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RURAL ROCKS

Newsletters

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9-29-2020

## September 2020

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## *Lifestyle Coach Training for the National Diabetes Prevention Program*

**October 30<sup>th</sup> & 31<sup>st</sup> and November 13<sup>th</sup> & 14<sup>th</sup> 2020**

Four Zoom sessions from 8:00 am to 12:00 pm

SWOSU RHC will be providing the National Diabetes Prevention Program Lifestyle Coach training this October/November through real-time VIRTUAL delivery. Check out how pharmacists can help with NDPP on the CDC's website: <https://www.cdc.gov/diabetes/prevention/pharmacists.html>. This training has been approved for 15 hours of CE by OSBP.

Please contact Sarah Yount, PharmD, CDCES for more information at [sarah.yount@swosu.edu](mailto:sarah.yount@swosu.edu) or 580.774.6042.

## *ATTENTION Pharmacist*

### **APhA Immunization Training will be held November 7, 2020**

SWOSU College of Pharmacy Rural Health Center is proud to offer you APhA's *Pharmacy-Based Immunization Delivery* certificate training program (14th Edition) Saturday, November 7, 2020, from 8am to 5pm on the Weatherford campus. The Immunization Training Program will provide a total of 20 hours of ACPE Continuing Education, approved by the ACPE thru the APhA's website. Due to COVID, we will be required to wear a mask and social distance. During the lab, we will attempt to minimize any close contact with your injection partner.

Please either email me at [randy.curry@swosu.edu](mailto:randy.curry@swosu.edu) or call me at 580-774-3760

**Flu season is around the corner.**  
As a refresher, the following youtube sites are available:

## **I: Technique**

- **APhA Injection Technique** <https://www.youtube.com/watch?v=1H7LnK0CpOY>
- **Handling Syringe and Needle** <https://www.youtube.com/watch?v=3yjsV4akL8A>
- **Reading Syringes** <https://www.youtube.com/watch?v=b4Y2qE4ZgvE>

## **II: Safety Syringes and Sharps**

- **Vanishing point syringes** <https://www.youtube.com/watch?v=BikjXikTUEw>
- **BD eclipse safety needles** <https://www.youtube.com/watch?v=OgyrAf5dpZc>
- **Terumo SurGuard** <https://www.youtube.com/watch?v=xH0t3MZoLuU>
- **Safely Handling Sharps** <https://www.youtube.com/watch?v=TFevZhMs8PU>

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