

Filipino Martial Culture Activity Offered this Summer at SWOSU

06.10.2016

Southwestern Oklahoma State University is offering a Continuing Education activity entitled Filipino Martial Culture this summer on the Weatherford campus.

The Filipino Martial Culture activity is designed to teach various combat techniques against empty-handed attacks and weapons. Participants will also be able to defend themselves in basic combat scenarios against knife, stick, sword, staff and other types of attacks. They will also learn about Filipino martial art philosophy and history in a general sense. Rattan sticks are included with registration, which is \$200 per student.

The activity is offered on Mondays from 3-4:20 p.m. from June 6 through July 29 in the large aerobics room of the Wellness Center, and the last day to enroll is this Monday, June 13. The class will be offered again in the fall and spring semesters.

To enroll in one of the activities, contact the Center for Economic and Business Development at 580.774.3039 or stop by the CEBD, located at the corner of Seventh and Davis Streets in Weatherford. For more information about the activity, contact Daniel Farris at daniel.farris@swosu.edu.