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Your Loneliness

Ani Tuzman

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Your Loneliness

by Ani Tuzman

"Don't Surrender Your Loneliness Too Quickly..."

—14th-century Persian poet Hafiz

Tonight,
don't expect too much.

Don't overindulge melancholy
or lament loss of control.

Just do what you have to do
putting one foot in front

of the other. Talk little.
Go to sleep early as you can

savoring your aloneness.
Don't be noisy in thought.

Easy. Gentle.
Love knows you are here

without any
commotion.

