

Walking for Wellness Kickoff Event Planned for September 8

09.01.2009

SWOSU students and employees are invited to attend the kickoff event for the City of Weatherford's Walking for Wellness 3rd annual Fun Walk that is planned this Tuesday, September 8.

The Fun Walk begins at 7 p.m. at the corner of Davis and Lyle streets in northeast Weatherford. All walkers will be eligible for a \$300 prize drawing as well as other free items.

Patti Harper, co-chair of the program, said the walk will take place along the sidewalk on the north side of Davis Street from Davis/Lyle to Davis/Washington streets and back, approximately a one-mile walk.

To register for the event, walkers are asked to meet by the Thunderbird garage parking lot, which is located just 1/2 block west of Davis/Lyle streets (behind The Point/Cellular One buildings on the south side of Davis Street). Information on the walking program will be available and t-shirts will be available for \$10 each.

For more information about the Walking for Wellness Program or how to become involved, please visit the website www.cityofweatherford.com, contact the Parks and Recreation Department 580.774.2450), or send an email to walkinginfo@swosu.edu.