM	Tau Kappa Epsilon Alumni Golf Tourney
12:00 PM	Baseball @ Harding University
12:00 PM - 4:00 PM	Softball vs. Southeastern OK
2:00 PM - 4:00 PM	Blue & White Football Game
3:00 PM - 6:00 PM	Student Recital- Tommy Smith and Austin Hardman
3:30 PM - 5:30 PM	Pharmacy Alumni Association Council Meeting
5:00 PM - 10:00 PM	Zayle Wedding and Reception
5:30 PM - 7:30 PM	SWOSU Pharmacy Alumni & Friends Mixer
Sunday, April 19, 2015	
Men's Golf at Great American Conference	
Women's Golf at Great American Conference	
7:30 AM - 5:00 PM	Pharmacy Continuing Education Seminar
6:00 PM - 9:00 PM	Phi Delta Theta Chapter Meeting
6:30 PM - 8:30 PM	Black Student Association Member Meeting
Monday, April 20, 2015	
Men's Golf at Great American Conference	
Women's Golf at Great American Conference	
8:00 AM - 5:00 PM	Brennan & Maffei Exhibition & Workshops
8:00 AM - 12:00 PM	New Employee Training
8:30 AM - 10:00 AM	Executive Council Meeting
10:00 AM - 11:00 AM	Administrative Council Meeting
11:00 AM - 12:00 PM	Westview Writers Festival 2015
11:30 AM - 1:30 PM	FREE Lunch at the Wesley
5:00 PM - 8:00 PM	I.P.P.E Meeting
7:00 PM - 8:00 PM	Community Chorus Concert
8:00 PM - 9:30 PM	Forge
8:00 PM - 11:30 PM	Psychology Club - Settin' N the Dark
8:00 PM - 11:30 PM	Zeta Phi Meeting
Tuesday, April 21, 2015	
8:00 AM - 5:00 PM	Brennan & Maffei Exhibition & Workshops
5:30 PM - 7:00 PM	Lutheran Campus Ministry
6:00 PM - 7:30 PM	Kappa Kappa IOTA
6:00 PM - 7:00 PM	Phi Beta Lambda (PBL) Meeting
6:00 PM - 8:00 PM	Westview Writer's Festival
6:00 PM - 8:00 PM	Westview Writers Festival 2015
7:00 PM - 9:00 PM	Baseball vs. Cameron University
8:00 PM - 9:30 PM	BCM Bible Studies
8:15 PM - 9:15 PM	Orchestra Concert
Wednesday, April 22, 2015	
8:00 AM - 5:00 PM	Brennan & Maffei Exhibition & Workshops
8:00 AM - 12:00 PM	New Employee Training
11:00 AM - 1:30 PM	Wednesday College Lunches
5:30 PM - 7:00 PM	H.O.P.E Weekly Meeting
7:00 PM - 9:00 PM	SWOSU Theatre - DIREC-

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FEATURES

Local tanning business gets students glowing

By Stacey Bailey
Staff Reporter

As the warmer weather rolls in, students' desire to have flawless tan skin skyrockets. To achieve that "perfect glow," many students turn to Solstice Tanning Company for their indoor tanning needs.

As of January, Solstice has two Weatherford locations. In addition to its original salon at 1123 E. Davis, Solstice has opened a second salon at 125 N. Bradley to accommodate the steady flow of suntan-seeking students.

"Our Davis location tends to get pretty busy, which causes a slight wait time for tanning beds," said Solstice owner Alex Tourian.

"Now, if this salon is busy, people can jump over to our new location and will likely experience little to no wait time."

The Bradley site is the former location of Mayan Sun Tanning Salon.

Tourian said the renovated location only offers levels 2-4, but the lack of wait time makes it an appealing option for tanning.

The original location offers levels 1-5, which vary in price and features. Tanning bed quality, along with the price, increases slightly as users move from Level 1 to Level 5.

Level 1 is a basic 20-minute bed and is the cheapest option regardless of package type; Level 2 is a 15-minute bed with 42 lamps and facial tanners; Level 3 is a 12-minute bed with a built-in body cooling system; Level 4 is a 9-minute stand-up booth; and Level 5 is an ultra-powerful bed that offers a 99% UVA tanning experience.

For those who wish to tan UV-free, Solstice provides airbrushed tanning called Mystic Spray Tans. Spray tans come in multiple color options to match each user's skin type.

Solstice also offers tan-enhancing products and services.

The "Hydration Station" is a tanning preparation system that hydrates skin to promote darker, longer-lasting and more even tans. Tourian said users can jump in the Hydration Station just before a session in one of the other tanning beds to prep their skin for a better tan.

Solstice also carries an array of tanning lotions including bronzers and accelerating formulas to boost the quality of each tan.

"Juicy Gossip seems to be our most popular accelerator, and *Kardashian Glow* and *Escapade* are probably our best bronzers," said Solstice employee Brianna Bogdan.

"We usually recommend for people to get one of each type of lotion and alternate between the two to achieve the best tanning results."

Customers can personalize their experience through monthly memberships, credit packages and semester packages.

Memberships allow for unlimited tanning each month and can be purchased at any of the five levels.

Credit packages work on a tan-by-tan basis, with each level costing a certain amount of "credits."

Semester packages start at \$85 and coordinate with the start and end dates of the fall and spring semesters.

"Our semester package is definitely the most popular purchase for college girls," Bogdan said.

Solstice also offers an all-access tanning package that includes a month of unlimited tanning at any level plus unlimited spray tans and Hydration Station sessions for \$125.

For additional information about Solstice Tanning Company, stop by one of the salons or visit www.solsticetanningcompany.com.

Movie Review

Get
Hard

Comedies with quality humor are always worth a watch. When it was announced that there was to be a release of a Kevin Hart and Will Ferrell movie, I knew that I had to watch it.

Get Hard is about Will Ferrell's character, James King, who is convicted of fraud and he has 30 days to get his affairs in order before heading to prison. Although he claims he is innocent, he seeks help from Kevin Hart's character, Darnell Lewis, to teach him how to get tough for San Quentin prison. If this is not rough enough, Ferrell's fiancée leaves him because he is now broke. *Community*'s Alison Brie plays Ferrell's fiancée.

To get King ready for prison, Lewis decides to ensue a fake prison riot. King has taught himself to make shanks (homemade knives).

Instead of following Lewis's instructions to remain calm, he panics. This mayhem results in King getting stabbed in the forehead, but it is comical how Lewis and King handle the situation. Lewis's wife is a nurse, so Lewis decides to take King to see her. On the ride over King is confused, and he is saying absurd things which is Ferrell's best scene in the movie. Hart's best scene is when his family and King are sitting around Lewis's dining table. Lewis's wife tells Lewis to tell King how he ended up going to prison before, although Lewis has been an upstand-



"Get Hard" Ratings

- 6.3/10 from IMDb

- 29% on Rotten Tomatoes

- 34% on Metacritic

ing citizen his whole life. Lewis decides to play along, and gives his own rendition of *Boys in the Hood*. King falls for it, but Lewis puts such flair into the story it sounds believable.

Ethan Cohen directs the movie. He is well known for *Tropic Thunder* and *Men in Black 3*. The writers include Jay Martel, Ian Roberts, Ethan Cohen, and Adam McKay. The writing

throughout the movie is brilliant, and it has enough witty humor to keep you entertained through the entire film.

As you watch Ferrell's character grow and learn while building a friendship with Hart's character, you feel bad for King's character who you assume did not commit the crime he is being convicted for.

Before this movie, I did not really enjoy Hart's comedy, but I think having him act beside comedy genius Will Ferrell really made his comedy skills show. This is by far the best comedy I have ever seen with Hart's performance.

—Kierra Prewitt

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SPORTS

Rodeo teams place second at SWOSU Rodeo

WEATHERFORD, Okla. — Mickey Andrews and Dusta Kimzey led their respective teams to second-place finishes at the 43rd Annual SWOSU Rodeo, which concluded Saturday night at the Don Mitchell Arena in Weatherford. Andrews won the long round and finished atop the average in bull riding while Kimzey split first in the short go and won the average in goat tying.

SWOSU finished in second place to Northwestern Oklahoma State on the women's side with 155 points and several strong performances in breakaway and goat tying. Kimzey led the way with a second-place finish in the long round of goat tying in 8.0 seconds and her time of 8.1 seconds in Saturday night's short go placed her in a three-way tie for first on the night, but won her the buckle for the average by one tenth of a second.

"I was grateful for my performance this weekend because I've struggled off and on all year," Kimzey said following the short go. "As a senior, it's really nice to come out and have a lot of success at your hometown rodeo and it doesn't get any better than going out on top at your very last SWOSU Rodeo!"

Mikayla Harrison won the long round in 7.7 seconds and finished fourth in the short round, taking third in the average

while Alexis Christen came in fifth in the average. In breakaway, KeAnn Kelber was second in the long round in 2.8 seconds before not getting a time in the short round, but Ceri McCaffery placed third and Jacoby Hotsenpiller sixth in the average after getting good times in both rounds.

The men's team for SWOSU racked up 490 points, finishing behind only Panhandle State in the team standings. As always, the Bulldogs did their damage on the rough stock with several great rides for the home crowd to enjoy.

Jake Stemo had the best ride of the weekend as he scored 82 points on his bareback horse on Saturday night, winning the round and vaulting into second place in the average with a combined 152 score on two rides.

Not far behind him was Justin Pollmiller, who had a ride of 76 points in the short round, placing third, and moving him into fifth place in the average, with Brody Cooper right behind in sixth after a 72-point ride in the short round.

"I was blessed with a good horse in the short round and I just had stay focused and try hard and things worked out for me," Stemo said about his ride on Saturday night. "It's awesome being able to ride in front of our home crowd, this is



A SWOSU competitor rides in the bareback horse competition. (Photo by Nakota Taylor)

the rodeo we look forward to all year and it's a great rodeo because of Coach Mike Visnieski and everybody who helps put on such a great show."

Nick Shenold, who had the top ride in saddle bronc during the opening performance on Thursday, placed second in both rounds of his event and took second in the average after a 62-point ride on Saturday night. Andrews, who leads the Central Plains Region in bull riding, won

the long round with a ride of 67 points, enabling him to win the average after no cowboy survived for eight seconds in the short round.

Just two events remain for the Bulldogs as the competitors are all vying for a spot in the College National Finals Rodeo this summer in Casper, Wyoming. SWOSU returns to action next weekend as they head north for the Fort Hays State Rodeo on April 17-19.

Bulldogs fall to Cameron in final innings, 9-7

LAWTON, Okla. — SWOSU erased a five-run deficit and tied Cameron at 7-7 before the Aggies scored twice in the final innings for a 9-7 victory at McCord Field.

Cameron scored twice in each of the first two innings and the Aggies were held without a run just once in the opening six frames. After falling behind 7-4 after five innings, SWOSU got a pair of home runs in the top of the sixth inning, a three-run shot from Mason Marshall and a two-run bomb three batters later as Haden Houska tied the game at 7-7.

The Bulldogs lead would last only until the bottom of the inning as Cameron responded with a solo home run to get back on top. Another single run in the seventh inning bumped the Aggies lead to 9-7, which is where it would stand until its conclusion.

Four pitchers saw action for the Bulldogs, with Austin Hannum getting the start and allowing five runs on six hits in two innings of action. Kent Callison (0-1) allowed two hits as he pitched the sixth inning, with one the go-ahead solo home run that leaves him credited with his first loss of the season.

"Tough outing today for the guys, we just built ourselves too big of a hole early in the game and we couldn't completely rebound," SWOSU Coach Zack Saunders said following the game. "I'm glad we kept battling and got the game tied with two big hits in the sixth, but it just wasn't enough. There's no time to dwell on this game, we have to get refocused and ready to go again tomorrow."



Chris Graham waits for the right pitch in recent baseball action. (Photo by Nakota Taylor)

Former Bulldog lands on Oklahoma City roster

Former SWOSU Baseball standout Red Patterson will begin his sixth professional season close to where his collegiate career finished as he is listed on the opening day roster for the Oklahoma City Dodgers, the Triple-A affiliate of the Los Angeles Dodgers.

Patterson, a 29th-round selection (No. 892 overall) of the Dodgers in 2010, has remained with the organization ever since.

Last season, Patterson made his major league debut, getting called up by the Dodgers to start on the hill against the Minnesota Twins on May 1st. He allowed two hits and one earned run with three walks and one strikeout in that game, which ended with him getting a no decision. In five seasons, Patterson has made 157 minor league appearances, including 74 starts, and he is 37-19 with two saves a 3.90 ERA.

A native of Frisco, Texas, Patterson played his senior season at SWOSU. He finished his senior season of 2010 with a 4-3 record and a 6.84 ERA, leading the Bulldogs in innings pitched (72.1) and strikeouts (103).



Red Patterson

Southwestern pitcher Vivo rises above diabetes

By Emily Garcia
Staff Reporter

With the little amount of free time, it may be difficult for most student-athletes to religiously eat nutritious meals. Though it may not be the best for them, most student-athletes can eat unhealthy foods and still perform well in their sport. However, some athletes don't get this luxury.

Amelia Vivo is a senior pitcher for the SWOSU softball team from Santa Clara, CA, and has had Type One Diabetes since the second grade. "Normally I am the kid who is running around swinging on monkey bars, playing tag, and doing anything active at recess, but there were a couple of days where I had been sitting on the wall at recess rather than playing with my friends," Vivo said. "While I was in class I would get up to go to the bathroom every ten minutes. As I was showing these symptoms my teacher called my mom and told her to take me to the hospital right away."

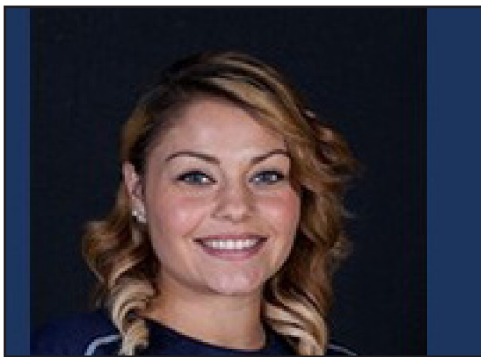
Vivo has been working hard for her team here at SWOSU since she transferred here from San Jose City College in California in 2013. Despite her great work ethic, Vivo still has to deal with the daily hardships of having Type One Diabetes. "There has been times where it has prevented me from playing," Vivo said. "At

times when my sugars get really low, I will have to sit down, drink a Gatorade and wait for my numbers to go back to regular in order for me to get back on the field."

Vivo along with many other athletes in similar situations, has to watch what she eats and consistently be aware of her blood sugar levels. "I talk to my diabetic doctor once a week and adjust my insulin according to my schedule," Vivo said. "I've also learned to eat the foods that will keep my blood sugars at the same levels continuously."

One thing that most people have troubles with is distinguishing the difference between Type One and Type Two Diabetes. "Every time someone finds out I have diabetes, they always refer to their mother, uncle, aunts, or grandparents who also have diabetes... But it's Type Two" Vivo said. "Type Two is completely different. All the commercials you see on TV are never about Type One Diabetes, they're always targeting people with Type Two Diabetes."

Type One Diabetes is where the immune system keeps destroying any new beta cells the body produces, thus the person must work for their pancreas and keep taking insulin to compensate for the reduced capability of that organ. Type Two Diabetes is where the body is less able to respond to insulin, thus the body



Molly Vivo

will try to produce more insulin, which will lead to high blood sugar. Type One is common in younger ages, and Type Two is common in adults 30 and older.

Vivo believes that Type One Diabetes is a very misunderstood disease. "For the longest time I was embarrassed of my disease because of the fact that everyone only understood type 2 diabetes and assumed I just can't eat sugar," Vivo said. "I want people to know that type 1 diabetics are on a computer everyday counting carbs, calculating corrections, and giving ourselves insulin every time we eat. We are literally working for an organ in our body that is dead, an organ that most people don't even think about."

Along with the misunderstanding in the difference between the two, Vivo also feels that Type One Diabetes is overlooked in sports. "I think that especially

during sports Type One Diabetes is overlooked," Vivo said. "As a diabetic we need to have a consistent schedule, but it's very hard sometimes because the right foods need to be provided all the time."

Vivo believes that the awareness of Type One Diabetes needs to be spread. "I think the Americans with disabilities association is doing a great at spreading the word," Vivo said. "But I also believe that coaches or teachers need to take a class on any disease they're student/athlete might have. That way they can get the full understanding on what they need to provide and how to care for someone with the disability they are dealing with."

Both Type One and Type Two Diabetes are life-changing diseases for many people. Vivo has let all her hardships with diabetes inspire her in her career path. "I want to be a diabetic educator," Vivo said. "I feel like I would be a great mentor for young kids especially student athletes because of everything that I have experienced."

Vivo, along with many others with the same disease, will be fighting this disease for the rest of her life. "This will impact my future because I will have diabetes for the rest of my life," Vivo said. "If I want to live for a long time, it all depends on how I take care of myself and what I put inside my body."

BACK PAGE

Sudoku

3					6	9		
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		5	6		3	4		
	9			1				2
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		9	8					6

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Answers

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Res Life

CAN'T BE MISSED EVENTS

By: Reagan Johnston

Are you looking for a reason to unwind before finals? Oklahoma Hall has the perfect event for you! On April 28th at 8:00 p.m. Oklahoma Hall will be having BINGO! Lots of prizes will be offered, and everyone is welcome. What's an easier way to get awesome prizes than just showing up? Nothing! So, before finals get the best of you come win big, and enjoy a night of civil competition!

PICS OF THE RES LIFE



resident spotlight

Mario Trinidad

by: Zach Lester

Hometown: Moore, OK

Classification: Freshman

Residence Hall: Jefferson Hall

Major: Music Education



It's-a me, Mario! We asked Mario, "What makes you happy?" he told us, "seeing other people happy is best." He says it is important to have a positive attitude toward life. Mario describes his strength as his ability to listen to people. He also gives great guidance to his peers after listening to what they have to say. His special skills are playing the saxophone and having a copious amount of patience (especially when it comes to braiding hair). In his spare time, he enjoys playing ping pong with his buddies. Don't be a Bowser, stop on by and see him at R&J!

RA of the month

Garret Chambless

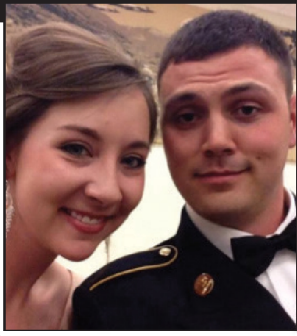
By: AJ Maloco

Hometown: Duke, OK

Classification: Junior

Major: OTA/PTA

Residence Hall: Neff Hall



Meet Garret Chambless, our new RA of the Month! Garret became an RA to meet new people and to make new friends. What he loves most about his job is getting to see and talk to a lot of the residents throughout the day. When not behind the desk, you'll find him playing basketball and drawing some pretty amazing artwork. One thing that most people don't know is that he is a Lakers fan. He is a very self-motivated person and will do all he can to get what he wants. One thing special to him is a necklace around his neck that his mother gave to him. He always wears it and has never taken it off except during basic training. His favorite thing about Neff hall is the atmosphere and the residents, where he believes everyone is awesome in their own way. What he loves most about SWOSU is going to the wellness and playing basketball with all of his friends. One final thing Garret had to say was "I just want to thank all of ResLife and the other RAs for all of their support and hard work that they do on a daily basis." If you ever stop by Neff, come by and meet Garret our RA of the Month!

Clay's Corner

By: Clay Brooks

Look to your left. Look to your right. The people you see or don't see, are they true? We are in a time of our life that we choose our influences. We have the rare opportunity to choose our crowd. What an awesome responsibility. If these are truly the greatest years of our lives, why do they have to be determined by the people that hang around us? Choose your friends like you would choose your car. No one in their right mind would choose a car that is broken down and unreliable! Just as such, no one wants to be in a friendship that isn't beneficiary to both people. These years are challenging and filled with responsibility, lighten your load with great friends and bliss filled memories.

ResLIFE Happenings		
What	When	Where
Relay For Life	Apr 17 th	Wellness Center
President's Pancake Dinner	Apr 29 th @ 10p	Duke's Diner
Finals Begin	May 4 th	All of Campus
Oklahoma Hall		
Sow Your Wild Oats	Apr 22 nd @ 6pm	OK Hall Patio
Bingo	Apr 28 th @ 8pm	OK Hall Lobby
Rogers & Jefferson Hall		
Battle of the Sexes	Apr 20 th @ 6pm	R&J Lobby
End of School Cookout	Apr 21 st @ 5pm	R&J Patio
Jacked In	Apr 23 rd @ 7pm	R&J Lobby
Neff Hall		
Trigger Happy?	Apr 23 rd @ 3pm	Neff Hall Lobby
Recap Avengers Night!	Apr 30 th @ 7pm	Neff Hall Lobby
Stewart Hall		
Earth Day	Apr 22 nd @ 7pm	Stewart Hall Lobby
BYOE	Apr 27 th @ 10p	Stewart Hall Lobby
Coffee and Coloring	Apr 30 th @ 7pm	Stewart Hall Lobby