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## The YMCA

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### Abstract

Feet trampling, Treading upon The hardwood terrain.

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# The YMCA

*Westview Student Contest Honorable Mention*

by Cal Castle

Feet trampling,  
Treading upon  
The hardwood terrain.  
Every step sends  
Out an echoing  
Reverberation.

*ba dum*

*ba dum*

*ba dum*

As buffalo,  
The herd of children gallop,  
In unison and one accord.  
Exerting their energy,  
Every limb yields itself  
In subliminal submission.

*ba dum*

*ba dum*

*ba dum*

Breath escapes their nostrils,  
Almost appearing to be visible,  
Coolness flowing over their countenance  
With serenity as their companion,  
They graze and trod on.

*ba dum*

*ba dum*

*ba dum*

As a chieftain, admiring the buffalo,  
Mesmerized by its Zen, I sit behind this wall  
And gaze at the herd timelessly making  
Its way through the Great Plains.

*ba dum*

*ba dum*

*ba dum*

