Jan 1st, 12:00 AM

02. Dance

University of Central Oklahoma

Follow this and additional works at: https://dc.swosu.edu/ordabstracts

Part of the Art and Design Commons, and the Fine Arts Commons

https://dc.swosu.edu/ordabstracts/2014oklahomaresearchday/fineartsanddesign/2

This Event is brought to you for free and open access by the Oklahoma Research Day at SWOSU Digital Commons. It has been accepted for inclusion in Oklahoma Research Day Abstracts by an authorized administrator of SWOSU Digital Commons. An ADA compliant document is available upon request. For more information, please contact phillip.fitzsimmons@swosu.edu.
03. Fine Arts and Design

02. Dance

03.02.01 The Discovery Of Hidden Beauty

Caitlin, McManigell

University of Central Oklahoma

My research explores types of isolation, the importance of the five senses, regions of the brain involved in isolation of the senses, and the effects of personal isolation. I used scientific data and personal anecdotes to create my choreography. Donald O’Hebb, professor of psychology at Montreal’s McGill University, researched solitary confinement. He put voluntary students in a small cell where he limited all their senses. During their week, students started to hallucinate and hear things that were not there. O’Hebb administered a cognitive test which showed a decline in elementary math skills. I explored a connection between brain dysfunction and isolation. In the research I found that some individuals do not understand how to communicate their feelings to others and have very few social skills, and if not treated by a professional, social issues become a serious problem. Through the choreographic process I learned about each dancer’s experience with isolation. The dancers were involved in writing, drawing, and dancing about their personal experiences. Our collaboration produced a choreographic work which evolved through the exploration of isolation, community, and perseverance.