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## Volume 77 Issue 14

Southwestern Oklahoma State University

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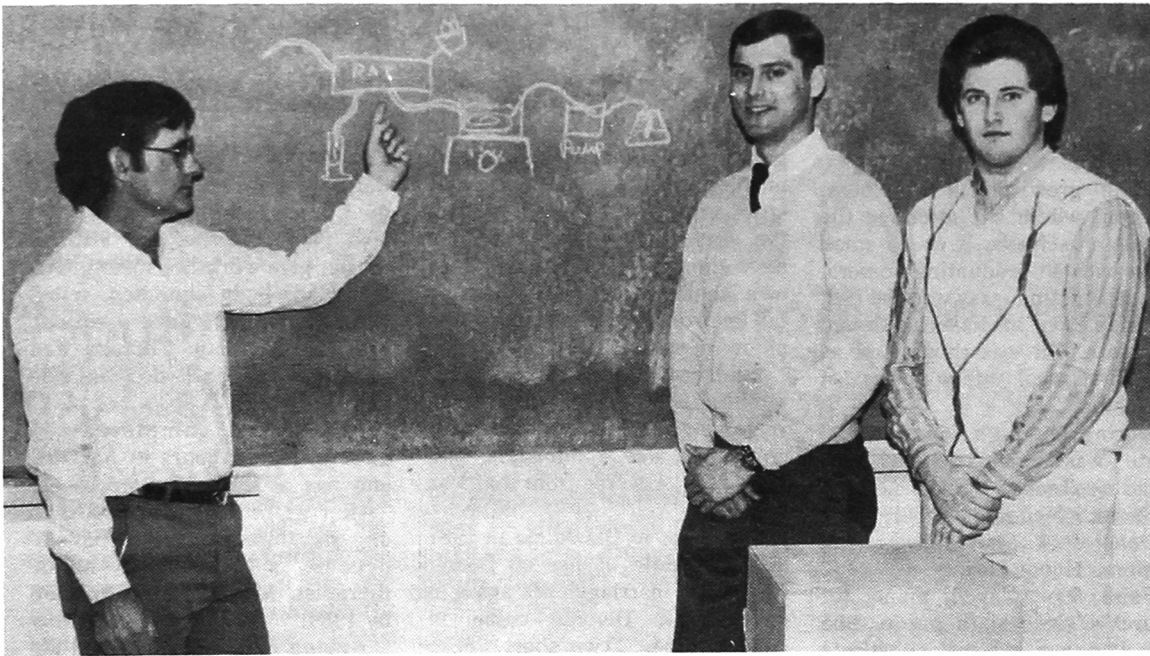
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## Three SWOSU students attend science meeting



SOUTHWESTERN OKLAHOMA State University faculty member Dr. Harold Cole and students David Bowers, of Oklahoma City, and Jack Shelton Jr., of Weatherford, have been working on a research project on the Weatherford campus.

## Foreign Language Beneficial

Why take a foreign language, you may ask yourself. According to Mrs. Mitchell, the Spanish teacher at SWOSU, the United States is the fifth Hispanic-speaking nation in the world. Large cities, such as New York and Los Angeles, are the home of many hispanics. With these facts a person should be encouraged to take a foreign language, but there are still more reasons.

"Learning a foreign language helps you to be aware of what is happening in the world," Mrs. Mitchell commented. Another term that she used was global issues. Or, as Sherry Brooks, a freshman, put it, "learning a second language expands your cultural horizons. It enriches your life and helps you become acquainted with the country."

Another reason is that a bilingual person has a higher chance of getting a job than one who speaks one language. Debbie Rath, a senior from Weatherford, went to a meeting where the vice-president of the Oklahoma Banker's Association stated, "A second language is a necessity." Other careers that require a second language are jobs such as a

tour guide, a stock broker and a biochemist. Alden Whiteman, a junior from Clinton, commented, "Almost all job applications now ask if the applicant knows a second language."

Students who have taken a foreign language have found it helps them to understand English better. Sherry Brooks, a biology major, found taking German has helped her with her English grammar. "Taking German required extra study," Sherry stated, "but it helped me to realize that there were rules to follow just as there are in the English language." Joey Pierce, a junior from Hollis, said taking German introduced him to the German culture through the classroom. From another perspective, Javier Fernandez, a Clinton freshman who was raised in a Hispanic culture, always thought that speaking Spanish was a great advantage. But now he knows that there is more to it than just speaking.

Some majors require at least five hours of any foreign language. A chemistry major, for example, has the option of taking either ten hours of German or six hours of Russian.

## Deathtrap To Be Staged

The last play in the 1986-7 SWOSU Theatre Season is the thriller DEATHTRAP by Ira Levin. The 1978 Broadway opening received only positive reaction. The SWOSU director Delena Williams feels this mystery thriller is one of the most exciting plays of its genre.

Auditions for DEATHTRAP are today and tomorrow. The audition today is from 1:30-3:30, and the audition tomorrow is from 7-9 p.m. Both auditions are in the Old Science Auditorium. DEATHTRAP will be produced in the Fine Arts Center April 8-11.

It is not necessary to be familiar

with the play; but if you do wish to read the play before auditioning, scripts are available. Call Mrs. Williams at extension 3082 or come by Office 114 in the Old Science Bldg.

The only requirements for auditioning are a love of mysteries and a love and endurance for theatre. The script calls for two male leads, one female lead and one female and one male supporting. The male leads are playwrights Sidney Bruhl (50) and Clifford Anderson (in 20's). The other male role is a lawyer (40-60). Myra Bruhl is a nervous wife and Helga Ten Dorp is a psychic.

The fact that it improves a person's memory and one's skill at drawing inferences is one reason Dr. Sturm gives for taking a foreign language. "If a person is considering going into the military, it would enhance their record if they knew a foreign language," he stated.

Do students who have had Spanish or German advise other students to take a foreign language class? "Sure," says Joey Pierce, "I think it is essential for a well-rounded education." As Mrs. Mitchell states, "You never know when you are going to need it."

## Bikinis Like Islands

By LYNN KLAASSEN

July 1, 1946 the first atomic bomb was tested on a small tract of land called Bikini Island. Bikini is the largest of a group of 36 islands. This Bikini and the one most of us are familiar with are not the same, but they both have some similarities and differences. Even though the bikinis of today don't explode, it has caused some major tremors throughout most of the world. Unlike Bikini Island the largest of a cluster of islands, the bikini we know best is the smallest of all women's apparel. This has made the loyal beach watchers work more enjoyable, according to some of our own SWOSU male students.

While in my search to find more out about the bikini, male volunteers seemed to pop out of the wood work with free advice. Scott Anderson, sophomore, was bewildered with just the thought of bikinis, and all he could reply was "Unbelievable." Stacy Wedel, sophomore, stated "A bikini is the best thing a woman could wear!" "The smaller the better," was the thought of Freddie Norton, also a sophomore. Input even came in from a nearby school. Robert Waldrop, a freshman at El Reno Jr. College summed up his thought on bikinis with just one word, "Great".

A different point of view was captured when young ladies from SWOSU commented on the sub-

ject. Sundye Roe, freshman, said, "I enjoy the attention when I wear a bikini." "You get more sun with one on," were the words of Jera Linton, freshman. Tracey Boyce, freshman, thought, "The less bikini the more sun you get." Jan Barnemann was quoted as saying, "They're great if you have the figure to fit into one."

It is clear to see there are some different points of view taken by males and females, but one thing in agreement was that the bikini should stay around for a long time, and with luck, Mike Bryant, a junior, hopes, "They need to just keep getting smaller!"

Three Southwestern Oklahoma State University students and one faculty member in the Biology Department have been working on a research project for the past year and now are in the process of finalizing the study to present their findings at the 63rd annual meeting of the American Association for the Advancement of Science (AAAS).

Students David Bowers of Oklahoma City, Jack B. Shelton Jr. of Weatherford and Rob Harder of Weatherford, along with SWOSU faculty member Dr. Harold Cole, have been working on the effect of alcohol on cholesterol absorption in the male rat. They found that 3% alcohol when given with cholesterol increased the absorption of cholesterol in the small intestine by 16%. Much of the cholesterol was absorbed in the upper and middle portions of the gut with very little being absorbed in the lower part.

Other research has shown that alcohol may be beneficial in increasing high density lipoproteins in the blood which may slow the process of atherosclerosis (disease characterized by the deposition of cholesterol in the walls of arteries). However, until now, no one has apparently investigated the effects of alcohol on cholesterol absorption in the gut.

"If humans handle cholesterol like the rat, one probably should not drink alcoholic beverages with meals," Dr. Cole said.

The group is presently conducting an experiment to determine if exposing the gut to alcohol before ingesting cholesterol affects cholesterol absorption.

Shelton, Harder and Cole are scheduled to present their

findings on March 31-April 4 at the University of Texas in Austin at the Southwestern and Rocky Mountain Division meeting of the AAAS. Represented at the meeting will be AAAS members from Arizona, Colorado, Kansas, Nebraska, New Mexico, Oklahoma, Texas, Wyoming, Montana and parts of Mexico. Graduate students from the states along with scientists from around the United States will also be in attendance.

Shelton will present the program in a fifteen-minute session which will include a slide presentation, description of procedures used, graphs of the results and a time for questions and answers.

Shelton, Bowers and Harder are just three of many students who have participated in research projects at Southwestern in Weatherford. All are enjoying their work with the project.

"This has given us the chance to actually put to use the qualitative and quantitative techniques and apply these in a research environment and get real results," Bowers said.

Dr. Cole initially designed the project and met with the students to finalize the approach they wanted to take after initial orientation of surgical procedures, etc. Bowers and Shelton conducted the experiment and collected data with minimum assistance. Dr. Cole said both students have done an excellent job; they have gained a lot of "lab sense" and apparently have experienced the "excitement of doing research."

Bowers, 27, graduated from Southwestern in December, 1986, with a master degree in education. He received a bachelor degree in biology and education in the summer of 1984. His intentions are to attend medical school. Bowers is the son of Harry Bowers of Chicago and Helen Bowers of Phoenix, Arizona.

Shelton, 19, is currently a junior majoring in biology at Southwestern. He is the son of Jack and Margaret Shelton of Weatherford. Shelton, who is a 1985 Weatherford High School graduate, also plans to attend medical school in the future.

Harder, who joined the project this Spring semester, is the 21-year-old son of Jack and Norma Harder of Weatherford. He is a 1983 Weatherford High School graduate and currently is a senior majoring in biology. He plans to attend medical school upon graduation from Southwestern.

## Calendar of Events

Wednesday, Feb. 11..... Lady Bulldogs Basketball vs Northwestern, there, at 6 p.m.

Wednesday, Feb. 11..... SWOSU Men's Basketball vs Northwestern, there, at 8 p.m.

Saturday, Feb. 14..... Wesley Foundation Valentine Party, at 6 p.m.

Saturday, Feb. 14..... Lady Bulldogs Basketball vs Southeastern, here, at 6 p.m.

Saturday, Feb. 14..... SWOSU Men's Basketball vs Southeastern, here, at 8 p.m.

THOUGHTS

By BRAD SHAW  
Did you ever give notice to how darned nice most of us Americans are? Think about it. We have something nice to say for almost any occasion, from birthday parties to funerals. We are so polite, in fact, it makes us a nation practically made up of liars.

My all time favorite is when the check-out clerk at the grocery store tells me to, "Have a nice day." She doesn't ask me to have a nice day, it sounds a little more like a threat. She even told me to have a nice day the last time I bought groceries. That was when I was a buck twenty short of having enough money and I had to return three cans of Campbell's soup. She had already rang it all up, the sacker had everything bagged, there were four people in line behind me and I took six minutes to search all the pockets on my person before finally giving up my soup. And she tells me to have a nice day, or, do you think she'd rather I throw myself in the path of a speeding truck.

After all this, the sacker takes my bag, carefully places it in my vehicle, and, with a practiced smile, tells me to, "Come back." Do you really think he wants me to come back, or isn't it more probable he'd also like to see me throw myself in the path of a speeding truck?

Here's something we've all done. Your sprinting down the hall looking over your shoulder-perhaps keeping an eye out for the instructor who's class you skipped the day before-and completely total some poor little old lady who was doing the Boston

Shuffle trying to dodge you. There you are, helping her pick up her tired old bones saying, "I'm really sorry." And what is her stock answer. "Oh, that's OK." It's "OK" is it? Well, if it's "OK" then, just let me back up and take you out with my left shoulder this time. Instead of telling us it's "OK" this poor creature should be telling us what to do with our books, or something of that nature.

Going back to my childhood-which is something I do from time to time-two major things stick out in my mind that my parents always told me to practice. Always be honest and always mind your manners. Being something of a young adult now, I struggle with this a great deal. It just makes me want to call up the folks and ask, "Which is it you want from me? Honesty or manners? Do you have any idea of the tortured life I lead trying to decide between the two?" When I purchase a poorly designed, overpriced, foreign made product, am I to simply say, "Thank you," or "Thank you for over-charging me for this poorly designed, overpriced, foreign made product?" Honesty or manners, which to choose?

Well, before I stop, let me leave you with this. Shakespeare, or Roosevelt, I can't remember which, anyway, somebody once said, "To thine ownself be true." So, the next time you wipe-out some poor old lady in the hall and she tells you it's "OK", you just think to yourself, "Is it really "OK?" Or should I start looking for a place to put my books?"

"Just What Is A Health Nut?"

When asked what a "health nut" is, and what is really healthy, Oklahoma Hall residents had varying answers. Andrea Talbott commented, "They (health nuts) just eat Granola bars all the time, they don't eat anything solid. They don't eat red meat, just white meat, like chicken." "They spend all their money on vitamins and health food," explained Ruth Phillips.

What kind of foods are good for you? Phillips believes that it is plenty of vegetables, fish, and cheese, while Talbott claims pasta is good for you, because you can digest it easily. Cheri Hamilton agrees that pasta is good to eat, especially before track. Hamilton adds that fruit and steamed vegetables are also good choices.

Most of the women agreed that skinny people aren't necessarily healthy. "Skinny is sometimes overrated," commented Lori Elder. Erica Greenwood agrees that, "Healthy is not synonymous with skinny, although fat is bad, you can definitely be too skinny." They all agreed that the perfect weight depends on an individual's bone structure and height.

Of all the subjects mentioned, less was known about which vitamins are the most important. Hamilton thought that Vitamin C was best, while Traci Oglesby claimed B-12, calcium, and iron were also basics. "If a person's not sure, One-a-Day iron is good because it has all the vitamins you need," claims Phillips.

Faith Generates Big Comeback

By MARYLYN MILLER  
Born in Florence, Oregon, Wilma "Faith" Williams Pepper Courtney Pepper now attends Southwestern Oklahoma State University. Faith has attended SWOSU since Fall 1984.

"I was born in a doctors clinic instead of a hospital. They called me a "blue baby," which to my mom and dad meant that there was no hope for my survival," commented Faith in an interview earlier this week.

Faith grew up in Mapleton, Oregon, where she attended the Mapleton schools. It was a small town with 40 graduating seniors. Her graduating class was the first in Mapleton to have a stoned graduate. "It was thought of as the first real hippy class of Mapleton."

During her high school years, Faith was nominated for outstanding Teenager of America--an honor which was published in a national book. She as also in the National Honor Society.

Faith has played piano for church's since sixth grade. She was her own classes' substitute teacher for choir that year. From seventh grade on she played for junior and senior choir.

"I basically had pastor's wives for teachers. Piano is my life." Faith played two years of classical during her junior and senior year.

"My senior high school recital consisted of a piano solo, piano duet, piano and organ duet, flute solo, accoridan solo, accompany trumpet (while band teacher played) and singing. I was a also a March of Dimes volunteer my senior year." Faith went on to tell

about her awards and honors she has received at churches.

"My grandpa had a 160 acre farm. He gave enough calves one year to pay for my flute and first year in Bible School."

Faith attended two years at the Ozark Bible Institute in Neosho, Missouri. She taught piano to thirty people there and charged \$1 per lesson.

"About the most exciting thing that happened to me there was getting caught popping popcorn in the dorm. They had extremely strict rules. But I wanted to meet the world a little at a time. To have enough freedom to make my own choices, with guidelines to fall back on. Believe me--they had plenty of those."

Faith was married in September 1976 and from that marriage she had a son named Mitchell. She was a ministers wife and says, "Divorce from that was tough."

She came to Oklahoma in 1981 in the middle of the oil boom. Faith tried marriage once again in June 1984. Divorce came in August 1984. "Two short weeks in bed, two long months in court. I guess you could say it was a 'legal affair'!!!!"

"Before my second marriage, I had a couple of months of 'wild life,' which resulted in my second child, Katrina Joy. I was old enough to know better, but young enough to do it anyway."

"I've straightened up my life now. I'm presently the chief

musician at Clinton Community Church. That's right, I play the piano. My life is truly different. I have found out this is the better life."

Faith also teaches sign language classes through the adult education at SWOSU. She is presently a member of Oklahoma Orff, Level I; Oklahoma Koda'ly, Level I & II; NAMT and Western Oklahoma Literacy Council.

What does the future hold for Faith? "I hope to teach at a christian school which is a future plan for Clinton Community Church. I also plan to write and arrange music, give workshops using Orff and Koda'ly in churches, travel with the church, have a private practice in Music Therapy and raise my children to do what I do twice as good."

Faith has completed 85 undergraduate hours at SWOSU and has at least 57 more to go. "After graduation I will have to do six months internship to become a registered music therapist. Maybe I'll be finished by 1989!"

Among Faith's most recent accomplishments is a short story "Pockets of My Brain" which was published in the last issue of Channel One. She is continuing work on another short story "Mary Beth" which she hopes to publish in the near future.

Wilma Faith Williams Pepper Courtney Pepper is truly someone you should know on SWOSU campus.



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# "SWOSU Pageant Graced With Miss America '87"

Kellye Cash, Miss America 1987, will perform at the Miss Southwestern Oklahoma State University Pageant on Feb. 26 in the Fine Arts Auditorium. The program will begin at 7:30 p.m.

Miss Cash was Miss Tennessee before winning the Miss America Pageant. Kellye is the great-niece of country and western entertainer Johnny Cash. She makes her home in Memphis, Tenn., where she graduated from Poway High School.

Kellye presently attends Memphis State University majoring in Communications and Public Relations.

Her parents are Captain and Mrs. Roy Cash Jr. Her father is a fighter pilot with the U.S. Navy and is Captain of the USS El Paso.

Miss Cash has had special training in classical piano for ten years, three of which were with Florence Stephensen of San Diego. Her other areas of training have been in voice-10 years; drama-2½ years; jazz dance-two years; and also ballet, tap and hula.

Miss Cash's scholastic honors include, high school-Dean's List Scholar; top 10% of Senior Class;

most talented; outstanding contributions to music and drama; Outstanding Christian High School Student of America; First Place Speech and Debate Team-Dramatic Reading. College accomplishments included, Dean's List; President-Memphis State Fashion Board; Student Activities Council Executive Board; Girl of Memphis State University.

Miss Cash's future Ambitions-after obtaining her Master's Degree, she plans to combine her communication skills with her musical ability to one day become a dynamic talk show host.



# "Southwestern Former Graduates Bring Back Memories Of Yesterday At SWOSU"

By MICKI RATZLAFF

"There were only four buildings on campus and almost no one owned a car," Cecil Morris of Ardmore, explained what it was like when he attended Southwestern, then Southwestern State Teacher's College, in the 1930's.

The old Administration Building, which burned in 1939, was quite domineering. At the center of the campus it was a 3-story Gothic style building with a tower at each end and a clock tower in the middle. "We all admired it and thought it was a beautiful building," said Elsie Bartel of Ardmore. In addition to the Administration Building there was the Old Science Building, the gymnasium (now the old Music Building), and the library (now the Art Building).

"We only had about 800-900 students," Cecil continued, "and you knew everybody on campus. It was kind of like a family." The class size then was about the same as it is today, about 15-30 students.

The most common housing was a "light housekeeping", a bedroom and kitchen for two boys or two girls. The rent ran from about \$3.33 to about \$12 per

month. Cecil added, "They built the first two dormitories while we were in school there and had a heck of a time getting students to move into them because it cost \$28 a month. That included meals."

Ruby Meyer of Clinton, also a 1930's graduate, recalled that many students lived over a mile from campus. "We'd get up in the morning and walk to school, then back home for lunch, and back to school," Mrs. Bartel added that many students often walked back to the library after supper to study. "No one was scared to go anywhere at night. Everything was safe. I don't think anyone ever got hurt."

Most of the social life was centered around campus or church activities. "Our enrollment fee was \$5 a semester, and for that \$5 we got an activities ticket which got us into all the college sponsored events...things like music programs and inspirational speakers."

"We didn't go to the movies much because we couldn't afford it. We had fun without spending money because we had to. But I remember once in a while some of us would put our dimes together

and have a watermelon ice cream or a wiener roast. Sometimes we'd just go out to the edge of town and build a bon-fire and talk and tell stories," said Cecil. His wife, Alice Jane smiled and interjected "If you had a date and wanted to go somewhere in a car, you had to get permission from the Dean."

There was a lot of school spirit, and the mascot, Duke, never missed a game. "Southwestern and OSU had the two best wrestling teams in the country then," recalled Cecil with pride, "and when those two teams got together, boy, it was something! They'd really pack the gym. People went wild! It was the same at football and basketball games."

Cecil concluded, "My most vivid memory about going to school at Southwestern is how long I had to stand in line to enroll. It was all done by hand. The faculty would be sitting at tables in the library and you had to stand in line for each class. If the class was full when you reached the table you had to pick another class and start over. It might take all day to make the rounds and get approval for all your classes. It was kind of hectic."

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# Valentine's Day Honors Many Throughout History

Valentine's Day is approaching and couples will soon express their love by sharing romantic cards, expensive candy, and beautiful flowers. All of this seems to symbolize the holiday of February the 14th, but there is more behind the lover's day,

than what is known. The Britannica Encyclopedia refers to St. Valentine's Day as A Lover's Festival, but also informs us that the feast of St. Valentine on Feb. 14 was intended to commemorate two saints of the same name. Both were martyred in

Rome and legend has it that one was a Roman Priest and the other was a Bishop of Terni. It is possibly thought that these two men may account for just one person. They are legendary and seem to be based on historical foundation. The saint(s) is of no relation

to the present Valentine's Day, but just happened to occur as such. Customs today are linked with the pagan Roman festival of the Lupercalia. This event was held in the middle of February and in the spring season in general.

It is stated in Collier's Encyclopedia that St. Valentine's Day was originated to the conventional medieval belief, held generally in England and France. It was believed that the second fortnight of the second month the birds began to mate, happened to be on St. Valentine's Day. Chaucer wrote in the Parlement of Foules, for this was on seynt Valentynes day whan every foul cometh ther to chese his make. John Gower and John Lydgate, and in the Paston Letters, all deserve other attributions to the customs of Valentine's Day.

Now that we know where the St. Valentine's Day was originated, we can relax and enjoy our big box of chocolates and the dozen red roses that will be sent from our sweethearts just for this Lover's Festival.

## Dr. Steve Pray Appointed To Committee

Dr. W. Steven Pray, Associate Professor of the School of Pharmacy at Southwestern Oklahoma State University in Weatherford, has been appointed to the National Review Committee for the National Association of Boards of Pharmacy Licensure Examination (NABPLEX). The appointment, which was made by National Association of Boards of Pharmacy President Eugene Argo, carries several areas of responsibility concerning the examina-

tion. The NABPLEX examination is an exam required by Boards of Pharmacy of all graduating pharmacists prior to their licensure as pharmacists. As such, it is an important tool in gauging the ability of the nations pharmacists to enter the profession of pharmacy. Oklahoma has required the examination for several years.

Dr. Pray came to the attention of the board through his work

with standardized examinations. As his doctoral work at Purdue University, he created a national examination for Doctor of Pharmacy students. This examination, the first of its kind, resulted in his receipt of the 1986 Rufus A Lyman Award for the most significant research contribution of the year.

Dr. Pray will be asked to contribute questions to the NABPLEX examination periodically in

his areas of interest. He will receive questions during the year for review prior to inclusion in the NABPLEX. He will meet twice yearly with the twenty other committee members in Chicago where they will review the performance of individual questions during the previous testing round. They will choose questions for revision or elimination in future versions of the examination.



FACULTY MEMBERS of Southwestern Oklahoma State University Art department hosted their Faculty Art Exhibition through Feb. 6. The event was staged in the Gallery of the Art Building. Faculty members are (front from left): Montee Hoke, LeRoy Schultz. Back row--Don Wood, Jim Terrell, Marge Donley, George Calvert and Park Lang.

A schedule of placement interviews has been released as follows:

**MONDAY, MARCH 2, 1987**  
**THE UPJOHN COMPANY, Edmond, OK**  
 Interviewer: David Bacon  
 Interviewing: All Life Science Majors (For Pharmaceutical Sales Representatives for Hospitals and Pharmacies)

**TUESDAY, APRIL 7, 1987**  
**PALMDALE, CALIFORNIA PUBLIC SCHOOLS**  
 Interviewer: To be announced  
 Interviewing: Elementary and Secondary Teachers

**WEDNESDAY, APRIL 15, 1987**  
**CHINO, CALIFORNIA PUBLIC SCHOOLS**  
 Interviewer: Bill Harrison  
 Interviewing: Math, Science, Special Ed, Spanish (Bilingual) Teachers

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# Phi Beta Lambda Hosts Shower this Saturday

**By JULIE ASHBY**

Phi Beta Lambda will host a come and go shower for the residents of the recently completed Van Horn Manor, a senior citizens handicapped complex. The shower will be held Saturday, February 14 from 9 am to 4 pm at the First National Bank of Weatherford. Items contributed may be new or used. Suggested gifts include: Office Equipment and furniture, books, games, items for bath and kitchen, items for the recreation room (small television, bookcase), and outdoor accessories (shrubs, flowers, benches, picnic tables). Also, contribution funds have been set up at First National Bank and United Community Bank. Monetary donations may be made to the Phi Beta Lambda Special Accounts at the banks. For further information, contact Nancy Buddy at 772-6611 ext. 4908 or Kim Colgan at 772-6405.



**PHI BETA LAMBDA** officers of the spring semester are (front to back left to right): Julie Ashby, senior, public relations; DeLisa Pankratz, junior, secretary; Lee Killman, senior, vice president of membership; 2nd row--Jeanie Taylor, junior, vice president of programs; Kathy Gundlach, senior, vice president of finance; Gwenda Walters, senior, historian; Cristina Beck, sophomore, vice president of state activities; back row--Dave Duplay, junior, president; Karen Thomason, junior, coordinator of Dallas market tour; Gene Goforth, senior, member.

Phi Beta Lambda and Students in Free Enterprise have selected their advisory board for the 1987 year. The advisory board is made up of businesspersons from the Weatherford area. The members are Mr. Ed Berrong, Jr., Mayor; Mr. Richard Ratcliffe, owner Ratcliffe's Book Store; Mr. Smith Wycoff, Owner of Wycoff Drug; Mr. Paul Kelley, Vice President, First National Bank; Mr. John Ross, President United Communi-

ty Bank; Ms. Martha Sauer, Owner of The Klostet; Mr. Rod Borden, supervisor, 3M Corporation; Mr. Bill Sellers, Manager, Wal-mart; Mr. Doyle Jackson, President of The Raven Company; and Mr. Kurt Winden, manager of the Vinita Chamber of Commerce and PBL alumni.

Seeing ourselves as others see us would not do any good. We just wouldn't believe it.

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Ms. Kay Green, career consultant at Barnard Haldane and Associates, was guest speaker at the monthly meeting, January 22. She gave very helpful information on resumes, job experience and job interviews. The next regular meeting will be February 19 at 7:00 pm in AS 107. All members are urged to attend and hear a special guest speaker. State Leadership Conference will be held February 27 - March 1. A special meeting will be held February 12 at 5:00 pm in AS 107 for those members who will be attending.

Members of PBL will be taking orders for sunvisors for the dash of your car which display the KATT logo on the front and CALL POLICE on the back. These can be ordered from any PBL member or in AS 235. Visors will be \$5.00 each.

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# Sports

## Basketball Team 14-8 After Romping Dallas 98-55

By **JEFF BAKER**  
The Southwestern Bulldogs defeated the University of Dallas

on their home court 98-55. With this 48 point victory it improves the 'Dawgs record to 14-8.

Most of the team was in double digits Saturday night with a field goal percentage of .701. The

'Dawgs hit 36 of 56 and added 3 of 6 three point attempts. The team rounded out the points with 17 of 21 free throws.

The 'Dawgs were lead by Tommy Johnson with 22 points. Johnson made 8 of 11 field goals of 1 of 2 three point attempts, then rounded out his points of the night with 3 of 4 free throws. Johnson was followed by Mike Young with 17, Brian Baca with 14, Russell Arms and Shawn Coyier with 13, and Michael Dugan with 12.

Daron Harrison was unable to play against Dallas, because of a sprained ankle. Harrison is expected to return when Southwestern meets at Northwestern Feb. 14.

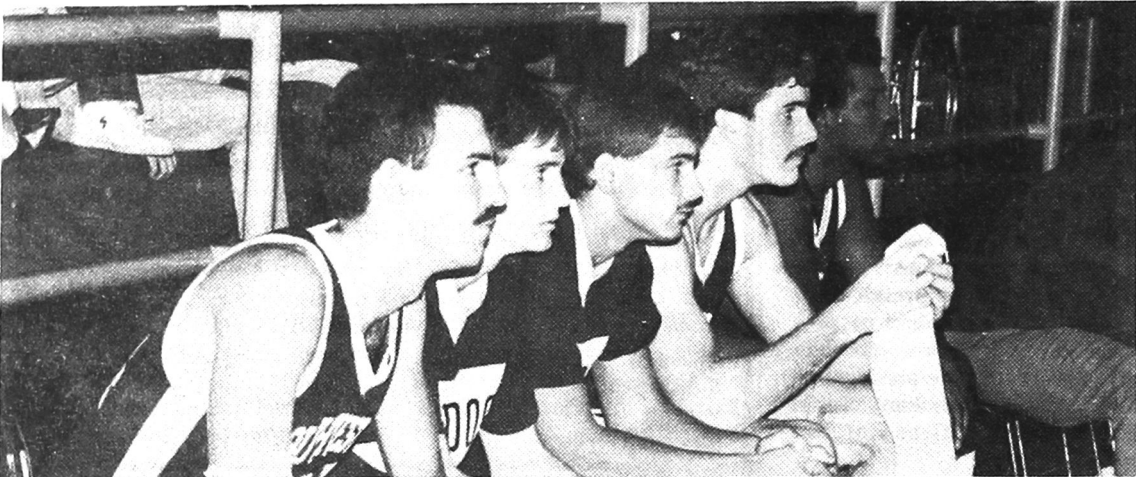
In last Tuesday's action, Southwestern's men were defeated by Southern Nazarene 59-55. The

Bulldogs were led in scoring by Mike Young with 12 points. Daron Harrison followed with 11 points and Russell Arms finished up the double digits with 10 points. The Bulldogs made 18 of 38 field goal attempts and 13 of 18 free throws with six deffensive rebounds.

This is the second time the Bulldogs have played The Redskins this year. The first was back in December at Bethany. The Bulldogs were defeated, but played a close 68-65 game.

The Bulldogs will be in action against the Northwestern Rangers tonight in Alva at 8. The last time the Bulldogs saw the Rangers was at the Oklahoma Intercollegiate Conference opener in which SWOSU won 73-52.

Beware of him that telleth tales.



MEMBERS OF the Bulldogs focus on the game at hand.

## Sports Talk

By **Damon Kelley**  
The Southwestern Bulldogs and Lady Bulldogs tip off against the Northwestern Rangers and Lady Ranger Basketball teams tonight in Alva. Game time for the women's game is 6 p.m. and the men's game follows at 8 p.m. The Bulldogs continue their quests for the Oklahoma Intercollegiate Conference (OIC) titles.

Then on Saturday Feb. 14 the Bulldogs and Lady Bulldogs play at Rankin Williams Field House in Weatherford in another pivotal OIC race when they square off against Southeastern's Savages and Lady Savages. Game time is slated for 6 p.m. for the ladies and 8 p.m. for the men.

Next Wednesday night, Feb. 18, the Bulldogs and lady Bulldogs tip off against East Cen-

tral State's Tigers and Lady Tigers who will travel from Ada to face the 'Dawgs at Rankin Williams Field House. Game time for the Ladies is 6 p.m. and 8 p.m. for the men. Students and Faculty are encouraged to attend to rally the Bulldogs on to victory. This game is one game away from the end of the season, and the last home game for the men and women. Don't miss this fine opportunity to see two winning teams in action. If you haven't attended a basketball game this season, this is your last chance.

Attention students, did you know that the Dawghouse gym located in the basement of Parker Hall is now open for your use? The facilities feature free weightls, dumbbells, as well as a universal weight machine. Membership for

the semester is \$10. Hours for use have been established, and some of the hours have been set aside for use by females. The hours for the ladies are on Tuesdays and Thursdays from 5:30 p.m. to 7:30 p.m. If you ladies are still reserved about getting out and flexing your muscles, you may feel better to know that these hours are set aside for ladies only. This means you don't have to feel uncomfortable about guys standing around watching you work out. Lets face the fact that everyone has to start from somewhere in conditioning their body. So if your interested in weights, or just want to firm it up, contact Tim Leppla or Brad Imel at Parker Hall, or just show up at the Dawghouse and start your own personal improvement program.

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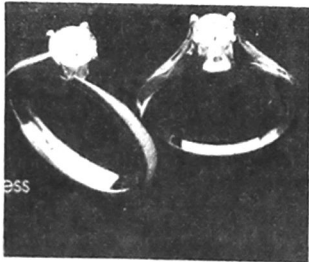
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# Oklahoma Outdoors and Exploring Nature's Beauty

By VICKI LITTLE

Getting outside with nature is probably one of the most enjoyable moments of my life. My husband, Kevin, and I regularly take trips around the country side to explore and take advantage of our country's many beauties. To go out in the mountains, or hike through the canyons, we always seem to capture the wondrous sight of wildlife.

Whether we see herds of Elk and Buffalo, or notice a covey of quail, it is stimulating and exciting to watch how the animals stir through the brush. Watching a long horn graze takes me back in thought to when there were no cities, no congestion, and no boundaries.

One of the best ways to enjoy an afternoon like we've had lately, is to pack a lunch, lawn chairs, and fishing poles, and head off to

a stream or pond. Just to hear a big bass hit the top of the water, or feel the tug on my line and pull in a catfish is worth the trip.

Sometimes we go fishing without a pole. Noodling is an exciting way to bring home a 25 pounder. When I say "noodling," I mean hand fishing, literally grabbing a fish by hand and fighting it to the shore or bank.

When the water warms up this Spring, get your long pants and old tennis shoes on; then, after a warm rain, find some clay banks in any good river. If you're brave enough, stick your hand in a hole along the side of a good clay bank and, if there is a big ol' catfish in there, it'll let you know.

Trot-ling is another fine way to catch some fish. Whether you check your lines from the shore in low-level water back in a slough, or from a boat, this is a good way

to fill your freezer with fresh fish. as far as bait goes, I use minnows, crawdads, water-dogs, and sometimes an empty shiny hook may attract just the fish your looking for.

Don't forget your icechest when you go fishing. They come in handy in various ways. For instance, you need something cool to drink while your out relaxing and fishing, or you can sit on it if your lawn chair breaks due to the excitement of getting a bite on your line because you jumped onto it.

Then at the end of the day, when your icechest is empty, you can put that big mess of fish in it to carry home.

Finally, if you want to be prepared for a fishing trip, always have your fishing license handy. Even if you're just trying out the sport to see if you like it, you must have a fishing license. If a Game Ranger happens to be driving by, I assure you, they will ask you for your license. Without it, you will be fined. A fine will cost more than a license. The money you

pay for the license is used in this state to help develop and maintain good fishing and the privileges associated.

Life is too short not to treat yourself to an afternoon of fishing, or hiking, or whatever you may like to do to feel the country (smell the roses, so to speak). Take time to see the world around you. Take your camera along and you may be surprised at the fond memories you can create for yourself from the great outdoors.

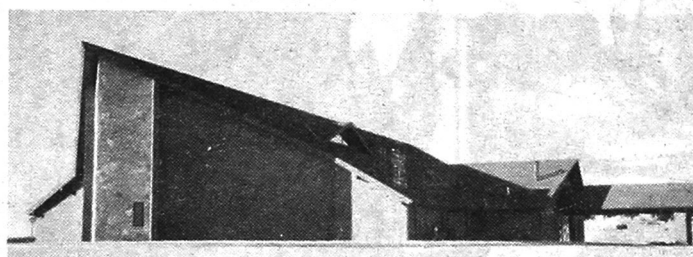


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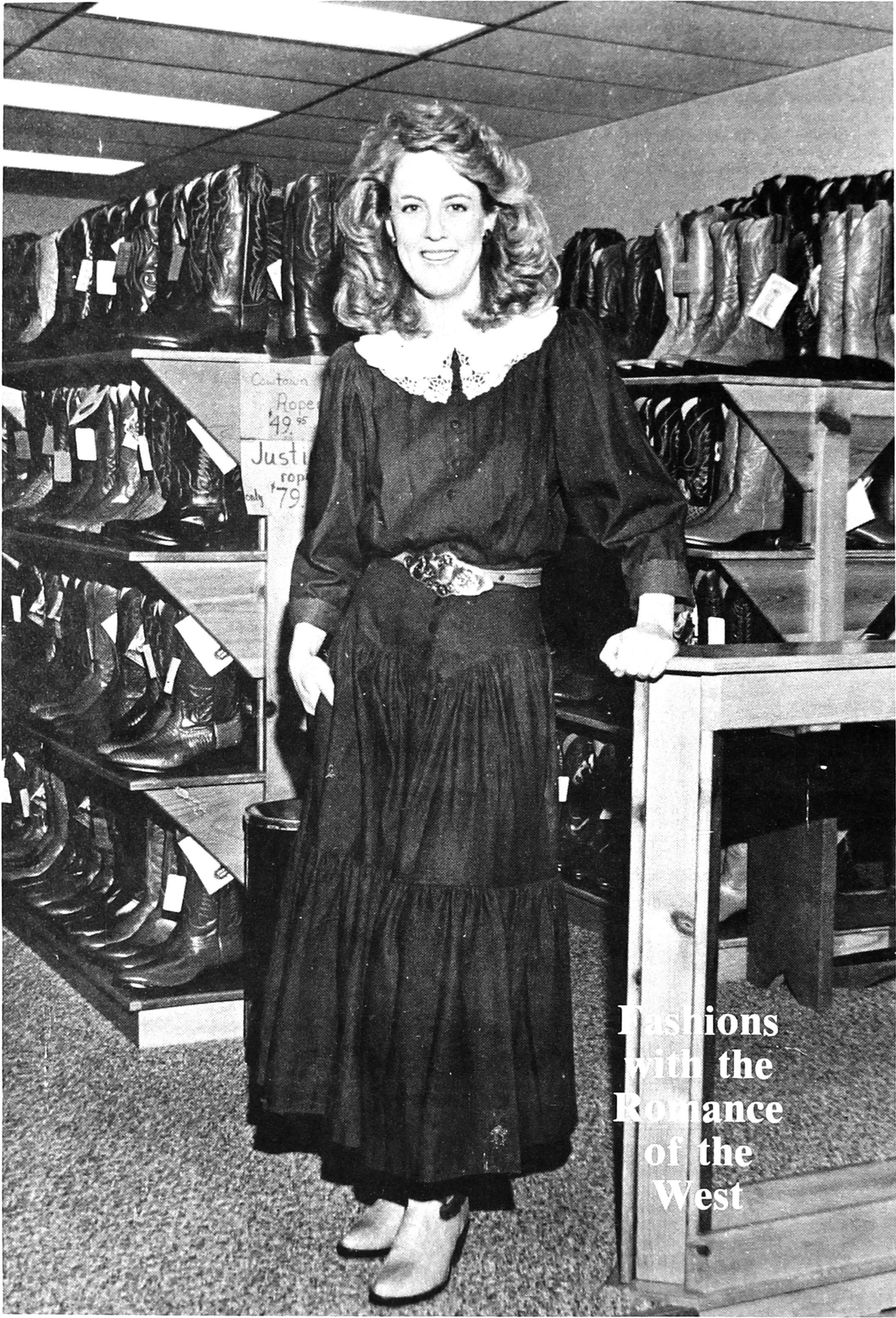
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