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# My Favorite Sports

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# MY FAVORITE SPORTS

For as long as I can remember, sports have always been a huge part of my life. I remember the excitement I felt as a third grader walking onto the court for my very first basketball game. As I grew older and progressed into Junior High and High School, I started to branch out and try all of the sports our school offered. Being a senior, I have finally narrowed my sports of choice down to my two favorites. Throughout my years as a passionate sports player, I discovered basketball and cross country to be at the top of my list.



Basketball has always been at the top of my list when it came down to choosing my favorite extracurricular activities. There is nothing better than walking onto the court for a Friday-night basketball game and hearing the roar of the crowd. Not only hearing the crowd, but looking into the stands to see the faces of family members, friends, and people of your community cheering me on gives me a rush of excitement. The over-all aroma of basketball games is the smell of buttery popcorn and other snacks coming from the lobby. My personal favorite part of basketball is the importance of team effort. Without teammates, winning is practically impossible. Teammates all depend on one another to work their hardest and make the team better. Apart from actual family members, teammates are like a family. There is an



extremely strong bond between them. Not many people will give everything they have for a few months to a sport.

Another one of my favorite sports is Cross Country. This sport is very different from basketball, but yet there are a few similarities. Cross Country is without a doubt one of the hardest sports that I have ever played. The amount of time and miles that are put in throughout the season are unbelievable. Cross Country does not bring a huge crowd because of the distances that are traveled to the meets, but the fans that do make the long trips are extremely supportive.



It is thrilling to stand on the starting line until the shot is fired, and to take off as fast as possible. The feeling runners get as they cross the finish line knowing they did something not many people will do is wonderful. They may be out of breath and exhausted at the end, but it goes away and pain is replaced with pride. Sometimes the meets are run in the blistering or even the frigid cold. As in Basketball, Cross Country requires a large amount of team effort. Without a team, trying to make it to the state meet is an extremely difficult task. The team unity is outstanding because of the countless hours spent together running.



There are many different things that people enjoy doing. For me, sports have always been a major part of my life and something I really enjoy doing. However, not every sport has my complete interest. My favorites out of the vast majority of sports are basketball and cross country. These two sports have been exciting and rewarding experiences for me. I strongly urge anyone who is considering playing sports to try them.

