

Lucky Walker to Win \$100

08.29.2008

The Weatherford Walking for Wellness Program is giving \$100 in chamber of commerce bucks to a lucky winner (walker) participating in the 2nd Annual Walk for Wellness this Tuesday, September 2, at 7 p.m. at the Sand Plum Trail at Radar Park.

SWOSU employee Patti Harper, co-chair of the program, said everyone is invited to register for the prize drawing, participate in the fun walk, and receive free giveaways and information on the walking program. T-shirts will also be available for \$10. The Sand Plum Trail, which is located on the north side of Radar Park on Lyle Road, is 1 mile in length. Registration for the walk and prize drawing will begin at 6:45 p.m.

Harper said walkers of all ages are encouraged to attend the free event. "Join other health seekers in taking steps to a healthier way of life...and maybe win \$100," Harper said.

The walking program has monthly events and educational programs throughout the year.

For more information about the Walking for Wellness Program or how to become involved, please visit the website www.cityofweatherford.com or contact the Parks and Recreation Department at 580.774.2450 or email walkinginfo@swosu.edu.