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Southwestern Oklahoma State University

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Two Continuing Education Activities Offered 19 August, 2019

SWOSU

Southwestern Oklahoma State University is offering two Continuing Education activities during the 2019 fall semester on the Weatherford campus.

Activities include:

- Square Dance Lessons
- Filipino Martial Arts

To enroll in either of the activities, contact Lisa Thiessen in the SWOSU Business Enterprise Center at 580-774-3039 or lisa.thiessen@swosu.edu. The BEC is located at the corner of Seventh and Davis Streets on the SWOSU campus.

Additional information on the activities is below:

Square Dancing

Taught by Hi-Steppers Square Dance Club

Tuesday evenings, 7:00 pm – 9:00 pm

SWOSU Wellness Center

August 20 – December 10

First three lessons free; by donation thereafter

Contact Melva Snider for info: 580-214-0964

Filipino Martial Arts

Taught by Dr. Daniel Farris

Emphasizes personal safety and combat techniques including grappling, joint locks, weapons training and self-defense tactics

Classes Start End of August—Times TBD

Contact Farris for info: 580.774.3208 or daniel.farris@swosu.edu

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Weatherford Campus

100 Campus Drive
Weatherford, OK 73096

Sayre Campus

409 E Mississippi Ave
Sayre, OK 73662

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Enrollment Management

580.774.3782

PR/Marketing

580.774.3063

Campus Police

580.774.3111



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