

SWOSU Libraries Hosting “DeStress Fest” during Finals Week

04.30.2015

The Al Harris Library at SWOSU is providing various opportunities for students to release stress and take a break while studying for their finals this semester.

Toby, a local therapy dog, will be hanging out in the library from 8:30-10 p.m. on Monday through Thursday evenings, May 4-7. Erin Ridgeway, head of public services, said students and faculty are welcome to unwind while they visit and play with Toby.

During finals, the newsroom will be transformed into a break room where students can hang out and relax while hitting the books. The library has also created a photo booth, where students can choose from several props and have a few laughs while posing with their friends. Art therapy tables will allow students to exercise their creativity with various arts and crafts projects and an area to display student creations will be provided. Games, puzzles and numerous other brain teasers and activities will also be set up in the room.

Ridgeway said the library will provide refreshments from 8 p.m. until closing time.

SWOSU Libraries thanks the following for their support and/or provision of services or goods: Beth Flowers and Toby, SWOSU Student Health and Counseling Services, United Supermarkets, Walgreens and Wal-Mart.

Library finals hours are as follows:

Friday, May 1	7:30 a.m.–7 p.m.
Saturday, May 2	10 a.m.-9 p.m.
Sunday, May 3	10 a.m.–2 a.m.
Monday, May 4 – Wed., May 6	7:30 a.m.–2 a.m.
Thursday, May 7	7:30 a.m.–12 a.m.
Friday, May 8	7:30 a.m.–5 p.m.