

Masthead Logo

Southwestern Oklahoma State University  
**SWOSU Digital Commons**

---

Oklahoma Research Day Abstracts

2013 Oklahoma Research Day

---

Jan 1st, 12:00 AM

## 03. Ethnic Studies

University of Central Oklahoma

Follow this and additional works at: <https://dc.swosu.edu/ordabstracts>

Part of the [Communication Commons](#), [Geography Commons](#), and the [International and Area Studies Commons](#)

---

University of Central Oklahoma, "03. Ethnic Studies" (2013). *Oklahoma Research Day Abstracts*. 3.  
<https://dc.swosu.edu/ordabstracts/2013oklahomaresearchday/liberalarts/3>

This Event is brought to you for free and open access by the Oklahoma Research Day at SWOSU Digital Commons. It has been accepted for inclusion in Oklahoma Research Day Abstracts by an authorized administrator of SWOSU Digital Commons. An ADA compliant document is available upon request. For more information, please contact [phillip.fitzsimmons@swosu.edu](mailto:phillip.fitzsimmons@swosu.edu).

## **Abstracts from the 2013 Oklahoma Research Day**

**Held at the University of Central Oklahoma**

### **04. Liberal Arts**

### **03. Ethnic Studies**

#### **04.03.01 Chinese Tea and its Culture**

**Athena Gonzalez,**

*Cameron University*

When thinking of Chinese culture, Chinese tea is one of its important cultural icons that come to mind. From its ancient times to modern life, Chinese tea plays an important role in the lives of Chinese people. With four major tea types (black, green, oolong, and white) stemming from the same plant, anyone can enjoy a cup of Chinese tea that suits their preference. Not only does tea serve as a relaxing, warm beverage, but it can also benefit the drinker's health. As the Chinese culture evolves, the significance of having tea also increases. Through conducting both primary and secondary research, this study further examines the important roles tea plays in Chinese culture and its many functions in modern life. The personal interviews with native Chinese citizens have provided a deeper understanding of the social aspect that tea exhibits in modern life such as symbolizing togetherness and harmony, functioning as a medium in which people communicate ideas and spend valuable time with one another. The library database research also has produced rich findings in authentic visuals of Chinese tea, its long history, its medical values, and its entertaining functions.