



11 March, 2021

## SWOSU Academic Support Center Plans Workshops for Students

The Academic Support Center at Southwestern Oklahoma State University in Weatherford has several upcoming free workshops via zoom for students, and one attendee from each 30-minute workshop will win a \$1,000 scholarship, sponsored by the SWOSU Foundation, Inc.

The workshops can help students with academic assistance, financial awareness, use of technology and communication. The workshops can be found online at <https://zoom.us/j/6087043032>

The schedule includes:

- March 15 at 12 noon and re-broadcast on March 17 at 1 p.m.

Get to know the new Academic Support Center

- March 24 at 12 noon and re-broadcast on March 29 at 1 p.m.

Mental Health and Tips for Avoiding Burnout

- April 7 at 12 noon and rebroadcast on April 12 at 1 p.m.

Services available in the SWOSU Library