

# SWOSU Plans 5K Run and Walk to Benefit Relay for Life

02.19.2008

Runners and walkers are encouraged to register for the upcoming "Tough Enough" 5K Run/Walk planned Saturday, March 8, at Southwestern Oklahoma State University in Weatherford.

The 9 a.m. run/walk will benefit the American Cancer Society's Relay for Life event that will be held later this spring at SWOSU.

Alta Benner, director of the Collegiate Activities Board at SWOSU, said runners and walkers are expected from several states for the USATF certified event.

Entry fee is \$20 and a free brunch will be held after the race/walk. Non-runners/walkers can enjoy the brunch for \$3. There will also be various prizes.

To sign up for the run/walk that will begin and end at the SWOSU Clock Tower, participants can visit [signmeup.com](http://signmeup.com) and search for "Tough Enough." Or, participants can call 580.774.3767 or stop by Room 214 of the Stafford Center on the SWOSU campus.

Event sponsors include: American Cancer Society, BancFirst, City of Weatherford, David Duncan, Ed Berrong Insurance Agency, SWOSU Collegiate Activities Board, SWOSU Student Government Association, Ratcliffe's, Relay for Life, The Runner, Twids Sporting Goods, SWOSU University Bookstore, USA Track & Field, Weatherford Area Chamber of Commerce and Weatherford Police Department.