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## Note to Myself

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# Note to Myself

by George Young

There is a silence  
quiet as a church on Monday

you may call many things, but not  
sun on a white wall.

You—  
with a feather stuck in your throat,  
mucking about, making up stories about God,

chasing lights  
like a dog after a flashlight on the ground—

must accept the true flame  
is a black flame,  
the *Via Negativa* of Aquinas, the absence of knowing,

a silence  
that is not white stones in the moonlight.

