

SWOSU GOLD Program to Sponsor Blood Drive

01.22.2014

A blood drive hosted by the Guard Officer Leadership Development (GOLD) program will be held Monday/Tuesday, February 3-4, at the Southwestern Oklahoma State University Wellness Center in Weatherford.

The SWOSU GOLD Program would like to invite faculty, staff, students and the public to donate at this drive that runs from 11 a.m. to 4 p.m. both days.

Donating just once can save up to three lives, according to the Oklahoma Blood Institute, but less than 10 percent of eligible Americans actually donate. Each donor will receive a t-shirt from the Oklahoma Blood Institute.

Helpful tips from the OBI for a successful donation include eating well, getting a good night's sleep, and drinking plenty of fluids before giving blood.

For more information on the blood drive, contact Jeremy Perry at 580.50.8054 or Haley Frost at 405.816.0307.