

SWOSU Plans Tough Enough 5K Run and Walk

03.04.2009

Runners and walkers are encouraged to register for the upcoming "Tough Enough 5K Run/Walk" planned Saturday, March 28, at Southwestern Oklahoma State University in Weatherford.

The 9 a.m. run/walk will benefit the American Cancer Society's Relay for Life event that will be held later this spring at SWOSU.

Runners and walkers are expected from several states for the USATF certified event. Race coordinator is D & G Productions.

Entry fee is \$25 if pre-registered, and a free brunch will be held after the race/walk. Non-runners/walkers can enjoy the brunch for \$5. Race day registration fee is \$35.

Prizes for winners will be Weatherford chamber bucks that can be spent at any participating merchant. Overall first prize winner will receive \$250 in chamber bucks, while second place winner will receive \$200 in chamber bucks. Third place winner will get \$150 in chamber bucks. The top runner/walker in the following age groups will receive \$50 in chamber bucks: 15+, 20+, 25+, 30+, 35+, 40+, 45+, 50+, 55+, 60+ and 65+. Various other prizes will be available.

Interested runners/walkers can call 580.774.3767 or stop by Room 214 of the Stafford Center on the SWOSU campus. Checks should be made out to: SWOSU Foundation.

Event sponsors include: Advanced Home Care Services, American Cancer Society, BancFirst, Interbank, Sides Screenprinting, SWOSU Collegiate Activities Board; SWOSU Greek Council, SWOSU Student Government Association, SWOSU Dean of Students; Weatherford Hotel/Motel Tax Committee; SWOSU Men's Basketball Team; and Zion Church.