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Time Stands Still

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Time Stands Still

The longest journey starts with a single step.
Trying to march, but only falling back.
I can't move on until I forgive and forget.

Those words played over in my head.
Giving my all to diminish the slack.
The longest journey starts with a single step.

Nights spent weeping in my bed.
Drowning me, another panic attack.
I can't move on until I forgive and forget.

How it hurt, the words were said.
Way too much for me to pack.
The longest journey starts with a single step.

There wasn't an hour I didn't dread.
A hole in my heart, not just a crack.
I can't move on until I forgive and forget.

Is it my time? Am I done dead?
Time has passed; I'm not in the black.
The longest journey starts with a single step.
I can't move on until I forgive and forget.



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